



ANNUAL REPORT

2022 · 2023

Promoting Healthier Lives, Stronger Families, and Safer Communities





A photograph of a beach at sunset. The sky is a mix of orange, pink, and blue, with scattered clouds. A single bird is captured in flight against the sky. The ocean waves are breaking onto a sandy beach, with white foam visible. The overall mood is serene and hopeful.

Our Mission...

Coastal Horizons Center provides a continuum of professional services to promote healthier lives, stronger families, and safer communities.

INSIDE THIS REPORT

Board Chair Message.....	2
President and CEO Message	3
Program Operations and Service Area.....	4
Substance Use, Mental Health and Care Integration Services.....	5 - 20
Outpatient Treatment.....	5 - 14
Prevention and Outdoor Adventure	15 - 17
Health and Integrated Care	18 - 20
Justice Services.....	21 - 26
Recidivism Reduction Services (RRS)	21
Re-Entry Systems of Effective Treatment (RESET).....	21 - 22
Survivors Opioid/Covid Epidemics Utilization Resources Community Engagement (SOURCE)	22
Our Children's Place.....	23
Regions I and II Regional Coordinating Entities (RCEs)	24 - 25
NC TASC Training Institute	26
Crisis Intervention Services.....	27 - 32
Open House Youth Shelter and Residential Services	27
Open House Transitional Living Program.....	28 - 29
Open House Maternity Housing Program	30
Rape Crisis Center	31 - 32
Human Resources.....	33
Quality Improvement and Corporate Compliance	34 - 35
Financial Audit Report	36
Development.....	37 - 39
Contributors	40 - 44



2023-2024 BOARD OF TRUSTEES

Colin Hackman
Chair

Jennifer Cranford
Vice Chair

Chris Blue
Secretary

Henry Cherry
Treasurer

Margaret Weller-Stargell
President & CEO

Angela Ballentine, PhD
Heather Braithwaite, MD
Jennifer Chisholm

Stephanie Castagnier Dunn
Steve DeBiasi

Kelley Evans, PhD • Shane Fernando
Holly Grange • Jimmy Hopkins
Sonde Jaffe • Suzanne Neblett
Jennifer Pagliei, MD • Connie Parker
Thomas Potratz • Nancy Scott-Finan
Ryan Skuce

BOARD CHAIR MESSAGE

With immense pride, I present the Fiscal-Year 2022-2023 Annual Report on behalf of Coastal Horizons Center, Inc. This report stands as a tribute to the dedication and passion of our team, for it is their unwavering commitment to serving others that defines Coastal Horizons. Their efforts have enabled us to reach more individuals in need than ever before. Our burgeoning workforce, now comprising nearly 700 employees, not only underscores the demand for our services but also showcases the profound influence of these frontline heroes on our community. I'd like to extend my deepest gratitude for our growing team as they are truly making a difference in the lives of others.

Our ongoing growth underscores our dedication to advancing healthier lives, stronger families, and safer communities across Eastern North Carolina. This growth is a testament to the unified vision of Coastal Horizons Center and the principles that guide our path.

We extend our heartfelt appreciation to the individuals, foundations, grant providers, and government agencies whose generous support has been instrumental in propelling our growth and enabling us to sustain our vital work within the community.

At the heart of our success lies exceptional leadership, and it begins at the helm. Margaret Weller-Stargell, our President and CEO, has played a vital role in attracting and retaining the very best talent in our field for many decades. Her leadership stands as a cornerstone of our success, and the caliber of individuals she has brought into our organization epitomizes excellence. Their collective dedication and expertise drive the impact not just for the Coastal Horizons Center, but for thousands of families in need across our region.

I also extend my deepest gratitude to my fellow Trustees for their unwavering dedication and support. Together, we continue to navigate this period of growth and perpetual change within the healthcare landscape of North Carolina, with the knowledge that our remarkable staff stands at the forefront of our success.

Very truly yours,

Colin Hackman
2023-2024 Chair of Board of Trustees

PRESIDENT AND CEO MESSAGE

Reflecting on this past year, I marvel at how strong and viable Coastal Horizons remains after 53 years.

It is an organization of resiliency and fortitude. Though we experienced a strong year in 2021, we quickly faced unanticipated challenges in 2022. Local, state, and federal budgets were operating with uncertainty, unanticipated workforce challenges were hitting every business entity, and the national employee turnover rate rose to nearly 53%, with Coastal Horizons seeing similar unprecedented attrition. However, the demand for more services required more staffing, and so we simultaneously and immediately saw an increase in the need for growth in the number of our most valuable resource, our employees. We had to quickly pivot and navigate our way through all these changes, seeking efficiencies to maximize productivity, which is, as always, to ensure we continue to meet the needs of those we serve every single day. We leveraged the strength and resiliency of our very competent, loyal, and dedicated staff, whose commitment to Coastal Horizons never wavered.

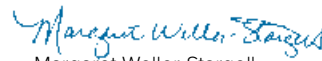
In 2022, our Board of Trustees made a critically important decision to support my recommendation to hire our first ever Chief Operating Officer. It did not require much thought to determine who would be best in this role, and thankfully, Ryan Estes made the decision in January 2023 to return to our Coastal Horizons family, where he previously worked for nearly 12 years before stepping

out to expand his leadership skills in clinical and fiscal management. With his return, and his laser focus on operations, supporting all staff, we saw even greater efficiency, effectiveness, and consumer satisfaction. He is a team player, whose commitment to working alongside his fellow teammates has been incredible for our organization. Working diligently and collaboratively with me as CEO, our CFO, managers, staff, and numerous stakeholders, together we saw meaningful improvement in the last quarter of the fiscal year, which enabled us to remain viably strong in helping our clients and patients, while also ending the fiscal year stronger than projected.

As we strategically worked to continue our position of strength as an essential provider, serving individuals and their families in 57 counties in need of behavioral health, primary care, housing, crisis services, and justice services, it was a critically important time to receive the support and assistance of our legislators, and this occurred following a legislative lunch and learn, organized by our Development Director, Elizabeth Redenbaugh. Senator Michael Lee reached back out to us and stated he wanted Senator Jim Burgin to come to Wilmington to learn more about our organization. In that meeting, they asked us to identify three top funding priorities and needs and worked tirelessly to get those priorities in the 2023-2024 State Budget and beyond. With the support of our legislators, we are positioned to have an even stronger 2023-2024 fiscal year.

I always say that Coastal Horizons is not just a place where people come to earn a living. Those who persevere and remain committed to this organization do so because they understand they are provided an opportunity every day to positively impact the life of someone walking through our doors, in need of help and support.

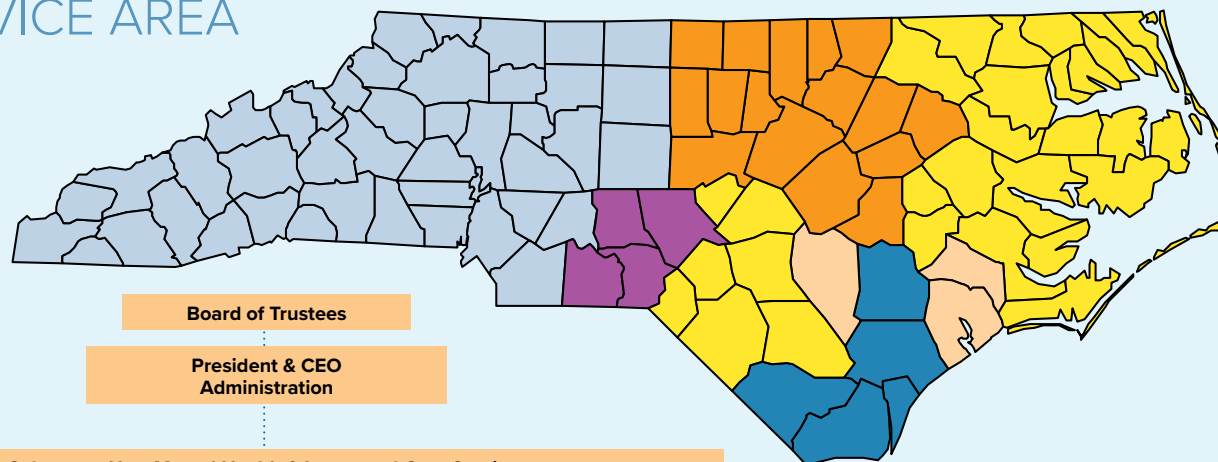
I am often asked to what I attribute Coastal Horizons' longevity and success, and it is quite simple. We have a very dedicated and committed Board of Trustees whose passion and purpose is to govern us in a way which allows us to fulfill our mission daily. They give of their time and resources to support the work and efforts of our incredible staff. Our staff's compassion and commitment to being present every day to those we serve, is a testament to our longevity and success. I am enormously proud to work with a staff and board who do so with compassion, integrity, transparency, and humility. We can all be thankful Coastal Horizons is here to be an important vessel in our communities and those we serve, now and for many years to come.



Margaret Weller-Stargell
President and CEO



COASTAL HORIZONS CENTER PROGRAM OPERATIONS AND SERVICE AREA



Board of Trustees

President & CEO
Administration

Substance Use, Mental Health & Integrated Care Services

Prevention & Outdoor Adventure
Mobilizing communities to prevent, reduce, or delay use of alcohol, tobacco, and other drugs
Utilizing Best Practice Prevention Strategies and Programs proven effective
Challenge Course

Outpatient & Community-based Treatment
Substance Use and Mental Health Services
Individual, Group, & Family Counseling
Intensive Outpatient Program (SAIOP)
Comprehensive Outpatient Treatment (SACOT)
Jail Diversion Program
DWI Assessments & a full array of DWI Services
Clinica Latina
Mobile Clinics (3 counties)
Psychiatric Evaluation & Care
HARTS Program – Integrated Model with Recovery

Homes
HUD Horizons Housing Program
Path & ESG
Adult Treatment for Opioid Dependence
Medication Assisted Treatment
Licensed Opioid Treatment Programs (3 counties)
Office Based Opioid Treatment
Quick Response Team (QRT) (New Hanover)
Research & Internship Partnerships
Child and Adolescent Services
Program for Adjudicated Youth & their Families
Intensive In-Home Services (in 7 counties)
Intensive Family Preservation Services (in 41 counties)
Day Treatment (in 4 counties)
CHILD FIRST (in 5 counties)
Incredible Years – Parenting program
Adolescent Specific Treatment
Child Mental Health Therapy Services
PSB (Problematic Sexual Behavior)
Juvenile Detention Center Services
Family Centered Treatment
Healthy Opportunities Program
Tailored Care Management

Health & Integrated Care
HIV Early Intervention & Community Outreach
Education, Medical Diagnostic Testing & Referrals
HIV & Early Intervention Support Group
Safe Syringe Exchange (SSE)
Peer Support & Medical Care Management
Hospital Care Integration – partnership with NHRMC
Integrated Primary Care Clinics
Horizons Health for Adults
WHAT - Wilmington Health Access for Teens
School-Based Health Centers

Crisis Intervention Services

Open House Youth Shelter
Open House Transitional Living Program
Open House Maternity Group Home / Transitional Living Program
Rape Crisis Center

Justice Services

TASC (Treatment Accountability for Safer Communities)
DES (Drug Education School)
OCP (Our Children's Place)
RRS (Recidivism Reduction Services)
RESET (Re-Entry Systems for Effective Treatment)
SOURCE (Survivors of the Opioid/Covid Epidemics, Utilization of Resources and Community Engagement)

TASC Statewide Training Institute

Training & Curriculum Development
Creative & Technical Development
Credentialing Department
DWI Training & Consultation Services

Substance Use, Mental Health & Integrated Care Services
Crisis Intervention Services
Community Based Family Services
TASC
NC TASC Training Institute

Crisis Intervention Services
Community Based Family Services
TASC
NC TASC Training Institute

Community Based Family Services
TASC
NC TASC Training Institute

TASC
NC TASC Training Institute

Community Based Family Services
NC TASC Training Institute

NC TASC Training Institute

SUBSTANCE USE, MENTAL HEALTH AND CARE INTEGRATION SERVICES

The Substance Use, Mental Health & Care Integration Services of Coastal Horizons provide a continuum of prevention, outpatient treatment, and health-related services to individuals in the eastern region of North Carolina – with the greatest intensity being in New Hanover, Pender, & Brunswick counties.

Outpatient Treatment

- Adult Outpatient Treatment Services
 - Individual, Group, & Family Counseling for those with Substance Use and/or Mental Health Disorders
 - With Auxiliary Medical & Psychiatric Services
 - Co-located behavioral health services at primary care facilities.
 - Intensive Outpatient Program (SAIOP) – structured group, individual and family addiction treatment activities (New Hanover, Brunswick & Pender)
 - Comprehensive Outpatient Treatment (SA-COT) – a higher level structured addiction treatment intervention model
- DWI Assessments & a full array of DWI Services
- Pregnant and Postpartum Women's Services, "Flourishing Families" providing comprehensive behavioral supports for mothers with an infant 0-1 or still pregnant
- Clinica Latina – Specialized Outpatient Services in Spanish
- Quick Response Team (QRT) to reach overdose survivors & their families
- Project for Assistance in Transition from Homelessness (PATH) program to provide services to homeless individuals in need of mental health and other related assistance to access community resources
- Medication Assisted Treatment for Opioid Use Disorders
 - Opioid Treatment Program (Methadone & Buprenorphine)
 - Office Based Buprenorphine
- Adult Residential and Community Services
 - Horizons Adult Regional Residential Treatment Services (HARRTS) - Integrated model of providing intensive treatment in collaboration with a network of recovery homes
 - HUD Horizons Housing Program
 - Jail Diversion Program
- Community Based Youth Services
 - Programs for Youth & their Families
 - Intensive In-Home services (IIH)
 - Family Centered Treatment (FCT)
 - Intensive Family Preservation Services (IFPS)
 - Child First services for Young Children & their Families
 - Child and Adolescent Day Treatment services
 - Incredible Years (IY)
 - Regional Juvenile Detention Center services
- Child Mental Health Therapy Services
 - Outpatient Individual and Family Therapy for children and youth with behavioral health disorders
 - Medical and Psychiatric Services
 - School-based behavioral health services
- Research & Internship Partnerships
- Telehealth services



Horizons Health & Integrated Care Services

- Primary Care Clinics – "WHAT" (Wilmington Health Access for Teens) & "Horizons Health"
- "Medical Home" services – team-based approach, with health coaching
- Services ranging from physical exams to treatment of acute and chronic illnesses, health education, and linkage to specialty care
- School-Based Health Centers at several area high schools
- HIV and Hepatitis Outreach, Testing, and Education
- Continuum of Care – Peer Support, Care Management & SAMHSA High Risk Treatment Initiatives
- HIV & Early Intervention
- Education, Diagnostic HIV Testing & Referrals in eastern NC
- HIV & Early Intervention Support Group
- Mobile Clinics in Bladen, Brunswick, and Columbus Counties
- Tailored Care Management
- Healthy Opportunities Pilot Site

Prevention & Outdoor Adventure

- Mobilizing communities to prevent, reduce, or delay use of alcohol, tobacco, and other drugs
- Utilizing Best Practice Strategies and Programs proven effective in delivering quality outcomes

Our three largest Outpatient Treatment facilities are in the following locations:

New Hanover County

615 Shipyard Blvd • Wilmington, NC 28412
(910) 343-0145

Pender County

309 Progress Dr • Burgaw, NC 28425
(910) 259-0668

Brunswick County

120 Coastal Horizons Dr • Shallotte, NC 28470
(910) 754-4515



(continued from last page)

SUBSTANCE USE, MENTAL HEALTH AND CARE INTEGRATION SERVICES

NEW INITIATIVES for 2022-2023:

Coastal Horizons has built a comprehensive array of new case and care management services to address the social determinants of health for our community members. These services include Advanced Medical Home (AMH Tier 3), Healthy Opportunities Pilot (HOP), Tailor Care Management (TCM), and Certified Community Behavioral Health Clinic (CCBHC) models to deliver more coordinated care as well as providing case management resources. These services are available in Bladen, Brunswick, Columbus, New Hanover, and Pender Counties.

