

## Pregnant and Postpartum Women's Substance Use Treatment Services

Coastal Horizons Center utilizes an interdisciplinary team to provide comprehensive substance use treatment and mental health care through a gender-responsive, trauma informed, evidenced-based curriculum. Our services are designed to promote recovery and wellness for women with substance use disorder during their pregnancy and postpartum period. Participants can enroll up to 12 months after delivery.

Our Pregnant and Postpartum Women's services include: Individual, Family and Group Therapy, Substance Abuse Counseling, Family Support Groups, Parent and Child Therapy, A Woman's Way Through: 12 Step Group, Certified Peer Support, Crisis Management, Wellness supports, and Skills Training to promote recovery and support healthy families.

- Individual, Family and Group Therapy Services for women, children, and family
- Family inclusive events designed to promote the recovery process
- Evening hours and home visiting options available
- Gender-responsive and trauma-informed services are individualized and designed to be unique to each woman's needs and abilities
- Team includes: licensed mental health providers and Licensed Clinical Addiction Specialists, Qualified Professionals (QP), Case Managers, and Certified Peer Support Specialists
- 24/7/365 on-call availability for crisis situations
- The program staff maintain relationships and work closely with local hospitals, birthing centers, OB/GYN practices, lactation consultants, DSS, and other community agencies to offer a complete level of care
- Support obtaining resources for participants and their families
- Transportation available to/from home and center-based services
- Skills building to enhance individual and family resilience
- Established partnerships with local providers for Medication Assisted Treatments and Office Based Opioid Treatments
- Grant funded and insurance-blind, professional and/or self-referrals accepted!

**Now Serving Residents of Columbus and surrounding Counties!**

**"Promoting choices for healthier lives and safer communities"**

**\*Hablamos Español\***

Referral Contact Information 110 Premier Plaza Whiteville, NC 28472

Call our Program Coordinator directly: (910) 524-8183

We can also accept referrals by fax: (910) 207-6907

View our website for additional information: [www.coastalhorizons.org](http://www.coastalhorizons.org)

Supported by the NC Division of MH/DD/SAS through funding from SAMHSA Comprehensive Addiction & Recovery Act of 2016 Pilot Program for Treatment for Pregnant & Postpartum Women. CDF# 93.243 In accordance with 45 CFR 96.131 Treatment Services for Pregnant Women of the Substance Abuse Prevention & Treatment Block Grant, pregnant women are given preference in admission to this program/facility. Priority admission is as follows: (1) Pregnant women using substances intravenously, (2) Pregnant women with substance use disorder, (3) Women using substances intravenously, (4) All others.