



Margaret Weller-Stargell,
President and CEO

Corporate Headquarters

Willie Stargell Office Park
615 Shipyard Blvd.
Wilmington, NC 28412

Administration

910.790.0187
910.790.0189 Fax

Open House Youth Shelter
(910) 392-6936

Rape Crisis Center
(910) 392-7185 *New Hanover*
(910) 754-7949 *Brunswick*

Outpatient Treatment
(800) 672-2903
(910) 343-0145 *New Hanover*
(910) 754-4515 *Brunswick*
(910) 259-0668 *Pender*

Community Based
Family Services
(910) 202-3155

Horizons Health
Primary Care
(910) 202-3860

WHAT
(910) 790-9949

Continuum of Care
(910) 216-6080

Prevention Services
(910) 202-0840

Outdoor Adventure
(910) 392-7306

TASC
(910) 762-5333 *New Hanover*

TASC RCE
(252) 638-3909 *Region 1*
(910) 321-6793 *Region 2*

NC TASC Training
Institute
(910) 202-5500

Our Children's Place
(919) 904-4286

Recidivism Reduction Services
(910) 202-5125

RESET
(910) 762-5333

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Simone Biles' Exit from Olympic Finals Puts Spotlight on Mental Health

WILMINGTON, NC – Simone Biles shocked the world when she withdrew from her sport's biggest stage this week citing her mental health.

"Biles' courage to talk openly brings mental health to the forefront. She chose empowerment over shame by owning her story. Biles sends a strong message that mental illness is just as important as physical illness and cannot be neglected," said Cristen Williams, School Based Services Program Director for Coastal Horizons. "In the midst of the growing mental health crisis, Coastal Horizons is here to support our community. Our staff is nonjudgmental and provide services that are both trauma informed and evidence-based. We are here for people of all ages and backgrounds regardless of their health insurance status: insured, uninsured, or underinsured."

Coastal Horizons is the largest private non-profit human service organization in the region. Coastal provides substance use, mental health, crisis intervention, family preservation, school-based health, primary care, justice, and veteran services. For Coastal Horizons' complete service directory, please see <https://coastalhorizons.org/contact-us/services-directory/>.

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CARF - International Accreditation for Quality
CABHA - Critical Access Behavioral Health Agency

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