Coastal Horizons achieved SAMHSA recognition as a Certified Community Behavioral Health Clinic (CCBHC). This prestigious status recognizes the comprehensive and coordinated care that occurs at Coastal Horizons. This new initiative is a national model of excellence, and Coastal Horizons is the only provider in Southeastern North Carolina to obtain this certification.

Columbus County Flourishing Families Program

The Pregnant and Postpartum Women's (PPW) program at Coastal Horizons is no longer a Pilot Program and is now a permanent program through the NC Department of Health and Human Service (DHHS). This allows the program to continue its innovative work providing substance use treatment to pregnant and postpartum women, while also expanding services to any mother of a child **17** and younger. With the expansion of the program, PPW is now Flourishing Families (FF) as

of October 2022. The PPW program services are gender responsive, trauma informed and family inclusive. Since October 2019, the program has been offered in partnership with the Department of Health and Human Services (DHHS) and Trillium Health Resources, and through funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment. The program has enrolled **170** mothers (all time); currently, there are **84** mothers actively participating in treatment along with 11 fathers, **9** Significant Others or other family, and **12** children engaging in services.

From 2022-2023, Flourishing Families at Coastal Horizons has increased its presence in Columbus and surrounding Counties. We have been able to serve mothers and their families who reside in Columbus, Brunswick, Pender, and Bladen counties. Flourishing Families promotes the recovery and mental health of pregnant and parenting women with any substance use disorder through gender responsive, trauma informed, and family inclusive care, and provides individual, group, and family counseling services. In addition, the program offers case management through a dedicated Case Manager as well as Peer Support services through Certified Peer Support Specialists. Services also include medication assisted treatment, medication management with a psych provider, family support groups, parenting education, child-care, and transportation assistance, in addition to other resources and supports for participants.

Accomplishments & Outcomes:

- **15** Mothers completed treatment successfully!
- Treatment is provided through Evidenced Based Practices, including Seeking Safety, Beyond Trauma, Nurturing Families, Helping Women Recover, and Helping Men Recover.
- We developed partnerships with Columbus and Brunswick County Court Systems.
- We have enhanced existing community relationships and developed new partnerships with Columbus County Department of Social Services, Columbus County Health Department, Columbus County Law Enforcement Agencies, mental and behavioral health providers, and multiple OB/GYN providers in the area.
- We offer monthly Advisory Committee Meetings with a diverse group of community participants. Through this council, we have not only solicited community feedback to enhance our practices, but we have also offered guest speakers and trainings to disseminate best practices in topics such as Substance Use Treatment for Pregnant and Postpartum Women, Resilience Skills, and the Addiction Disease Model.
- Our staff are participating in an ongoing Learning Collaborative in partnership with DHHS Consultant and UNC Faculty, Melissa Godwin, LCSW, to enhance practice and program outcomes.

SUBSTANCE USE, MENTAL HEALTH AND CARE INTEGRATION SERVICES

OUTPATIENT TREATMENT

What Have Outpatient Treatment Services Accomplished In The Past Year?

We provide comprehensive, affordable outpatient & community-based treatment for adults, children, and youth – including the integration of primary care for adults and youth!

New Hanover County

New Hanover Services & Accomplishments:

- New Hanover County transitioned into the new fiscal year with over **3,700** patients who had received treatment for mental health and/or substance use disorders in the prior year. We are admitting, on average, **183** new outpatient patients per month.
- Our Opioid Treatment Program increased our census to **645** patients during this fiscal year. This year, we expanded our program model to now include same day admissions, further reducing barriers to treatment and quickly connecting individuals to care.
- Our Opioid Overdose Quick Response Team served **342** individuals, providing over **1,189** contacts, and engaging **85%** of overdose survivors in treatment and harm reduction services. The City of Wilmington awarded an extension of our contract – allowing us to continue to utilize special State funding to reach opioid overdose survivors and those close to them.
- We provided treatment for **71** patients by contract with Federal Probation and Parole.
- We continued to have staff representation on the New Hanover County Recovery Court, Mental Health Treatment Court and the newly formed Veterans Treatment Court programs.
- In response to the opioid overdose crisis in our community, Outpatient Treatment has increased distribution of Naloxone kits – intramuscular, intranasal sprays, and auto-injectors

– to clients, family members, and trained overdose responders in the area.

- Funded by State Opioid Response funds, access was expanded to provide opioid treatment medications to individuals incarcerated in the New Hanover County Detention center. Inductions can now occur within detention, reducing the risk of overdose upon release.
- Successfully building on community partnerships, we continued relationships with the hospital (Novant NHRMC) HIV Outpatient Clinic to provide co-located behavioral health counseling services to medical patients.
- A new partnership was formalized with Cape Fear Clinic to embed a therapist full time at the clinic, further expanding access to mental health and substance use services in the community.
- Through funding made possible by the New Hanover County ABC board, family and parenting centered programs were offered in Spanish, English, and within the detention center to reduce substance misuse in family systems.

Outcomes:

Outcome surveys show that, after **12** months of treatment at Coastal Horizons Center in New Hanover...

- For people with primary substance use disorders:
 - Heroin use decreased from **23%** in the **30** days prior to admission to **8%** after **12** months of treatment.
 - Illicit opioid/opiate use decreased from **15%** prior to admission to **9%** after **12** months.
 - Use of any substance at all decreased from **71%** at admission to **17%** after **12** months.
 - Unemployment dropped from **48%** at admission to **23%** after **12** months of treatment.



- At the end of one year of treatment, **94.4%** of patients - reported that the program was helpful in improving their quality of life. **97.2%** of patients reported that the program helped to decrease their symptoms. The great majority – **94.4%** - reported that treatment at CHC increased their hope for the future and increased their control over their own lives.

- For people with primary mental health disorders:
 - Severity of symptoms decreased – those who rated their symptoms at least “severe” dropped from **14%** at admission to **9.8%** after **12** months.
 - Suicide attempts decreased from **20.4%** to **0%** after **12** months of treatment.
 - Employment increased from **36.9%** to **61.4%**
 - Incarceration rates decreased from **10.58%** to **.58%**
 - Emergency room visits decreased from **15.2%** to **13.3%** after **12** months of treatment.

Intensive Outpatient Program (SAIOP)

SAIOP is offered in **4** offices over **3** counties, New Hanover, Pender, and Brunswick County. We have been able to serve up to **250** clients at any given time, across our offices. SAIOP is offered every Monday, Wednesday, and Friday without exception (holidays included), for at least **12** weeks – and at times on other days as well. SAIOP consists of group therapy, individual therapy, family therapy and case management to link clients with community resources.

New Hanover offers **11** separate sections of SAIOP. New Hanover offers **3** different time frames for SAIOP: 6am, 9am, and 6pm. Our Pender location offers **3** sections of SAIOP, **2** in the morning and **1** in the evening and our Brunswick location offers **3** sections of SAIOP: morning, afternoon, and evening. Our SAIOP program has been able to provide wrap-around services, including transportation incentives, peer support assistance, and coordination with community resources.

(continued from last page)

OUTPATIENT TREATMENT

Outcomes:

This past fiscal year, we have served a total of **936** SAIOP clients across our **3** sites – **678** in New Hanover, **84** in Pender, and **174** in Brunswick.

SAIOP outcomes show an overall decrease in substance use during SAIOP. At the end of SAIOP, 87% of clients reported that they had been abstinent from alcohol and drug use in the last 30 days. Recovery/life satisfaction increased during a client's treatment, from reporting satisfaction on a 1-10 scale at a **7** at the start of IOP to **9** at the end of their IOP time. Engagement in self-help groups increased as well from attending **1** meeting every month in the beginning of their IOP time to attending an average of **4.5** meetings a month by the time they completed IOP.

In the NH office, we have a MOMs IOP group, that serves the special population of pregnant and post-partum women, and we served **35** women during FY 22-23.

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

SACOT is offered in Brunswick County. SACOT is a "step up" from SAIOP level of care service to prevent hospitalization. SACOT consists of group therapy, individual therapy, family therapy and case management to link clients with community resources. SACOT is offered **5** days a week, for **4** hours each day. SACOT in our Brunswick office has served **21** patients over the past fiscal year. SACOT outcomes show an overall decrease in substance use during SACOT, and **77%** of patients who completed SACOT have remained abstinent from substance use.

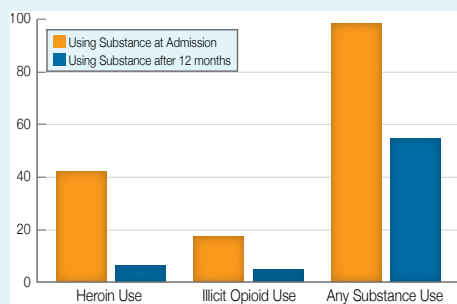
HUD Horizons Housing (HHH)

We maintain **3-5** residences as part of our HUD Horizons Housing (HHH) Program. We have reduced barriers and expanded access – to provide permanent supportive housing to individuals and families with any behavioral health disorder who are struggling with chronic homelessness.

Mobile Clinics

We have two mobile clinics serving Columbus, Brunswick, and Bladen Counties. Our units are equipped with a driver, peer support specialist, and a CMA or QP. It is a true outpatient office on wheels! Through our mobile clinics we currently have **152** active clients. We serve children, adolescents, and adults with SU/MH disorders by utilizing telehealth individual therapy and telehealth psychiatric services. We are also able to provide telehealth OBOT services through the mobile clinics. We have partnered with the rural counties we serve by providing SU and MH presentations to community colleges, partnering with local churches to increase awareness of services, and partnering with local SU Task Force committees to increase engagement with behavioral health services in Columbus and Bladen counties.

Percentage of Clients Using Substances
2022-2023



Clinica Latina

Clinica Latina has completed its 14th year providing mental health and substance use treatment services in Spanish and in a culturally comfortable setting for Latinx individuals and their families. Treating the following top five mental health diagnoses: PTSD, Major Depressive Disorders, Anxiety Disorders, Adjustment Disorders, and ADHD. Some of the highlights of these services include:

- Serving **696** active patients, having served over **3,053** Spanish-speaking patients since 2009. We documented **4,458** office visits this fiscal year resulting in an **82%** improvement in symptoms of depression (PHQ-9) and **71%** improvement in symptoms of anxiety (GAD-7) reported by patients who completed pre and post screening measures.
- Collaborating with Novant (hospital), Rape Crisis Center, local law enforcement, and lawyers to provide services to victims of sexual trauma and human trafficking across the state.

- Collaborating with Department of Social Services in Brunswick, New Hanover, and Pender County, with County Schools, Smart Start, pre-school programs, local pediatricians, judicial system, Carousel Center and Child Advocacy, and domestic violence shelters to treat trauma related to domestic violence, child abuse, and neglect.
- Using evidence based therapeutic approaches, Clinica Latina has been instrumental in preventing at least **40** crisis hospitalizations for children and adolescents referred by their schools due to a mental health crisis: serving approximately **300** children and adolescents often resulting in the prevention of out of home placements due to mental health and behavioral problems.

Since the Covid 19 Pandemic, Clinica Latina has been providing Telehealth services and office visits for the Latinx community. This has made it possible for Clinica Latina to reach Latinx communities in rural counties across NC. We are



currently serving clients from **14** different counties in the Southeastern region of NC.

Clinica Latina has added Padres Efectivos, an evidence-based program that provides Latinx parents with effective communication skills and knowledge to assist them to become active participants in their children's treatment and teaches them to advocate for their children's mental health needs.

Clinica Latina participates in community events to educate and bring awareness to the Latinx community on mental health and substance use diagnoses and treatment options available in their community.

HARRTS

The HARRTS program was developed as an innovative treatment approach to engage clients after either acute hospitalizations or inpatient treatment. We serve clients with primary substance use disorders as well as co-occurring mental health, medical and housing issues – linking them with a local network of recovery homes.

HARRTS services include:

- Substance Abuse Intensive Outpatient Treatment.
- Individual Counseling & Psychiatric Evaluations / On-going Care.
- Residential placements through local recovery houses in the Wilmington area.
- Case Management for coordinated access to community services such as DSS for food stamps and Medicaid; medical care through our on-site Primary Care / Health services and assistance connecting to Cape Fear Health Net; clothing; Vocational Rehabilitation; prescription assistance. Regular transition planning sessions throughout the program for a smoother transition to community living. Case management also provides access to emergency needs such as food pantries and toiletries.
- Purchase of some psychotropic and other medications, and connection to prescription assistance programs to assure medical and mental health stability.
- Provide transportation to and from treatment and bus tickets to assist in accessing community resources.
- Enrollment with Cape Fear Community College for Back to Work Boot Camp.

Accomplishments:

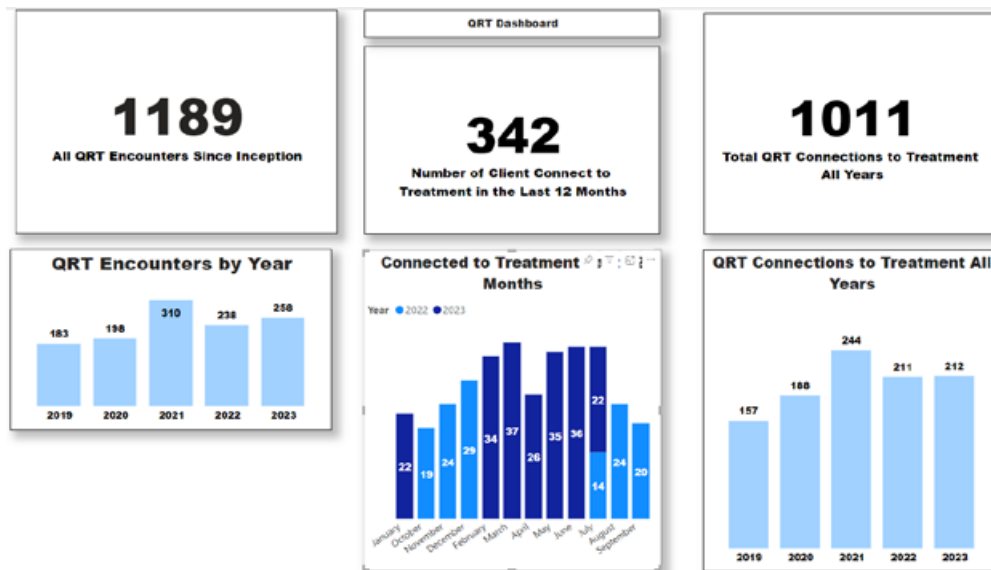
- Agreements with **4** Recovery House Partners for **6** recovery houses in the community to provide residential beds - Hope House of Wilmington- Men's House & MAT, LINC- Coed Re-entry facility, Launch Pad-Men's and Women's House, and Wilmington Recovery- Men and Women's Houses.
- We have continued to work closely with agen-

cies throughout the Eastern Region for referrals; New Hanover Regional Medical Center/ Behavioral Health & Emergency Department; Wilmington Treatment Center; Walter B Jones ADATC; UNC Wakebrook, Duke Hospital, PORT Human Services Facility Based Crisis; Dix Crisis Intervention Services, local outpatient providers; Department of Corrections; and other referral agencies across the Eastern Region of the state.

- With some changes to our Partner Network, we have been able to increase the number of Recovery House beds for clients on MAT/ Medication Assisted Therapy.

During the fiscal year July 2022 to June 2023, we received **627** referrals from numerous sources this year with a total of **108** admissions. During the last quarter of this fiscal year, we have tracked completion percentages as well as overall length of stay in the program. Our overall completion rate stands at **54%** for the entire fiscal year. For that population, the average length of stay was **107** days. We provided over **15,000** hours of services across the year including SAOP, intake, case management, counseling, psychiatric services, and residential services. We continue to track graduates from the program through recovery houses, ongoing treatment services, and direct contact with graduates.

