



*Promoting Choices for Healthier Lives,
Stronger Families, and Safer Communities*

School Aged Disaster Response Services

Through SAMHSA funding, Coastal Horizons Center is addressing the impact of Hurricane Florence on our community. This program offers a comprehensive, tiered approach designed to navigate typical community response after a natural disaster as well as treat mental health and substance use symptoms individuals and families may be experiencing. A resilience framework is utilized in service delivery and a key component includes the engagement of community stakeholders.

- **Community Trainer provides evidence-based trainings to schools, faith organizations, and other child serving agencies/organizations**
 - Community Resiliency Model®
 - Reconnect for Resiliency®
 - Youth Mental Health First Aid™
- **Health and Wellness Coach provides mindfulness interventions in schools (wellness groups/classrooms) and communities**
 - Training for Teachers, Parents, Students and Community Partners
 - “Learning to Breathe” Program
 - Smoking Cessation Program
- **Family Youth Partner provides one on one support to families as they navigate the mental health, substance use and disaster recovery services**
 - Peer Support Groups
 - Family Advocacy
 - Individualized Support Navigating Systems
- **Crisis Response Therapists provides therapeutic trauma informed services to school age youth**
 - Cognitive Behavioral Interventions in Schools (CBITS)
 - Screening and brief intervention and referral to treatment (SBIRT)
 - Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

This program is designed to support school aged children and their families who are living in New Hanover, Pender or Brunswick counties and experienced Hurricane Florence. Additionally, resiliency training services are offered to the tri-county area to address larger scale effects Hurricane Florence had on these communities.

“Promoting choices for healthier lives, stronger families, and safer communities”

Referral Contact Information

Call our Wilmington Health Access for Teens (WHAT) office directly: (910) 790-9949

We can accept referrals by fax: (910) 790-9455

View our website for additional information: www.coastalhorizons.org