



Margaret Weller-Stargell,  
President and CEO

**Corporate Headquarters**

Willie Stargell Office Park  
615 Shipyard Blvd.  
Wilmington, NC 28412

**Administration**

910.790.0187  
910.790.0189 Fax

Open House Youth Shelter  
(910) 392-6936

Rape Crisis Center  
(910) 392-7185 *New Hanover*  
(910) 754-7949 *Brunswick*

Outpatient Treatment  
(800) 672-2903  
(910) 343-0145 *New Hanover*  
(910) 754-4515 *Brunswick*  
(910) 259-0668 *Pender*

Community Based  
Family Services  
(910) 202-3155

Horizons Health  
Primary Care  
(910) 202-3860

WHAT  
(910) 790-9949

Continuum of Care  
(910) 216-6080

Prevention Services  
(910) 202-0840

Outdoor Adventure  
(910) 392-7306

TASC  
(910) 762-5333 *New Hanover*

TASC RCE  
(252) 638-3909 *Region 1*  
(910) 321-6793 *Region 2*

NC TASC Training  
Institute  
(910) 202-5500

Our Children's Place  
(919) 904-4286

Recidivism Reduction Services  
(910) 202-5125

RESET  
(910) 762-5333

**For Immediate Release: December 15, 2021**

CONTACT:  
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**COASTAL HORIZONS URGES CURRENT AND FORMER MILITARY SERVICE MEMBERS NOT TO 'GO IT ALONE' OVER THE HOLIDAY SEASON**

WILMINGTON, NC. The holidays can be a difficult time for anyone, and especially so for current military members, veterans, and family members of military service members. “Despite the bright lights and festive cheer, this time of year can bring about feelings of loneliness, isolation, grief, survivor’s guilt, and sadness. For veterans still adjusting to civilian life, large crowds and loud noises can trigger PTSD symptoms,” says Justin Gibson, Telemental Health Therapist with Coastal Horizons and Marine Veteran with two combat deployments to Afghanistan. “We need to look out for our service men and women during this vulnerable time. There is no need for them to ‘go it alone.’ Help is just a phone call away.”

Coastal Horizons has partnered with local nonprofit Save a Vet Now Inc. (SAVN) in an endeavor to assist Veterans in our area with access to and receipt of outpatient treatment services. Coastal’s SAVN Veterans Outreach Program utilizes a special account which is used to cover any co-pay or self-pay costs (that are not covered by State, Medicaid, Medicare or other 3<sup>rd</sup> party insurance funding) for treatment services at any of its Brunswick, New Hanover, or Pender outpatient locations.

Persons in need of help, for themselves or others, can reach out to Coastal Horizons at the following numbers:

- New Hanover County      910-343-0145
- Brunswick County        910-754-4515
- Pender County             910-259-0668

For immediate help, please call Mobile Crisis at 1-866-437-1821.

The National Suicide Prevention Lifeline can be reached at 1-800-273-8255.

*Coastal Horizons is the largest private non-profit human service organization in the region. Coastal Horizons Center provides a continuum of professional services to promote healthier lives, stronger families, and safer communities. These include substance use, mental health, crisis intervention, family preservation, school-based health, primary care, justice, and veteran services.*

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CARF - International Accreditation for Quality  
CABHA - Critical Access Behavioral Health Agency

[www.coastalhorizons.org](http://www.coastalhorizons.org)