Outpatient Treatment Services by the Numbers 2022-2023





(continued from last page)

OUTPATIENT TREATMENT

Pender County

Pender County services have been operated by Coastal Horizons since 2006!

Pender Services & Accomplishments:

- Pender County provides treatment to individuals with mental health and/or substance use disorders. We continue to provide individual, group, family counseling, and psychiatric medication management, for all ages.

Child and Adolescent Services:

- Coastal Horizons has maintained an active partnership with Pender County Schools to offer school-based outpatient counseling across the county. On average our clinicians serve over **300** students each month. In addition, we provide a therapist for our out of county kids. We serve Duplin, Onslow and other surrounding counties.
- Coastal Horizons has continued our partnership with Pender Alliance for Teen Health (PATH) as their behavioral health provider in a joint initiative to offer integrated behavioral and medical health care to students in clinics located at their schools. This year we partnered with PATH to provide teletherapy prior to COVID and this positioned us well when the pandemic occurred. We continue to work closely with PATH leadership, the Pender County Health Department and Pender County School Administration, to provide the most efficient and clinically effective integrated care.
- Pender County now has a Day Treatment program up and running. It is embedded in schools serving Pender County youth and serves youth K-12.

Adult Services:

- Our Adult Client population is diverse in age, diagnoses and treatment. We provide counseling and medication management as a holistic model to address issues using evidence-based practices and effective treatment with Prescribers.
- Our Substance Abuse Intensive Outpatient Treatment Program (SAIOP) program emphasizes a 'wraparound service' approach through a person-centered care model and careful coordination with key community stakeholders. Peer Support services provide increased access and supports people may need in the community. During this past fiscal year, the Pender SAIOP program has served over 84 patients with a consistently increasing overall SAIOP group census.
- In response to the opioid crisis in Pender and surrounding Counties, the Pender office has continued to provide an Office Based Opioid Treatment (OBOT) program prescribing Buprenorphine as an additional treatment option for individuals struggling with opioid addiction. During the past fiscal year, we provided this support to over **75** people monthly.
- In August 2022, we opened up our Pender County Opioid Treatment Program (OTP) in Rocky Point, NC. This program currently serves **47** patients who are diagnosed with an opioid use disorder. We have also partnered with local pharmacies in the community to provide a safe syringe program along with harm reduction in the Pender County community.
- Telehealth DWI treatment began in July 2020 and has served **106** clients this past fiscal year. We are now offering DWI groups **4** days a week.

Brunswick County

Pender Services & Accomplishments:

Adult Services:

- The Brunswick Adult Treatment Office saw adult clients this year for both Mental Health and Substance Use Disorder Diagnosis.
- Brunswick daily dosing Opioid Treatment Program has served clients with a primary diagnosis of Opioid Use Disorder.
- The Office Based Buprenorphine program also supports those with a diagnosis of Opioid Use disorder but who are stable enough to receive a prescription of Buprenorphine and treatment through our programming.
- Brunswick Peer Supports are active in the community, including in our treatment court programs, providing support for HepC services at New Hope Clinic, and providing assistance to Brunswick EMS with overdose reversals.
- The Brunswick office continues to partner with our Brunswick County Alternative Treatment Courts: Brunswick County Drug Court, Mental Health/Co-Occurring Court and DWI Court and Women's Court. Brunswick has been actively involved in providing treatment services to these court programs. Coastal Horizons staff, through a SAMHSA grant, are embedded in these programs as Court Coordinators. We have two full time Court Coordinators in this program.
- The Brunswick Office continues to provide access for the onsite Needle Exchange Program, HIV and HCV (Hepatitis C) rapid testing and treatment referrals, and educational programs.

- Brunswick continues contracts and partnerships with Brunswick County DSS, Federal Probation, and Brunswick DHHS.
- Coastal Horizons staff (2 Brunswick and 1 New Hanover) are now trainers for a Brunswick County program, called enCompass, to train families of people who are addicted. This work has been done on a voluntary basis but has been excellent for our community partnerships. All 3 have also been trained for "Response to Addiction" a 2-hour training for professionals (police, firefighters, EMS) which is being tested in 2023/24.

Child, Adolescent, and Family Services:

- The Brunswick Child and Adolescent Services office at 6-1 Doctors Circle, Supply, serves ages 3-18 and their families.
- The Brunswick Child Services Office served clients last year with a total number of 6,427 visits.
- Adolescent programming included Aggression Replacement Training (ART), a 10-week program, was offered in Brunswick County Middle schools and funded by JCPC.
- Child and adolescent individual and family therapy was offered to Brunswick and Columbus County children.
- We continue as the sole provider for In-School Therapy in all 20 Brunswick County schools and the sole provider for all 13 schools in Columbus County! We also serve all Classical Charter Schools in Brunswick and Columbus Counties. On average we serve over 200 school-based clients per month.

The Incredible Years (IY)

Incredible Years is a grant funded parent education program that focuses on building and strengthening relationships between caregivers and children through the use of positive parenting strategies. The Incredible Years is funded by the Children's Trust Fund of North Carolina. We partner with Prevent Child Abuse North Carolina to help provide safe environments and families for children in our community. The Incredible Years program is an evidenced based model with 40 years of research showing its efficacy.

The use of skills learned in The Incredible Years helps decrease challenging behaviors at home, school, and in the community. The program facilitates social connections and support between participants in the program. Additionally, to remove barriers to attendance and participation, transportation assistance, free childcare, and dinner for the family are provided weekly. There is also a monetary incentive for caregivers who complete the 16-week program successfully. Coastal Horizons Incredible Years operates in Pender and New Hanover Counties and has been operating since 2016.

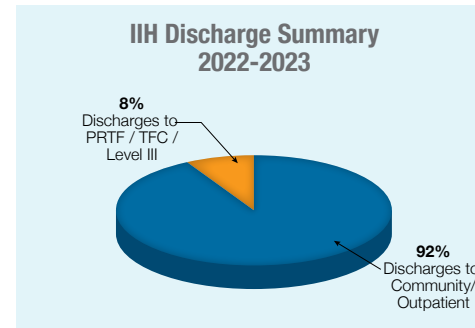
- The data collected for the last year shows an increase in positive parenting practices in all participants. This is represented by an in-

crease in consistent discipline and clear expectations in the home, as well as a decrease in the challenging behaviors exhibited by their children. All participants reported an increase in nurturing and attachment with their children, as well as increasing concrete and social support within the group. Family functioning and resiliency reportedly increased in all participants throughout the year. Service delivery was rated 6.8 (or higher) out of 7, which is scored based on Staff Sensitivity, Empowerment, and Supportive Relationship.

Intensive In-Home (IIH) Services

Intensive In-Home of Coastal Horizons offers behavioral health treatment to stabilize youth who are at risk of out-of-home placement. Utilizing a team approach, we offer intensive, comprehensive, and integrated treatment in the home and community through individual and family therapy, case management, and crisis response.

- Intensive In-Home services have changed at Coastal Horizons over the past few years. Due to the state's continued recommendation and support of evidence-based practices, Coastal Horizons started and completed a large transition of Intensive In-Home teams to Family Centered Treatment. Currently, we offer 2 teams that serve New Hanover, Pender, Onslow, and Duplin. The program has continued its great success with continued support of the supervisory team.
- This program served over 123 of the community's most vulnerable families this year. The program has maintained a 92% success rate of keeping youth in the home. At referral all youth were considered at-risk of displacement based on their severe mental health and/or substance use needs.



(continued from last page)

OUTPATIENT TREATMENT

- We offer a system of care approach by coordinating treatment efforts with Social Services, Juvenile Justice, residential placements, acute hospitals, schools, primary care physicians, and other community partners.
- We have also grown in our coordination with hospitals and IDD providers to grasp a better understanding of the medically fragile and IDD (Individuals with Developmental Disabilities) population and their specific needs.
- Coastal Horizons offers services utilizing nationally and state rostered Trauma-Focused CBT (Cognitive Behavioral Therapy) clinicians and utilizes the Seven Challenges model to adolescents with substance use diagnoses.

Family Centered Treatment (FCT)

Family Centered Treatment is a comprehensive, evidence-based model of intensive in-home treatment for at risk children and adolescents and their families. Utilizing individualized interventions, it treats the youth by utilizing eco-structural and emotional-focused therapies. It focuses on addressing functions of behavior, including areas of problematic family functioning, creating sustainable change, and decreasing chances of recidivism. The FCT therapist works to get the client and family through **4** phases of treatment,

all of which include a trauma informed approach. The four phases of treatment include: Joining and Assessment, Restructuring, Valuing Changes, and Generalization. During the Joining and Assessment phase, the clinician works to quickly build rapport, and utilizes numerous assessments and screeners to identify the area of family functioning that is problematic. During the Restructuring phase, the therapist utilizes interventions to target repetitive interaction patterns that make up the structure of the family. When the family begins to demonstrate changes in their values, they move into the third phase of treatment, Valuing Changes. The therapist helps the family examine the value of their changed behaviors, while the family also learns and demonstrates the power of giving through the Family Giving Project. In the last phase of treatment, Generalization, the therapist analyzes the changes that have occurred and the family's ability to use strategies independently from the therapist. Discharge is discussed, and typically the identified client steps down to an outpatient level of care. A typical treatment episode lasts six months and entails the therapist providing sessions for a minimum of **2** multi-hour sessions each week.

Provided by a qualified mental health professional for mental health and substance use treatment in the home setting, the service provides crisis management, intensive case management, family therapy, and supports to the entire family to prevent out of home placement for the identified youth. An FCT team consists of 1 supervisor and **9** therapists, who each serve a caseload of **5** families.

Coastal Horizons has implemented FCT for **2** years now and has grown to one of the largest providers of FCT in the country with **51** thera-



pists and **7** supervisors. This service is currently provided in New Hanover, Brunswick, Pender, Onslow, Carteret, Jones, Craven, Bladen and Columbus counties with plans to continue to expand the coverage area.

Accomplishments & Outcomes:

- The program served **361** families in Fiscal Year 2022-2023.
- Successful completion of services at **89%** being referred to same or lower level of care.
- Of those completing all four phases of treatment, **98%** were successful.
- All staff participated in trauma informed training to further enhance their trauma lenses in treatment.
- Families presented **91%** satisfaction with the quality of services provided.
- **84%** of stakeholders feel as though FCT was effective with families.
- Our stakeholders refer to families for a variety of reasons, primarily mental/behavioral health, school problems, and trauma.

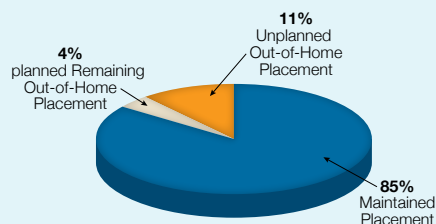
- A primary tenant of Family Centered Treatment is "the power of giving is greater than the joy of receiving". Our team participated in FCT Day of Giving by creating "Kindness Rocks" and placing around town, giving donations to local women's shelter and domestic violence shelters, filling food bags with Nourish NC, participated in Easter basket drive, and made deliveries to Leading into New Communities.

Intensive Family Preservation Services (IFPS)

We completed our 10th successful year of Intensive Family Preservation Services – providing services that include crisis management, intensive case management, individual and/or family therapy, skills training, behavioral supports, and other rehabilitative supports. These services are provided in the home with the family as well as within the community, to prevent the need for out-of-home placements, prevent further abuse and neglect, and enhance social development.

- This past year, Intensive Family Preservation Services (IFPS) served **4** regions and **286** families.

FCT Placement Status at Completion
2022-2023



- In Region 7, 86 families were served in a 9 county region. This program has maintained a 100% success rate for keeping families unified at case closure, and 89% at twelve-month follow-up - outpacing contractual benchmarks as well as national standards.
- In Region 9, 110 families were served in an 8 county region. This program has maintained a 100% success rate for keeping families unified at case closure, and 85% at twelve-month follow-up - outpacing contractual benchmarks as well as national standards.
- In Region 10, 9 families were served in a 14 county region. Coastal Horizons was asked by DHHS to provide services for this region in January 2023.
- In Region 11, 81 families were served in a 10 county region. This program has maintained a 100% success rate for keeping families unified at case closure, and 94% at twelve-month follow-up - outpacing contractual benchmarks as well as national standards. In all regions, the teams served the mandated number of families.

Coastal Horizons served 41 counties with IFPS across North Carolina. IFPS coverage includes serving all of Regions 7, 9, 10 and 11: Anson, Beaufort, Bertie, Bladen, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Cumberland, Currituck, Dare, Duplin, Gates, Greene, Halifax, Harnett, Hertford, Hoke, Hyde, Jones, Lee, Lenoir, Martin, Montgomery, Moore, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Richmond, Robeson, Sampson, Scotland, Tyrrell, Washington Counties.

Coastal Horizons has four IFPS staff members that have become worldwide trainers for the Children's Trust Fund Alliance Protective Factors.

Coastal Horizons has had all IFPS staff members trained in Level 3 Primary Care "Triple P" and Level 4 for parents with severe behavioral difficulties that are providing these parenting services for IFPS cases. All IFPS staff have participated in Naloxone Reversal Training and can provide this service, if necessary, with families. The IFPS State Program Coordinator is also a current member on the Board of Directors for the National Family Preservation Network.

Alternatives to Commitment: Intensive Family Preservation Services (IFPS)

Coastal Horizons provides Intensive Family Preservation Services through additional funding from the Division of Juvenile Justice. Services are provided in both Pender and New Hanover County. The Alternatives to Commitment program is designated for Juveniles returning from Youth Development Centers or other Mental Health facilities with a level II youth at-risk identification. The IFPS specialist provides support for the youth as well as his or her family to assure a safe and productive return. These youth are referred to by court counselors. This grant was one of ten competitive grants awarded in the state to provide evidence-based services for the highest offending youth in a community. In 2022-2023 a total of 14 youth and their families were served.

- Coastal Horizons worked with all youth returning from Youth Development Centers, and initial data supports a significant decrease in both re-offending and the level of severity of future offenses.
- Typical success not only involves reduction in reoffending but also improvement in employment status, educational advancement, increased involvement in the community and improved family cohesiveness.

Child First

Child First is a nationally recognized, evidenced-based, infant and young child mental health treatment and prevention program that uses a stress and trauma focused approach to support the highest risk families. Child First decreases stress within the home, increases child and family stability, facilitates the child and family's connection to growth-promoting services and community resources, and supports the development of healthy, nurturing, protective relationships between children and their caregivers. Services are conducted in the home setting with the child, parents, and/or other primary caregivers. Any child from birth to five-and-a-half years, who has challenges related to their emotional, social, and/or physical development, may be referred to the Child First program. Children are also eligible for services if they have been exposed to a traumatic event(s), caregivers with mental illness, substance use, domestic violence, chronic poverty, incarceration, separation from primary caregivers, or other risk factors that would create chronic, toxic stress for the child and/or family.

The Child First program at Coastal Horizons continues to support vulnerable young children and their families across New Hanover, Pender, Onslow, Brunswick, and Columbus counties via 16 Child First Teams and 4 Clinical Supervisors. The program continues to work toward fidelity of the model through ongoing trainings and quality improvement measures, as well as continues to focus on client outcomes which are measured by standardized and validated assessment measures which are administered with children and families at baseline, 6-months, and discharge to track outcomes.

Accomplishments & Outcomes

- The program served 219 families in Fiscal Year 2022-2023.
- Of the total number of children with baseline problems in communication, social skills, and behaviors, 78% showed an all-time improvement in communication skills, 49% reduced problem behaviors, and 59% showed an all-time improvement with social functioning.
- In the last year, 89% of primary caregivers showed a reduction in parent stress as evidenced by the Parent Stress Index-4.
- In the last year, 91% of Child First families identified treatment goals being met during an episode of care.
- 80% of Child First Families engage in services for 6 months or more.
- Program staff continue to participate in learning Collaboratives in Child Parent Psychotherapy. We continue participation in training through the North Carolina Child Treatment Program (NC CTP).
- The program continues to train Family Resource Partners in the Abecedarian Approach, to support child development and improved communication skills through language enriched caregiving and conversational reading.
- The program's participation in a Randomized Control Trial supporting the evidence base for the model has resumed. We look forward to continuing providing data to support the growth and funding of Child First across the nation.

(continued from last page)

OUTPATIENT TREATMENT

Day Treatment

The Day Treatment Program acts as part of a multidisciplinary team in conjunction with the public-school system to serve students whose mental health or substance use symptoms are leading to serious disruption or withdrawal and preventing them from participating in traditional educational environment. Students who are referred to Day Treatment have had prior interventions by both the school and mental health providers that have not ameliorated symptoms.

Lake Forest Academy is run and maintained by New Hanover County Schools. Instruction is provided by licensed New Hanover County school teachers. The program currently has one classroom for each grade starting in kindergarten going through 8th grade. Class sizes are small and typically average 8 students.

Elizabethtown Primary School and Elizabethtown Middle School Day Treatments are run and maintained by Bladen County Schools. Instruction is provided at Elizabethtown Middle School and Elizabethtown Primary, by licensed Bladen County school teachers. The programs send mental health professionals into the students regularly attended classes. These counselors facilitate daily group therapy lessons, check-ins and provide interventions and support to students within their assigned classrooms throughout the school day. Additionally, there is an onsite therapist to provide individual therapy, family counseling and crisis assessment to the Day Treatment students and their families.

Pender Day Treatment is located on the campus of Pender Innovative Learned Academy, which completed its construction in August 2022. PILA

Day Treatment is supported by Pender County School system and is now serving Kindergarten through 12th grade. This program consists of licensed Pender County School teachers, with qualified mental health professionals located in each room and an onsite therapist.

Accomplishments & Outcomes:

This year, Coastal Horizons Day Treatment programs served a total of 130 students, with a typical length of stay in the program for 6-12 months. Lake Forest Academy served 54 students, 13 students were served at Elizabethtown Middle School, 10 were served at Elizabethtown Primary School, 39 were served at the Pender Day Treatment, and 14 students were served at Brunswick Day Treatment during the 2022-2023 fiscal year. Day Treatment's goal is for students to learn skills and strategies to manage mental

health symptoms so they will be able to succeed in a traditional classroom setting. When school is in session, Day Treatment provides immediate mental health and behavioral support in the classroom to reduce the impact of mental health symptoms on school performance and learning. The staffing is comprised of licensed therapists, Qualified Mental Health Professionals, and administrators. Day Treatment sites work collaboratively with schoolteachers, administrators, and district leaders to support the students enrolled in Day Treatment.

Day Treatment services are offered 52 weeks a year and when school is not in session, Day Treatment staff continue to provide therapeutic programming. Staff implement cognitive-behavioral therapy techniques and utilize evidenced-based curriculum including the Zones of Regulation to teach students effective coping strategies, emotion regulation, positive replacement behaviors, and to improve their ability to problem solve conflicts. Day Treatment serves as the clinical home for students enrolled in the programs, with case management provided to all families. Monthly, Child and Family Teams meet where Day Treatment staff review treatment goals, link families to needed resources and provide psychoeducation.

Despite serving children with significant mental and behavioral health issues, while working within our Day Treatment programs, 90% of students were treated in their home community and did not require emergency psychiatric care such as assessment in the emergency department or placement in an acute psychiatric hospital. Of the young people who have completed treatment during this year, 97% were able to step down to a lower level of care and return to a traditional school setting.



SUBSTANCE USE, MENTAL HEALTH AND CARE INTEGRATION SERVICES

PREVENTION AND OUTDOOR ADVENTURE

Proven Strategies and Innovative Ideas

Prevention Services provide a wide range of age appropriate, culturally relevant, and proven effective programs and strategies. Programs, such as our family skill building services are designed to support families and promote healthy choices while preventing problems associated with alcohol, tobacco, and other drug use. Community Strategies are chosen based on needs identified through surveys, listening sessions, and data. Many strategies are designed to have the greatest impact on the largest number of people in a community by providing support to existing systems. Our merchant education program which supports merchants checking identification for tobacco and alcohol purchases reduces underage access. This wide range of services makes our community stronger and healthier.

Prevention priorities include community health population level services. Focus areas include strategic planning with community stakeholders, policy education, community mobilization, and targeted media messaging. Research has shown this approach provides greater long-term impact with limited resources and funding.

Outdoor Adventure programs offer an opportunity for participants to experience a dynamic learning environment that reinforces communication, trust, teamwork, and decision-making skills. Best practice models and industry standards are followed for these programs.

Accomplishments:

Outdoor Adventure Best Practices and Programs

- **245** participants were served through Outdoor Adventure Programs including Family Days, Orientation for Schools, and Prevention Programs.

Prevention Proven Effective Programs

- **32** families were served with Family Skill Building Programs such as Guiding Good Choices® or Systematic Training for Effective Parenting© (STEP)/Teen.
- **252** youth and adults received the Community Resiliency Model™ (CRM) training through schools and community partners in the region.

Education Outcomes:

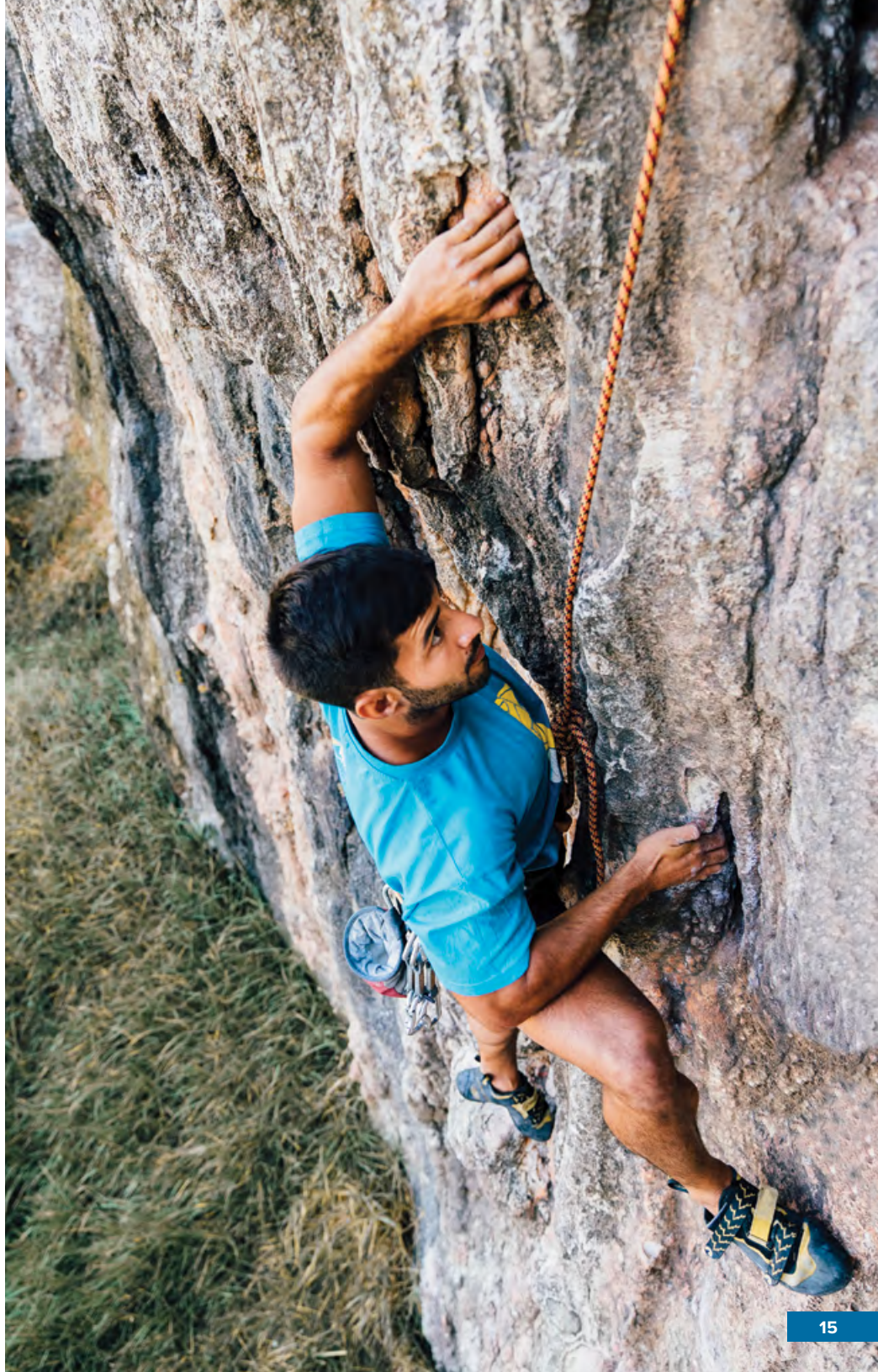
Here is a sample of just some of our program outcomes.

Parent Programs

- **100%** of families successfully completed the program.
- **100%** of families completing the program demonstrated reduced problem behaviors.
- **100%** of families completing the program demonstrated enhanced family functioning.

Youth Interventions

- **152** youth received substance use assessments at the Juvenile Detention Center.
- **169** youth were referred to treatment and received Brief Challenges or Seven Challenges.
- **1** youth received Seeking Safety treatment that addresses PTSD and trauma issues.





(continued from last page)

PREVENTION AND OUTDOOR ADVENTURE

and Prevention Education initiatives to encourage parents to monitor alcohol access in the homes of families with children. These community empowered initiatives involve mobilizing and training volunteers to create grass-roots level solutions that fit.

- Youth Training was provided to teach teens skills in working with local merchants on underage drinking. Teens then visited local stores to share information about preventing underage drinking and the importance of checking identification prior to making a sale. Teens scanned stores to look for clues on how marketing can promote underage drinking.
- Over **125** Bars, Restaurants, and Retail Stores received merchant education materials to increase age identification checks for the purchase of alcohol and tobacco products. This prevents underage access to age restricted products.
- **87** Purchase Surveys were completed for alcohol and tobacco sales at bars, restaurants, and stores in New Hanover and Pender Counties. These Purchase Surveys use legal-aged, trained volunteers to “secret shop” locations for seller identification checks prior to purchase of age restricted products like alcohol and tobacco. **81%** showed merchant intent with checking identification prior to sales. After the visits, results were shared with locations and educational materials on fake ids and available free seller training was provided.
- Support for Tobacco Free Campus Policy at Coastal Horizons was provided with over **3,500** support kits provided to clients, staff, and visitors including tips for dealing with nicotine craving when in smoke-free environments, healthy puzzles, gum, mints and information about the Quit Line for anyone ready to quit using tobacco products. Support kits

were well-received and parking lot smoking showed a **50%** decrease during the intervention period.

Medication Lock Box and Medication Disposal

Home Medication Lock Boxes and Medication Disposal Methods prevent unwanted medication misuse and pilferage from persons without permission.

- **2,401** home medication lock boxes were distributed to households including people in treatment, recovery, and community partner organizations.
- **3,718** medication disposal kits were distributed to people who may be unable to drop off unused medications at permanent drop boxes or take back events. These strategies reduce the volume of unused medications available for misuse by people without a prescription.

Harm Reduction Strategies

A by-stander program was implemented to increase readiness to respond to potential emergencies and reduce stigma around naloxone/ Narcan® use. Nasal Narcan®, an opioid reversal drug, and training on use of the medication was provided to community partners for their site location first aid kits.

- **407** nasal Narcan® kits were provided to community partners where many people gather to have on hand in case of an emergency.
- **7** Training Events reached **189** people representing community partners.
- Innovations- nasal Narcan® dispensing boxes called “Saving Stations” were provided in partnership with MedNorth and First Fruit to make Narcan® and other support resources such as locking pouches, medication disposal kits, wound care kits, and sunscreen more accessible to people with limited resources.

Strategies to Address Risk Factors

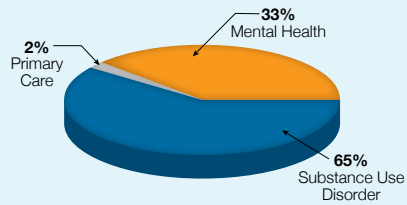
Environmental and Policy Change

Environmental and Policy Change: Compliance with or changes to laws, policies, and practices help communities address the root causes of problems such as teen tobacco use, underage drinking, and misuse or non-medical use of prescription drugs. Prevention staff provide training and technical support to volunteers such as coalition members or teen advocates. A coalition is not a program, it is a community empowered strategy to mobilize people around central issues that can create positive change and reduce risk factors for substance misuse. Coastal Horizons provides fiscal support and technical assistance for coalitions in New Hanover, Brunswick, and Pender Counties.

- Coalition efforts with community partners and volunteers included initiatives such as Alcohol Purchase Surveys to observe store compliance with age identification checks prior to purchase of alcohol; Community Event Scans to determine risk factors for underage drinking at beach access points and other events;

Regional Priorities (New Hanover, Brunswick & Pender) <i>Root Cause Data collected includes Focus Groups, Surveys, Local/Regional Data and Interviews with Community Leaders</i>				
Community Risk Factors	Easy Access (At Home) (Retail Sales)	Parental Provision (Rite of Passage) (**Sharing Meds)	Low Perception of Harm (Disregard for Consequences)	Favorable Social Norms (Conditions Promoting Use)
Underage Drinking*	X	X	X	X
Prescription Drug Misuse & Non-Medical Use**	X	X	X	X
Tobacco	X			
Electronic Cigarettes / Vaping	X	X	X	X

Client Visit Summary 2022-2023



- **25** prescribers were trained in new CDC opioid prescribing guidelines, X-waiver, screening, and referral to treatment.
- **135** physicians and nurses participated in a presentation on “Current Trends in Adolescent Substance Use” at the 18th Annual Pediatrics Conference held in Wrightsville Beach.

Community Awareness Campaigns

Public Service Educational Messages were delivered through print media, social media, geofencing, digital banners, billboards, and radio on Locking Medications for Safety, Disposing of Unused Medications Securely, Monitoring Alcohol and Not Providing to Youth. Other media messages include social media posts on alcohol and medication safety, access to services and national awareness campaigns. This broad format has a media reach of over **300,000** regional residents.

Special Initiatives

Anger Management Program

Due to increasing demand from courts, attorneys, and social services, the Prevention Services staff developed a fee-based program to meet this referral need. This 6-hour program meets the requirements set by the referring agencies with focus topics such as: changing negative self-talk into positive self-talk, identifying physical cues of anger, relaxation exercises, resolving conflict appropriately, appropriate communication skills and general wellness. **24** participants in **4** counties successfully completed the program. Follow-up support is available as needed.



Behavioral Health Equity

Listening sessions with underserved and historically marginalized communities were used to bring an equity lens to planning and program implementation. Outreach workers with lived experience were recruited and trained to bring resources and information to target communities. Results of these listening sessions were shared and are being used in program quality improvement.

Statewide & National Leadership

- NC Prevention Providers Association (NCP-PA), Secretary and Advocacy Committee.
- NC Substance Use Disorder Federation, Advocacy Committee.
- Addiction Professionals of NC (APNC) Board of Directors and Southeast Regional VP.
- IMPACT Coalition (Statewide Coalition on Substance Misuse)

- NC School Based Health Alliance Board of Directors
- NC Association for the Treatment of Opioid Dependence (NCATOD) - Chair.
- American Association for the Treatment of Opioid Dependence (AATOD), Board.
- Statewide Integrated Care Steering Committee, Member.
- NC Opioid and Prescription Drug Abuse Advisory Committee (OPDAAC), Member.
- National Board of National Association of Social Workers, Board
- NC Social Work Certification and Licensure Board
- NC Child, Board
- UNCW Public Health Advisory Board.
- NC Foundation for Alcohol and Drug Studies Board (NCFADS), VP

Ruthie Trammel Award

In honor of a treasured staff member, Ruthie Trammel, who passed away in 2014 after a valiant battle against cancer, we now honor a team of staff members annually as Ruthie Trammel Award recipients. They are selected based on their dedication, passion, and hope that they instill in others every day. The 2022 Ruthie Trammel Award recipients were Crystal Rodriguez, Rebecca Carpenter, Darlene Webb, and Renee McLaughlin.

HEALTH AND INTEGRATED CARE

Horizons Health

Primary Care Integration Services & Accomplishments

Coastal Horizons was awarded funding via a State grant (PIPBHC) to promote the integration of primary and behavioral health care services. The goal of this multi-year grant is to support achievement of Advanced Medial Home Tier 3 status which went live July 1st, 2021, and Coastal Horizons Center has just completed the final year of the grant. Our Collaborative Care Model enhances the delivery of services by allowing primary and behavioral health care providers, via a team-based approach, to create care plans that incorporate patient goals. The ability to get both physical and mental health care at a familiar location that is comfortable to patients, enriches their experience, promotes engagement, reduces duplication of services, and promotes better health outcomes, is essential.

Additional funding from the NC Office of Rural Health has expanded our ability to provide health services to the uninsured, resulting in increased patient volume in terms of both visits and wellness encounters. We offer self-pay/sliding fee for service schedules to assist uninsured patients in receiving medical and wellness services at a reduced rate. We have also contracted with Dominion Labs to provide low-cost laboratory testing for our patients that would not be able to afford testing otherwise. To eliminate barriers for our uninsured consumers to be eligible to receive Charity Care, we continue to have an Enrollment & Eligibility Specialist from Cape Fear HealthNet in the Primary Care Clinic to provide assistance to uninsured patients.

Horizons Health – Primary Care Services

Include:

- Physical examinations
- Medical and Diagnostic Testing
- PAP Smears
- Preventative Medicine
- Prescription Assistance
- Specialty Referrals
- Health Coaching
- Diabetes Education
- Cholesterol Management
- Weight Management
- Nutrition Workshops
- Tobacco Recovery

Accomplishments:

- Open walk in/ same day appointment slots are available Monday-Friday to improve access to care.
- Reducing Emergency Department Services. Our data indicates that established patients have a lower rate of emergency department utilization compared to new patients. On average for the past year, approximately **16.5%** of new patients had an ED visit while only approximately **13.7%** of established patients had an ED visit. ED utilization has consistently shown decreases since the inception of the project.
- Continuing our offering of excellent preventative primary care to the uninsured and underserved patients of Coastal Horizons from New Hanover Regional Medical Center, United Way, and The NC Office of Rural Health funding.
- We are improving health outcomes and the consumer experience with our open access, patient centered integrated care model.
- We provided **4,098** visits to **2,133** unduplicated patients in Primary Care and WHAT



Wilmington Health Access for Teens (WHAT)

WHAT of Coastal Horizons Center school-based and school-linked health centers provide comprehensive, culturally competent, quality primary care, mental health care, psychiatric care, and preventative services, which are easily accessible, especially to medically underserved and vulnerable youth and young adults ages 6-24, who may have limited access. Care is coordinated internally and externally across providers. Our approach is patient-centered, working in coordination with our patients and their families – taking into consideration their wants, needs and preferences.

WHAT remains the only integrated school-based health care provider in Wilmington, North Carolina exclusively for adolescents and young adults, serving New Hanover County and the surrounding areas and continues to build strong, collaborative relationships within the community, the region and statewide.

WHAT continues to strive for excellence in its delivery of services, participating in the School Based Health Alliance Quality Counts - National Quality Initiative - which challenges school-based health centers to voluntarily adopt and report on five core standardized performance measures (annual well-child visits, annual risk assessment, body mass index (BMI) assessment and nutrition and physical activity counseling, depression screening and Chlamydia screening). This set of core clinical performance measures align with national child quality best practices and allows us to compare our performance to SBHCs at the state and national level and identify areas for quality improvement.

WHAT Services

WHAT's integrated, multi-disciplinary team of providers offers a range of primary medical care, mental health care, psychiatric care, and prevention services – all under one roof – that is patient and family-centered.

Services are designed to meet the unique needs of the adolescent and young adult population, and include:

- Wellness physicals for sports, school, and employment.
- Vaccinations and immunizations.
- Mental health counseling.
- Nutritional counseling.
- Treatment for acute conditions.
- Laboratory tests.
- Alcohol and substance abuse screening and counseling.
- Screening and referral for dental and eye exams.
- Chronic disease management (e.g., asthma, diabetes).
- Risk-reduction health education, outreach, and prevention.
- Referrals for non-medical services to ensure optimal well-being.
- Insurance eligibility and enrollment for Medicaid and other public health insurance plans.

School-based health care is widely considered one of the most cost-effective strategies for delivering integrated health care, including mental health and prevention services, to adolescents – an often hard-to-reach population with many diverse health needs. Services are convenient – located on school campus – affordable and confidential, minimizing many of the barriers to health care access for students, such as scheduling, transportation, and financial barriers. Coastal Horizons has partnered with New Hanover County Schools, Charter Schools, and community partners to provide our services to eleven (11) campuses.

Our School Based Health Centers (SBHCs) offer numerous benefits to students, families, schools, and communities including:

- Providing convenient, age-appropriate, confidential care in a familiar setting to many adolescents, especially males, who may be reluctant to use traditional medical care.
- Improving access to care for students who may not otherwise receive care elsewhere.
- Connecting students and their families to primary care practices/medical homes.
- Improving students' academic performance and school attendance and reducing student discipline referrals.
- Encouraging parental/caregiver participation in their children's health care.
- Serving as a resource for the health care needs of adolescents.
- Minimizing lost classroom time for students and lost work time for parents.
- Improving follow-up compliance with care.
- Providing an opportunity for adolescents to seek out or take advantage of services, whereas they may not otherwise in traditional settings.
- Providing behavioral risk assessments and ongoing preventive strategies, especially through on-site mental health services, in collaboration with school staff
- Providing schools with a valuable resource during emergencies/crises with trained medical and mental health staff on-site.
- Collaborating with schools, local primary care practices, and other community agencies.
- Reducing overall health care costs.

Accomplishments:

WHAT obtained grant support through the North Carolina Office of Rural Health Community Health Grant Program during FY 22-23 which allowed us to continue to work towards increasing access to care for the underinsured and uninsured.

With a grant from United Way of the Lower Cape Fear, as part of the Cape Fear Health Net, we were able to continue providing primary care services to high risk, under-funded populations.

WHAT programs served over **2,105** unduplicated patients during FY 22-23 resulting in the delivery of over **13,521** patient visits. Out of the total unduplicated patients served **998** patients received primary care services resulting in the following:

- **51%** received a brief emotional/behavioral screening (e.g., depression, anxiety, ADHD).
- **44%** received a substance use screening (CRAFTT).
- **31%** received an annual risk screening (Bright Futures).
- **34%** received an annual wellness visit.
- **25%** received a BMI (body mass index screening).
- **35%** received nutrition counseling.
- **34%** received physical activity counseling.

WHAT provided over **8,034** mental health visits collectively across the five locations and over **2,947** psychiatric medication evaluation/management visits at the Oleander main school linked health center – highlighting the benefits of our integrated services –facilitating convenient access and promoting continuity of care for our patients receiving mental health/psychiatric services.

Continuum of Care (COC) – including HIV & Hepatitis Outreach, Testing, & Education

During this year, The Continuum of Care Team completed **2** federal grants (Targeted Capacity Expansion and the Adult Disaster Grant). Also, we were awarded two state funded grant projects: McKinsey Opioid Settlement Services and Peer Support for Substance Use Disorder.

- The McKinsey project is a grant funded from the State's Opioid Settlement funds to combat Opioid Use Disorder. As one of the agencies with access to these funds we prioritize eliminating barriers to treatment. Our main access points are the Emergency Departments, DSS and the New Hanover County Jail. However, this does not restrict the use of these funds for other OUD-related services. Peer Support for Substance Use Disorder provides more access points for justice involved clients to obtain Peer Support Services. Primarily, this grant is housed in our TASC department, but the COC Team has collaborated to expand the reach of services.
- We provided **67** HIV tests (utilizing OraQuick Rapid HIV antibody tests) and **67** Hepatitis C tests (utilizing OraQuick Rapid HCV antibody tests) in the fiscal year. Tests show less than **26%** positivity for HCV in the population, with **17** persons testing positively this year. Staff have found **23** HIV+ persons since grant inception (**2** were identified this fiscal year). We provided **63** Syphilis tests using Syphilis Health Check rapid tests.
- Staff continues to provide direct support and care management to individuals diagnosed with HIV, as well as to those in other CHC programs who are HIV and HCV positive, linking them to services and providing information.

(continued from last page)

HEALTH AND INTEGRATED CARE

- We provided **3,490** client contact hours via peer support services to **832** individuals (unduplicated).
- The Hepatitis Working Group, comprised of community medical service providers interested in services for HCV treatment at the local level convened by CoC in 2016, now has **3** providers in Wilmington (Coastal Family Medicine, MedNorth and Cape Fear Clinic) and one in Brunswick County (New Hope Clinic) who are now treating uninsured and underinsured HCV positive persons, where none existed before. CoC provides education and support for individuals in treatment, as well as getting them linked to Charity Care as necessary to help cover the costs of treatment.
- Jail Diversion with the New Hanover County Detention Facility continues to provide weekly screening services for identified individuals who have a history of incarceration for behavioral health and substance use issues. Staff interview individuals and set up potential service plans for them upon release. This year **142** individuals have been screened and there have been **49** successful diversions by getting individuals into treatment.
- The first syringe exchange program in Brunswick County at the Shallotte Office continues to provide clean syringes to individuals who request this. Clients needing these services talk with the nurse care manager; receive clean syringes and “works” kits, personal sized sharps containers, resource lists for community services, as well as an opportunity to have HIV and HCV testing and discuss any health or other issues with a team member. Currently **279** individuals have made exchanges, and **3,766** syringes have been distributed. We are now also providing this service at the New Hanover Primary Care office.
- Continued partnerships with Cape Fear Community College, UNCW, and Brunswick Community College to offer testing and education events on campus for students and staff.
- HIV Early Intervention – The State continued to provide testing supplies for HIV, HCV, and Syphilis. HIV Early Intervention services include:
 - Medical Diagnostic Testing and Counseling for HIV in New Hanover, Brunswick, and Pender counties (utilizing the OraQuick and Clearview Rapid HIV Antibody Tests)
 - Risk Reduction Counseling and Education
 - Support group for those living with HIV.

Percentage of Patients Reporting ED Visits
2022-2023



Accomplishments:

- We have reached **103** individuals in the Tri-County and regional areas with HIV testing - along with pre and post-test counseling.
- Our HIV/STD education has expanded to include New Hanover and Brunswick MRT classes, which are offered through our Recidivism Reduction Services (RSS).
- Our HIV Early Intervention support group, the longest continuously meeting group of its kind in the area, continues to meet weekly. We continue to welcome new members to the group with referrals from local partners and with the help of existing members who reach out to people in their communities also affected by the HIV virus. We continue to assist our group participants with accessing various HIV/AIDS workshops, trainings, community events, etc.
- Duke Partners in Caring continues to provide regional coordination for the distribution of federal funds made via Part B of the Ryan White Act. We work closely with Partners in Caring, bridging the gap between patients, families, communities, resources, and educational opportunities for our clients.
- We work closely with the New Hanover HIV Care Clinic to ensure our group members get comprehensive care beyond medical HIV treatment.
- Since January 2017, staff have performed over **674** rapid HCV tests and **360** rapid syphilis tests.
- With the help of Clinica Latina, we were able to reach a **42%** Hispanic client rate in achieving resources through our Adult Disaster Grant.

JUSTICE SERVICES

The Justice Services (JS) component of Coastal Horizons Center provides a continuum of services to people involved in the justice system in fifty-three counties of North Carolina. The primary goals of JS are:

- To assist the individual in accessing the treatment and community support services needed in their local community to ultimately reduce recidivism;
- To provide advocacy within the justice system;
- To provide state of the art training to staff involved in Treatment Accountability for Safer Communities (TASC) programs and their partnering agencies.

TASC (Treatment Accountability for Safer Communities)

TASC is a critical link between the justice system and treatment services. TASC provides:

- Screening and assessment for those referred;
- Referral and linkages to treatment services needed;
- Access to wrap around services in the local community;
- Monitoring and reporting treatment progress to the referring agent.

These services are provided by Coastal Horizons Center, Inc. in the eastern **53** counties in North Carolina.

TASC RCE (Regional Coordinating Entities)

The TASC RCEs serve as the management infrastructure for the effective delivery of substance use and other treatment interventions to the justice-involved population in North Carolina. The Region 1 and Region 2 RCEs under Coastal Horizons Center are responsible for ensuring that standardized TASC services are provided throughout the **53** counties served. The RCEs received **16,570** referrals in this past fiscal year. Additionally, of the **9,879** individuals that were admitted to TASC this year, **63%** or **6,233** completed the programs successfully.

North Carolina TASC Training Institute

The NC TASC Training Institute provides evidence-based training to TASC staff statewide via regional trainings and virtual learning environments in order to improve the delivery of services to the justice-involved population across North Carolina.

Drug Education School (DES)

DES is a state certified course designed individuals with no prior justice involvement who have been charged with misdemeanor possession of Schedule I through VI and/or drug paraphernalia or Felony Possession of Cocaine (less than one gram).

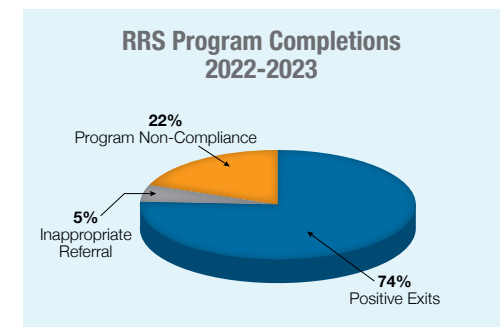
Recidivism Reduction Services (RRS)

The RRS programs of Coastal Horizons Center, Inc. provide core services that are comprised of cognitive behavioral interventions (CBI) and a community-based continuum of substance use services. These substance use services include outpatient, intensive outpatient, and aftercare/recovery management services. The eligible populations for these services are adults under supervision of the NC Department of Public Safety and deemed to be high risk and high need.

During FY22-23 Coastal Horizons Center, Inc. provided RRS services in **15** counties within Eastern North Carolina these counties: Brunswick, Craven, Cumberland, Duplin, Greene, Jones, Lenoir, New Hanover, Pamlico, Pender, Pitt, Sampson, Tyrrell, Wake and Wayne County.

RRS staff enrolled **2,654** clients during FY 22-23. Of the **1,504** individuals that completed RRS services this year **74%** were positive program exits.

Of the clients referred for services **28%** were supervised at Level 1 (highest), **50%** Level 2 (high) and **16%** Level 3 (moderate) levels of supervision.





(continued from last page)

JUSTICE SERVICES

Re-Entry Systems of Effective Treatment (RESET)

RESET serves adults incarcerated in the New Hanover County Detention Center with high criminogenic risk and need and substance use or co-occurring disorders. The prioritized population is adult men and women with co-occurring disorders. RESET staff begins collaborating with participants before their release from incarceration. Together they develop an individualized transitional care plan. Staff also provide direct services that target anti-social behaviors, substance use, and parenting skills. Upon release from incarceration, participants receive an array of behavioral health services and linkage to recovery support programs in the community. RESET also offers housing assistance through a partnership with many different recovery homes in the Wilmington community.

RESET has recently been approved for additional funding. This funding will be utilized in continuing Reentry Services to participants coming from New Hanover County Jail, as well as those incarcerated throughout North Carolina that are returning to New Hanover County.

Of the **107** referrals received throughout the fiscal year, **38** unique individuals enrolled in the program. RESET continues to improve outcomes related to supportive recovery, substance use, employment, and housing stabilization.

Survivors Opioid/Covid Epidemics Utilization Resources Community Engagement (SOURCE)

The SOURCE program was developed in response to the COVID-19 epidemic and aims to reduce overdose deaths among the justice-involved population. The prioritized population includes individuals with chronic medical conditions whose immune systems are compromised, those **55** years and older, and those from marginalized communities. SOURCE staff screen participants while incarcerated. Upon release, enrolled participants are linked to an array of programming to address medical and behavioral health needs. SOURCE staff educates participants on overdose risks and harm reduction services. In February 2022, SOURCE received additional funding to expand and target individuals in New Hanover County diverted from the justice system for low-level offenses or individuals at risk of entering the system. SOURCE staff work with enrolled participants to develop a collaborative plan that includes connection to behavioral health, harm reduction programming, and other community supports, including housing assistance and employment training. Since its inception in June 2021, the SOURCE staff has served **185** unique individuals.

Our Children's Place

Our Children's Place of Coastal Horizons (OCP) is a statewide program committed to the well-being of children of incarcerated and returning parents through advocacy, education, and outreach. The work of OCP centers on educating professionals about the impacts of parental incarceration and reentry; supporting the relationships between the children and their parents; and identifying and promoting policies, programs, and practices which improve the outcomes for the children.

Over the past year, OCP conducted **32** workshops for **1,590** professionals. These workshops were a combination of in-person, virtual, and hybrid, a trend that started during the pandemic and will likely continue in the future.

Throughout the year, OCP continued implementing the FRESH (Family Re-Entry Support and Help) grant from the North Carolina Department of Adult Correction (NCDAC).

- **3** FRESH Care Mangers have facilitated Parenting Inside Out (PIO) at **5** prisons, conducted individual case management sessions with the participants, and begun developing plans to connect with their families.

- The Program Director has continued working with prison leadership on ways to make their spaces more child-friendly. The checklist created last year has been updated and shared on several occasions.
- The Program Director and Care Managers have reviewed the visiting policies and procedures for the **13** re-entry prisons facilities, with the plan to provide feedback on making those more child-friendly later in the fall.

OCP continues to be involved with the national *See Us, Support Us* campaign in October organized by the Osborne Association in New York. This year's focus will be on re-entry and the impact on children. As part of that campaign, OCP is working with the Governor's staff to recruit youth for *Page Week* in late October, host an event for the pages that week, and offer support where needed.

In August OCP launched its third annual "Why Me for OCP?" social media campaign. Each week in August and September there was a post by a new Advisory Board member, staff member or community supporter with their picture and answer to the "why?" question. The hope is the

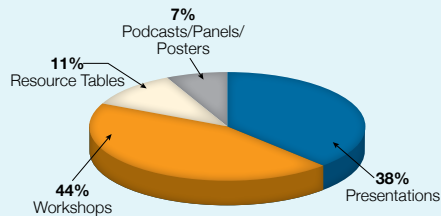


campaign will generate additional interest in OCP as a whole and with community members who might be potential Advisory Board members.

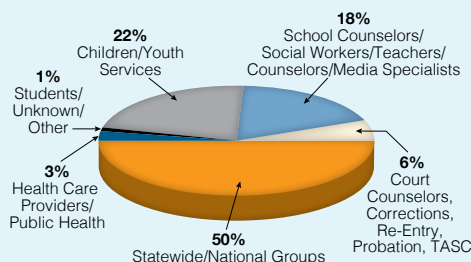
Parent Day continues to build momentum post-Covid, with OCP hosting them at Sampson Correctional in December 2022 and June 2023 (with the warden grilling lunch for the families in June!), Orange Correctional in February 2023 (first time since Covid), and Randolph Correctional in March 2023 (first time there with another one planned for late September). Staff also organized a 12-session pre-release course at Orange Correctional with **18** participants completing the course.

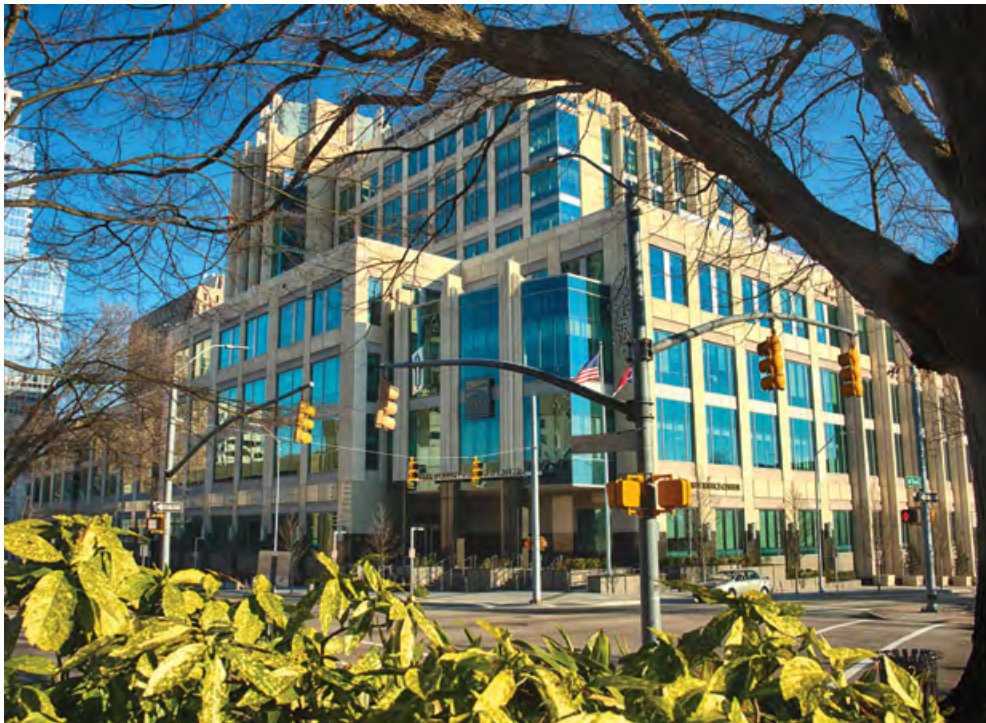
Melissa Radcliff, Program Director, continues to serve on the Local Team for the State Reentry Council Collaborative (SRCC), Orange County Local Reentry Council, and the State Advisory Council for the Healthy & Resilient Communities Initiative (North Carolina Smart Start). In the spring she was interviewed for an NC Newsline article which ran after NCDAC produced their annual children's report showing the number of incarcerated parents in North Carolina and how many children they have.

Our Children's Place – Professional Trainings, Community Presentations & Resource Tables 2022-2023



Our Children's Place Professional Participants 2022-2023





JUSTICE SERVICES

REGIONS I AND II – REGIONAL COORDINATING ENTITY (RCEs)

The TASC RCE provides an objective and effective bridge between two separate systems: justice and treatment. The justice system's legal sanctions reflect the community's concern for public safety, while the treatment community emphasizes therapeutic relationships as a means for changing behavior and reducing the personal impact of substance use and mental health conditions. The TASC RCE staff provides clinical substance use assessments, mental health screening and access to quality services for individuals diagnosed with substance use disorders and/or individuals who have a mental health condition.

The Coastal Horizons Center TASC RCE continues to provide administrative and managerial supervision within **53** Counties of North Carolina. The TASC RCE is responsible for quality improvement and quality assurance throughout the Region with several key goals that include standardized, clinically sound practice; standardized protocols for treatment access and tracking; utilization management and review; quality and outcomes management; and information management.

Accomplishments in Client Services for TASC:

- **10,218** clients were assessed and/or screened by TASC staff during fiscal year 2022-2023. Of those, **9,879** were admitted for TASC services.
- **6,233** or **63%** of clients successfully completed TASC services.

Accomplishments in Professional Development for TASC Staff:

- All TASC staff are registered either with the NC Addictions Specialist Professional Practice Board or have already received their LCAS, CCS, CADC, or CCJP certification.

- There are **42** staff members who are working toward earning their CADC certification and **5** staff members who are in preparation for the LCAS licensure exam.
- There are **23** staff members who have CADC certifications; **6** staff members who are registered as LCAS-A; **1** staff member who has their CADC certification and is also registered as an LCAS; **2** staff members who have CADC and CCJP certifications; **1** staff member who has their CCJP certification; **2** staff members who have their LCAS certification; **1** staff member who has their LCMHC, LCAS, and CCS certifications; **1** staff member who has their LCSW, LCAS and CCS certifications; **2** staff members who have their LPA, LCAS, and CCS certifications; and **7** who have their PEER Support Specialist certifications.
- TASC Care Managers participated in many trainings offered through the North Carolina TASC Training Institute to include Solution-Focused Brief Practice; Self Care, Pharmacology I, and Pharmacology II with Amanda Young; The Critical Link: Case Management for Survivors of Human Trafficking and He Loves Me, He Loves Me Not: Understanding Trauma Bonds Between Traffickers and Their Victims with Amanda Gopal; Ethics and TASC with Dale Willetts; Gas Station Drugs with Dr. Merrill Norton; Principles of Drug Addiction Treatment for Criminal Justice Populations; and Understanding Medication Assisted Treatment for Individuals with Opioid Use Disorder.
- TASC Care Managers obtained **2,369** training hours through the NC TASC Training Institute and through training modules on Relias during FY 2022-2023.

- Eighteen staff members attended the 2022 APNC Fall Conference (Virtual) - October 12-14, 2022.
- **23** staff members attended the 2023 NCDAC Reentry Conference - April 3-5, 2023.
- **2** staff members attended the APNC Spring Conference 2023 - April 18-19, 2023.

Accomplishments in

Regional Development for TASC:

- Direct supervision of the TASC Care Managers in the **53** counties served by Coastal Horizons Center is provided by Area Coordinators, Nazim Khan, Roberta Battle-Sessoms, Dawn Robinson, Heidi Wasicki, Yaschia Lindsey, Le'Crea-sha Brown, and Varonda Strouth.
- Field Specialists who assist in training TASC Care Managers are Steve Hodge and Sylvia Grooms.
- Clinical Supervision for TASC Care Managers is provided by Justice Services Clinical Director, Candace Small and Clinical Coordinators Brittany Hales, Cortney Tindal and Amanda Young.
- Assistant Directors for TASC are Le'Crea-sha Brown and Jamie Melvin.

- Melinda Thompson-King, the Regional Director for TASC Services oversees TASC operations in **53** counties.
- Quality assurance procedures have been implemented statewide with quality assurance reviews performed by the Clinical Coordinator, RCE Director and the TASC Training Institute Director.
- TASC Care Managers and Area Coordinators provide training about TASC's purpose, policies and procedures to new Probation Officers and update probation officers in regular probation unit meetings.
- Brunswick County staff continue to partner with Brunswick County Drug Treatment Court (DTC) to provide TASC services for the targeted DTC population.
- New Hanover and Cumberland County TASC continues to participate in the Law Enforcement Assisted Diversion (LEAD) program; it has become a key partner in helping the Wilmington and Fayetteville Police Departments access mental health and substance use treatment for at-risk individuals they meet during their daily work.



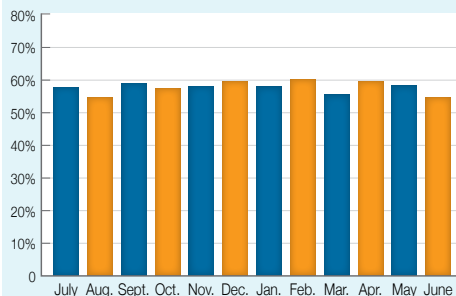
- TASC received a grant from the Department of Public Safety to provide Peer Support Services in the following counties: Alamance, Caswell, Person, Orange, Chatham, Cumberland, Jones, Pamlico, Craven, Onslow, Duplin, Bladen, Columbus, Nash, Wilson, and Edgecombe. The Peer Support Specialists are able to work with individuals who are justice-in-

involved, living with a substance use and/or mental health issue, and need support in one or more of the following areas: housing, medical, employment, education, transportation, or sustenance.

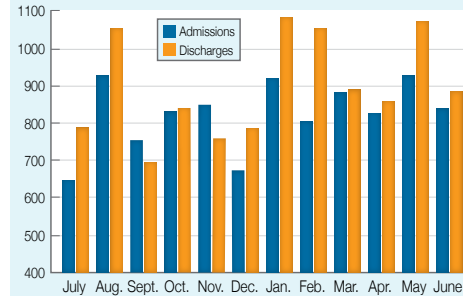
Statistical Information for TASC:

- **83%** of clients referred by the Department of Adult Correction scored in the Level 1 (extreme), Level 2 (high) and Level 3 (moderate) need levels at intake.
- Of clients referred by the Department of Adult Correction **15%** were supervised at Level 1 (extreme), **34%** were supervised at Level 2 (high) and **35%** were supervised at Level 3 (moderate) risk level.
- Of clients enrolled in TASC **55%** were supervised at care management Level 1, **28%** were supervised at care management Level 2 and **15%** were supervised at care management Level 3.

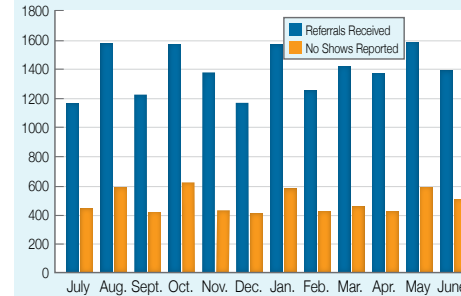
**TASC Regions I & II
Successful Completion Rate
2022-2023**



**TASC Regions I & II
Admissions & Discharges
2022-2023**



**TASC Regions I & II
Referrals & No Shows
2022-2023**



NC TASC Training Institute Training and Certification Totals 2022-23

Total TTI Continuing Ed
Hours Awarded 11,387

TASC Online Clinical/Relias Training Modules
4,645 Continuing Ed Hours

TASC Live Clinical Education
5,078 Continuing Ed Hours

Driving While Impaired Service Provider Training
1,664 Continuing Ed Hours

Alcohol and Drug Education Instructors
67 Certified

Drug Education School Instructors
28 Certified

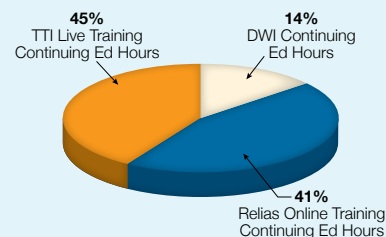
JUSTICE SERVICES NC TASC TRAINING INSTITUTE

Treatment Accountability for Safer Communities - TASC Training Institute

- The TASC Training Institute provides evidence-based training to TASC staff statewide, with regional classroom, and online learning to improve the delivery of services to the justice involved population across the state of North Carolina.
- The Institute provides TASC Initial and Ongoing Clinical Series Training plans through the TASC/Relias Online Course Library, TASC Continuing Clinical Education live events, NC Drug Education School (DES) Instructor training, DWI Services technical and continuing education training via regional and online learning, and other Institute sponsored events.
- The Institute provides speakers and support for training events and conferences such as:
 - Addiction Professionals of NC Fall and Spring Conferences,
 - NC Foundation for Drug and Alcohol Studies Summer and Winter Schools
 - Eastern AHEC's Annual Substance Abuse State of the Art Conference
 - NC Association for the Treatment of Opioid Dependence Annual Conference
 - NC Opioid Misuse and Overdose Prevention Summit
 - McLeod Addictive Disease Center's Professional Training Series

- The Institute's websites provide information, online training, training event information and registrations for the NC TASC Network, NC Drug Education Schools, the NC DWI treatment provider community, and online Ethics Education for NC Addictions Specialist Professional Practice Board registrants.
- The Institute administers the Instructor Certification programs for the NC Drug Education School and NC Alcohol and Drug Education Traffic School (ADETS) programs.
- The Institute provides administrative and technical support, training, and consultation for NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services DWI Programs Office, including DWI New Provider Orientation, E508 Certificate of Completion training and administration. The Institute's online DWI Training and Support Center provides a portal for information and training for the State's nearly 500 DWI treatment facilities. Institute staff members help improve education and treatment services to clients statewide through quality improvement consultation to DWI facilities.

NC TASC TRAINING INSTITUTE TRAINING TOTALS 2022-2023



TASC Training Institute Accomplishments During FY 21/22

- All live training events were provided virtually via webinar/meeting applications.
- TTI awarded **4,645** credit hours for the completion of TASC Clinical and Relias online courses in FY 22/23.
- Provided **5,078** credit hours through conference scholarships, and **15** live TASC continuing education events such as Pharmacology, Professional Ethics, Risk Assessment, Medication Assisted Treatment, Human Trafficking, Solution Focused Practice, and others.
- Provided DWI Online Training Modules, and **15** live DWI training events, to include "E 508" DWI Certificate of Completion Web Application, New Provider, and ADETS Instructor training via webinar for **444** participants and awarding **1,542** credit hours.
- TTI certified **67** NC Alcohol and Drug Education Traffic School Instructors.
- TTI certified **28** NC Drug Education School Instructors.
- All TTI sponsored training awarded **11,387** continuing education hours.

S. Ryan Estes, MBA, LCSW, LCAS, CCS
Chief Operations Officer
Outpatient Treatment & Justice Services

CRISIS INTERVENTION SERVICES

OPEN HOUSE YOUTH SHELTER AND RESIDENTIAL SERVICES

Open House Youth Shelter is committed to improving the safety and well-being

of displaced abused, neglected and vulnerable youth. Children and adolescents ages **6-18** who are in need of a safe place to stay can receive shelter in the 24-hour, 9-bed facility. This program does more than just meet youth's basic needs for food, clothing, and shelter. Personal growth is encouraged through counseling services, vocational/educational opportunities, life skill building, and recreational activities. All confidential services are provided at no cost to youth and their families.

Shelter referrals are accepted 24 hours a day, 7 days a week from local agencies such as Social Services, law enforcement, Juvenile Justice, school personnel, and other youth serving organizations and professionals. Self-referrals and those from parents/legal guardians are also accepted. Open House Youth Shelter is licensed biennially through the North Carolina Department of Health and Human Services for temporary emergency foster care placements as well as for long-term residential/foster care services. This specialized dual-licensure allows the shelter to adapt services to the unique needs of each youth. All of the free and confidential services offered through Open House Youth Shelter are made possible via the support of the City of Wilmington, New Hanover County, the North Carolina Department of Health and Human Services, the United States Department of Health and Human Services Administration for Children and Families- Family and Youth Services Bureau, the Cape Fear Memorial Foundation, the Eshelman Foundation, foster care and child/adolescent crisis respite reimbursements from the Department of Social Services, and charitable donations.

Program Operations FY 22-23:

Direct Services

- **42** youth were provided with **989** days of shelter.
- Staff facilitated a total of **468** youth/family interactions.
- Youth participated in **706** hours of cultural experiences and recreational activities.
- Youth received **73** hours of health and wellness activities.
- Youth were provided with **414** hours of vocational/educational experiences.
- **2,967** nutritious, family-style meals were served to youth staying at the shelter.

Community Outreach and Education

- Staff conducted **61** community education/outreach events, with **43** youth and **476** adults in attendance in New Hanover and Pender Counties.
- In total, staff distributed over **780** community outreach/education materials, including flyers, brochures and handouts.

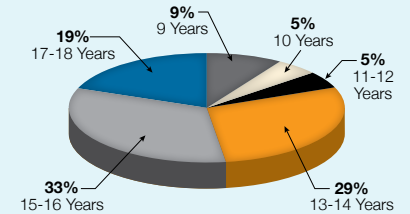
Program Affiliations FY 22-23:

- Community Child Protection Team (Pender County and New Hanover County)
- New Hanover County Child Abuse Prevention Coalition
- National Safe Place
- National Runaway Switchboard
- FEMA Emergency Food and Shelter Local Board
- Tri-County Homeless Interagency Council
- Community Crisis Response Team (New Hanover County)
- North Carolina Homeless Management Information System
- New Hanover County Resiliency Task Force
- Community Relations Advisory Committee
- New Hanover County Disaster Coalition – Child Welfare Committee

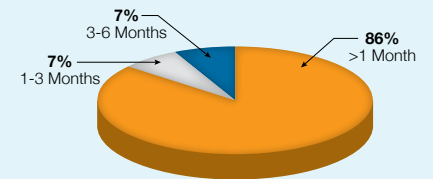
Program Achievements FY 22-23:

- **96%** of youth stated that they had a positive experience while staying at the shelter.
- **93%** of shelter stays resulted in reunification with family or legal guardian upon discharge when that was the plan and/or it was safe to do so.
- **98%** of youth made progress on or met their individual goals.
- **100%** of youth stated that they felt supported by one or more adults during their time at Open House.
- **72%** of long-term youth stated that they learned three or more life skills (such as cleaning, cooking, doing laundry) while staying at the shelter.
- **88%** of long-term youth reduced truancy (school skipping) behaviors.
- **0** youth were charged with a crime during their shelter stay.

Open House Youth Shelter
Client Age Breakdown
2022-2023



Open House Youth Shelter
Client Length of Stay
2022-2023





(continued from last page)

OPEN HOUSE TRANSITIONAL LIVING PROGRAM

Open House Transitional Living Program Annual Board Report 22-23

The Open House Transitional Living Program is the only youth-focused transitional living program in the Cape Fear Region, providing safe, stable housing and supportive services for youth and young adults, ages **16-21**, who cannot live safely with a parent, legal guardian, or relative, and who have no other safe, alternative living arrangement. Services provided are 24 hours a day, 7 days a week and include: crisis hotline, housing, individualized service planning, clinical counseling, community resource referrals, transportation, and life skills training. This program is designed to help at-risk youth who are homeless, or at risk of homelessness, transition to self-sufficient living. Staff provide intensive support and services to assist youth in becoming independent, functioning members of society. Youth must be engaged in educational advancement, job attainment skills, or work activities while in the program. The Caseworker helps participants further their education by assisting with identifying education goals, completing relevant applications and financial aid forms, identifying transportation solu-

tions, and accessing any specialized scholarship or grant opportunities that might apply. Youth also receive substantial support to obtain gainful employment. For those who are not full-time students, this is a primary focus. The Caseworker helps youth identify strengths and opportunities for professional development as well as provide weekly information on available employment opportunities. Monthly life skills classes are offered to further professional development, with topics such as: accessing job postings, resume writing, mock interviewing, professional attire, and workplace conflict resolution. The Caseworker also provides one-on-one resume building assistance to participants upon request. The primary goal is that, upon exiting the Transitional Living Program, participants will become productive, successful members of the community for the rest of their lives.

Open House currently offers accommodation for up to ten Transitional Living Program clients in New Hanover County. Referrals are accepted 24 hours a day, 7 days a week from local agencies such as Social Services, Coordinated Entry, Trillium, Physicians Alliance, school personnel, and other youth serving organizations and professionals. Self-referrals are also accepted. All free and confidential services offered through the Transitional Living Program are made possible via the support of the United States Department of Health and Human Services Administration of Children and Families-Family and Youth Services Bureau, New Hanover County, and charitable donations.

**“Advocating for us and
helping with anything
that we need.”**

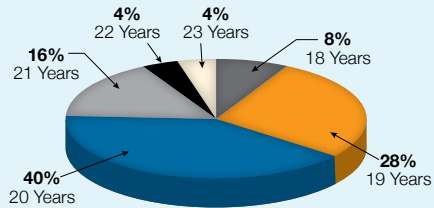
– Open House Client

“The staff here make you forget all your problems by making you laugh/smile.”

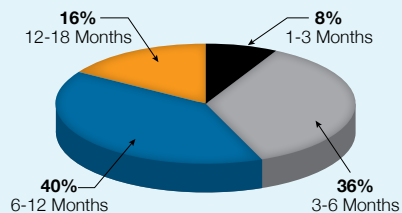
– Open House Client



Open House Transitional Living Program
Participant Age Breakdown
2022-2023



Open House Transitional Living Program
Length of Stay
2022-2023



Program Operations FY 22-23:

Direct Services

- 25 unduplicated youth/young adults were provided with 4,218 days of housing.
- Participants received over 300 hours of case planning services.
- Participants received over 40 hours of life skills instruction.
- Case Managers provided participants with over 50 weekly digital newsletters containing information on current job opportunities, local academic offerings, program updates and life skills.

Community Outreach and Education

- Staff conducted 61 community education/outreach events, with 43 youth and 476 adults in attendance in New Hanover and Pender Counties.
- In total, staff distributed over 780 community outreach/education materials, including flyers, brochures and handouts.

Program Affiliations FY 22-23:

- Tri-County Homeless Interagency Council
- Continuum of Care Coordinated Entry/ Homeless Management Information System
- National Runaway Switchboard
- New Hanover County Community Child Protection Team
- New Hanover County Resiliency Task Force
- Youth Villages
- Lifeline

Program Achievements FY 22-23:

Upon completing the Transitional Living Program:

- 92% of participants exited to a safe and stable destination.
- 92% of participants had improved composite health scores.
- 100% of participants indicated there was at least one adult in their life, other than program staff, to whom they could go to for advice or emotional support.
- 92% of participants were attending school or had graduated from high school/obtained a GED.
- 92% participants were employed or looking for work.



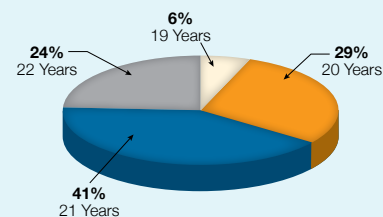
CRISIS INTERVENTION SERVICES

OPEN HOUSE MATERNITY HOUSING PROGRAM

The Open House Maternity Housing Program (MHP) is the only youth-focused Maternity Housing program in the Cape Fear Region, providing safe, stable housing and supportive services for homeless pregnant and/or parenting young people between the ages of **16** and **22** as well as their dependent children. Services provided are provided for up to **21** months or until a young person turns **18** if they entered the program at age **16**. Services are accessible 24 hours a day, 7 days a week and include: crisis hotline, housing, individualized service planning, clinical counseling, community resource referrals, transportation, and life skills training. The MHP supports community based, adult supervised, transitional living arrangements for clients as well as skill building in the areas of parenting, child development, family budgeting, and health and nutrition. The Family and Youth Services Bureau requires the incorporation of elements of Positive Youth Development and Trauma Informed Care which suggest the best prevention of risk and trauma is helping young people achieve

their fullest potential through strategies focused on leadership, counseling, skill-building, and community involvement. Staff provide intensive support and services to assist youth in becoming independent, functioning members of society. In addition, youth and young adults in this program are engaged in money management and budgeting, consumer education, and credit health education as well as educational advancement, job attainment skills, interpersonal skill building, and receive referrals to social and health care services while in the program. The Caseworker assists participants in reaching their fullest potential by assisting with identifying education goals, completing relevant applications and financial aid forms, identifying transportation solutions, and accessing any specialized assistance opportunities that might apply. The Caseworker helps youth identify strengths and opportunities for professional development as well as provide weekly information on available employment opportunities. Continuous life skills classes are offered to further professional development, with topics

Open House Maternity Group Home
Participant Age
2022-2023



such as: accessing job postings, resume writing, mock interviewing, professional attire, and workplace conflict resolution. The primary goal is that, upon exiting the Maternity Housing Program, participants will be able to ensure the well-being of their children, gain economic independence, and become productive and successful members of our community.

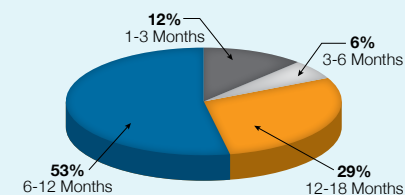
Open House currently offers accommodation for up to ten Maternity Housing Program clients in New Hanover County. Referrals are accepted 24 hours a day, 7 days a week from local agencies such as Social Services, Coordinated Entry, Trillium, Physicians Alliance, school personnel, and other youth serving organizations and professionals. Self-referrals are also accepted. All free and confidential services offered through the Maternity Housing Program are made possible via the support of the United States Department of Health and Human Services Administration of Children and Families-Family and Youth Services Bureau, and charitable donations.

Program Operations FY 22-23:

Direct Services

- **17** unduplicated youth/young adults were provided with **3,659** days of housing.
- Participants received over **300** hours of case planning services.
- Participants received **28** hours of ongoing life skills instruction.
- Case Managers provided participants with over **50** weekly digital newsletters containing information on current job opportunities, local academic offerings, program updates and life skills.

Open House Maternity Group Home
Length of Stay
2022-2023



Community Outreach and Education

- Staff conducted **61** community education/outreach events, with **43** youth and **476** adults in attendance in New Hanover and Pender Counties
- In total, staff distributed over **780** community outreach/education materials, including flyers, brochures and handouts

Program Affiliations FY 22-23

- Tri-County Homeless Interagency Council
- Continuum of Care Coordinated Entry/ Homeless Management Information System
- New Hanover County Community Child Protection Team
- New Hanover County Resiliency Task Force
- Lifeline Pregnancy Center
- Youth Villages
- Smart Start

Program Achievements FY 22-23

Upon completing the Maternity Group Home Program:

- **92%** of participants exited to a safe and stable destination.
- **100%** of participants indicated there was at least one adult in their life, other than program staff, to whom they could go to for advice or emotional support.
- **96%** of participants were attending school or had graduated from high school/obtained a GED.
- **100%** participants were employed or looking for work.

CRISIS INTERVENTION SERVICES RAPE CRISIS CENTER

The Rape Crisis Center of Coastal Horizons Center is the only stand-alone rape crisis center in Southeastern North Carolina.

Serving New Hanover, Brunswick, Pender and Duplin Counties, the Rape Crisis Center provides free and confidential services to victims of sexual violence in our community. Staff, interns, and volunteers provide 24-hour crisis response to victims via the hotline and in person at hospital emergency rooms. Staff also provide criminal justice advocacy for sexual assault victims, offering support through law enforcement interviews, meetings with the district attorney's office, and throughout the duration of any criminal or civil court proceeding. Additionally, the Rape Crisis Center provides free individual therapy and weekly support groups for sexual violence survivors who would not otherwise have access to these services due to barriers such as being uninsured or having a high co-pay. All therapy services are facilitated by licensed clinicians utilizing evidence-based treatments such as Eye Movement Desensitization and Reprocessing and Cognitive Behavioral Therapy.

In Fiscal Year 22-23 the Rape Crisis Center provided services to a total of **355** individuals. All these free and confidential services were made possible via the support of the North Carolina Governor's Crime Commission, the North Carolina Council for Women, the North Carolina Department of Health and Human Services, the City of Wilmington, New Hanover County, the United Way of the Cape Fear Area, the NC Community Foundation-Louise Burevitch Endowment, New Hanover County Schools, NC Human Trafficking Commission and generous financial and in-kind contributions from donors and volunteers. For example, **16** volunteers a month provided a total of **5,617** hours of volunteer coverage in FY

22-23. The Rape Crisis Center would not be able to help the number of sexual assault victims who seek services each year without the unwavering support of our funders, donors, and volunteers.

Program Operations FY 22-23:

New Hanover County Direct Services

- **243** victims of sexual violence sought services through the Rape Crisis Center.
- **54** family members, friends and spouses/intimate partners of sexual assault victims also received services.
- Staff provided sexual assault victims with **705** instances of advocacy services, including **69** crisis hospital responses.
- Sexual assault victims received **128** hours of individual therapy conducted by licensed clinicians.

Brunswick County Direct Services

- **78** victims of sexual violence sought services through the Rape Crisis Center.
- **19** family members, friends and spouses/intimate partners of sexual assault victims also received services.
- Staff provided sexual assault victims with **231** instances of advocacy services, including **13** crisis hospital responses.
- Sexual assault victims received **107** hours of individual therapy conducted by licensed clinicians.

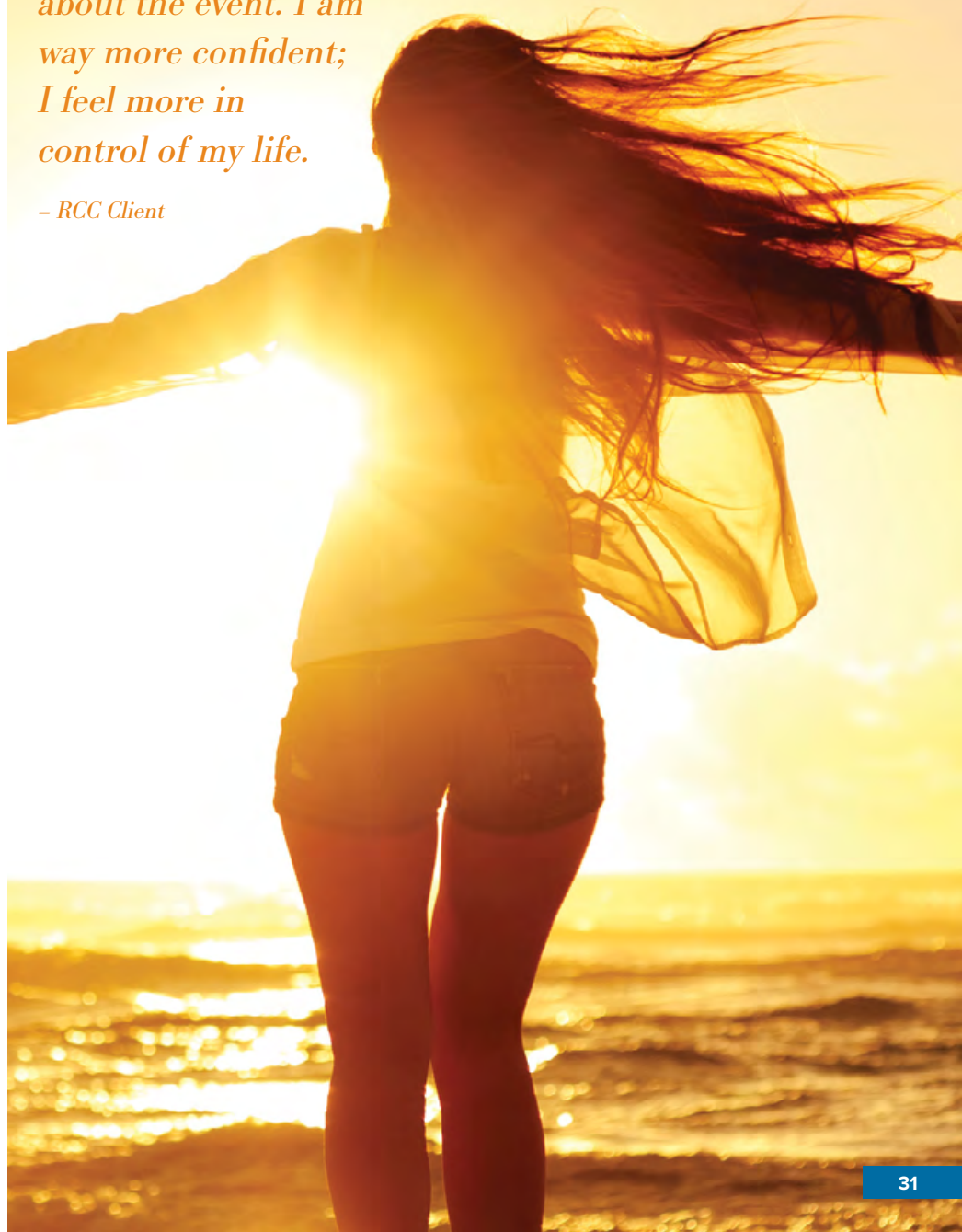
Pender County Direct Services

- **21** victims of sexual violence sought services through the Rape Crisis Center.
- **3** family members, friends and spouses/intimate partners of sexual assault victims also received services.
- Staff provided sexual assault victims with **42** instances of advocacy services, including **7** crisis hospital responses.

What areas have you noticed the most growth in yourself?

I am happier because I am not always thinking about the event. I am way more confident; I feel more in control of my life.

– RCC Client



(continued from last page)

RAPE CRISIS CENTER

- Sexual assault victims received **3** hours of individual therapy conducted by licensed clinicians.

Duplin County Direct Services

- **13** victims of sexual violence sought services through the Rape Crisis Center.
- **3** family members, friends and spouses/intimate partners of sexual assault victims also received services.
- Staff provided sexual assault victims with **13** instances of advocacy services, including **2** crisis hospital responses.
- Sexual assault victim received **1** hour of individual therapy conducted by a licensed clinician.

Community Outreach, Education & Prevention

- Staff facilitated **125** community outreach events and social media campaigns reaching over **2,214,092** potential victims of sexual assault in New Hanover, Brunswick, Pender and Duplin Counties.
- The RCC staff provided **14** professional trainings, reaching **252** community professionals and facilitated **14** educational presentations, reaching **137** community members.
- **1,824** middle school students in New Hanover County completed the multiple session, evi-

What do you think has been the most helpful?

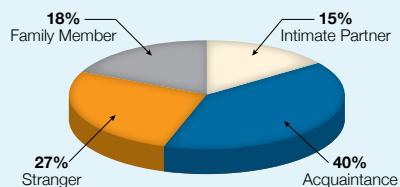
"I like how we broke down the event into different parts and assessed it that way. That way the memory wasn't one big thing all at once."

– RCC Clients

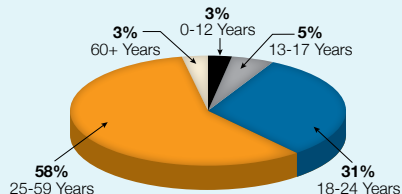
dence-based sexual violence prevention program Shifting Boundaries.

- The Rape Crisis Center reached **1,053** high school students through implementation of Bringing in the Bystander, a sexual violence prevention program aimed at increasing, among potential bystanders and third-person witnesses, prosocial attitudes and behaviors toward and awareness of risky behaviors and pre-cursors to sexual victimization.

**Rape Crisis Center
Relationship of Victim to Offender
2022-2023**



**Rape Crisis Center
Client Age Breakdown
2022-2023**



Program Affiliations FY 22-23:

- North Carolina Coalition Against Sexual Assault
- North Carolina Victim's Assistance Network
- Sexual Assault Response Teams: New Hanover, Pender, Brunswick, Duplin Counties
- UNCW Relationship Violence & Sexual Assault Response Team
- Community Child Protective Teams- New Hanover, Brunswick, Pender Counties
- Multi-Disciplinary Team (Carousel Center)
- Sexual Violence Prevention Task Force
- Domestic Violence Action Coalition
- Adolescent Parenting Program Community Advisory Committee
- Latino Alliance
- New Hanover County Resiliency Task Force
- New Hanover County Schools Title IX Committee
- Human Trafficking Rapid Response Team

Program Achievements FY 22-23:

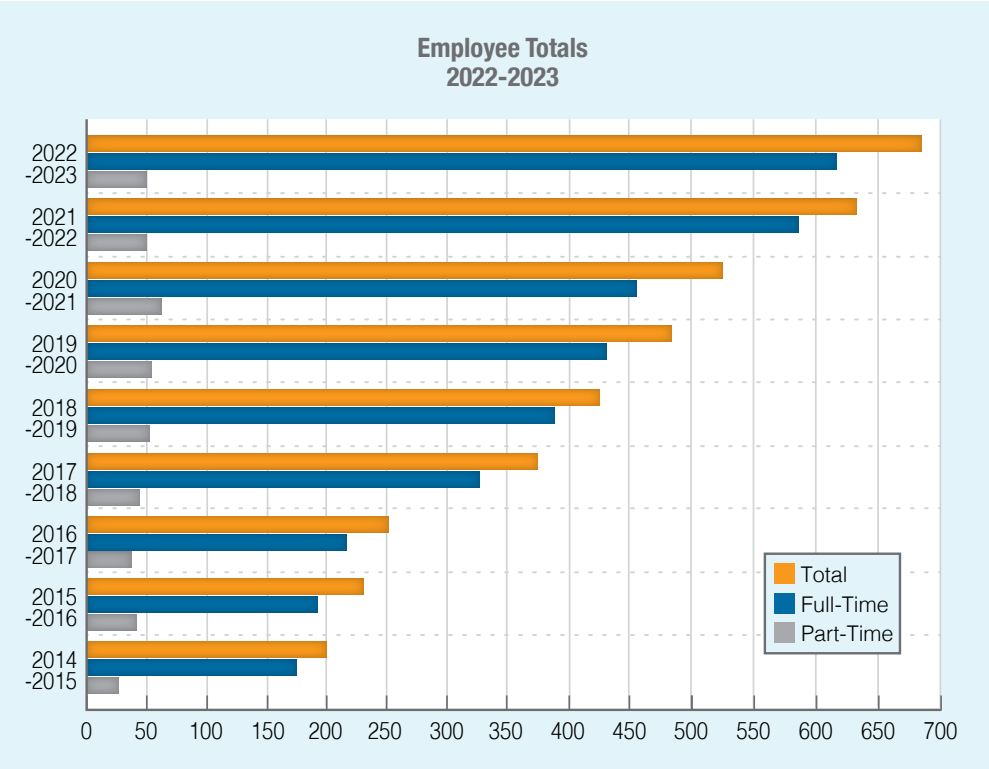
- **100%** of surveyed sexual assault victims stated that they were satisfied with the services they received.
- **94%** of sexual assault victims who presented at the hospital filed a law enforcement report and/or participated in the evidence collection process.
- **226** individual therapy sessions were provided across Brunswick, Duplin, New Hanover, and Pender Counties.
- Our trained advocates provided approximately **252** hours of case management services to clients.

Brianne Winterton, MSW, LCSW
Crisis Intervention Services Director

HUMAN RESOURCES

Coastal Horizons Center continues our amazing growth in terms of the expanding quality of services and programs we provide to our communities by each of our highly talented employees and volunteers. This past year has been challenging in so many ways for our organization, and for those we serve, and our staff members have all been incredibly adaptive in their support of our mission in providing choices for healthier lives and safer communities. These important services our Coastal Horizons Center staff members provide make a significant impact on the physical, emotional, and social development of children, adults, and families in our communities.

The Human Resources Department with Coastal Horizons supports multiple department leaders, programs and staff members to successfully recruit, hire, orient and develop our new and existing employee members, in both full and part time employment capacities. Every person who becomes part of Coastal Horizons makes important contributions to our organization. Human Resources will continue to proactively work within the organization of ensuring our employees have the ongoing support they need, to deliver these important services.



Below is our employee growth over the past 10 years:

Human Resources will continue to report on our significant accomplishments and our ongoing commitment to supporting Coastal Horizons Center's long-term strategic plan. The staff members within Human Resources will continue to be actively involved in our employee benefits and facilities management development, as well as in establishing and developing our community partnerships. As we continue to look forward, Human Resources will continue to work closely with the leadership of Coastal Horizons and our Board of Trustees to move forward in our strategic direction, as well as improving our performance management and development systems, talent acquisition/succession planning, and improving and updating key human resources' policies.

Coastal Horizons and Human Resources have continued our support of the importance of being able to offer our staff members the most robust health care benefit plan available, at affordable rates for our employees. Coastal Horizons and Human Resources have been successful managing these areas, maintaining plan quality and cost containment, and with our continued commitment in this area in the coming years.

These are just some of the highlights of the year that occurred in addition to performing our regular day-to-day operational requirements that are vital to all of our employees! I encourage you to read this full report to review some of our highlighted activities for the year and learn more about our upcoming plans.

We know a lot of work has yet to be accomplished and we are committed to achieving success. Chelsea, Natasha and I, along with the support of our program administrators, are committed to Coastal Horizons and look forward to working with our employees in providing quality service in the upcoming year. I personally would like to thank our Program Directors, Supervisors, Coordinators, and administrators within Coastal Horizons for all their day-to-day support. It is because of their dedication, commitment, and support to all of our employees and clients, which in turn, engages those of us in Human Resources every day, in providing you with our best support to them, and to Coastal Horizons.

Bob Jalbert
Human Resources Director



The Quality Improvement Training Department continued evaluating and managing organizational risk with efforts focusing on safety, fiscal and regulatory compliance audits, workforce education and preparedness, and employee credentialing.

The Quality Improvement Training Department provided leadership, support, and assistance with

the preparation for numerous external audits and reviews encompassing: North Carolina Division of Health Service Regulation Brunswick Opioid Treatment Program review, the Pender and Brunswick DWI (Driving While Impaired) program reviews, a Centers for Medicaid and Medicare Services PERM (Payment Error Rate Measurement) audit, a Drug Enforcement Administration (DEA) on-site review of the Brunswick Opioid

QUALITY IMPROVEMENT AND CORPORATE COMPLIANCE

Treatment Program following one year of operation, and an Eastpointe Post-Payment Review.

The Quality Improvement Training Department, in partnership with Health Information Management and Compliance, also conducted an on-going program of internal audits where paper charts and electronic medical records were reviewed. The intention of these audits is to determine quality and compliance of Coastal Horizons Center's multitude of programs and ensure that senior management is kept informed about achievements and needs for improvement. Internal program audits included:

- Electronic desk audits of Substance Abuse Intensive Outpatient Program (SAIOP) and Opioid Treatment Program (OTP) Services,
- NC-TOPPS (NC Treatment Outcomes and Program Performance System) compliance for Enhanced Services,
- Electronic desk audits in preparation for Block Grant Reviews.

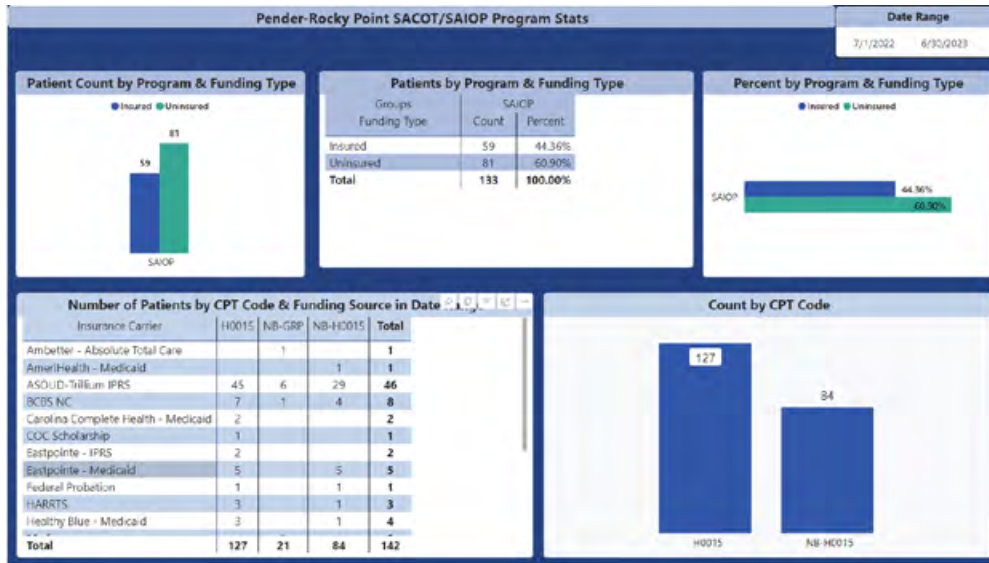
Quality Improvement has been involved in several special projects this year. One is the continued expansion of our use of the RELIAS workforce training system. We have increased the number of and refined the focus of the training groups, e.g., onboarding, on-going, and training specific to individualized services. Another project is the expansion of data analytics through the continued development of Power BI reports by the Data Sciences department. This has allowed departments across Coastal Horizons Center to better understand the impact of their services through real time data analysis. (See the included graphs) Quality Improvement has also participated in the implementation of the company wide notification

system. This will also include developing and making available training for staff to ensure they are confident in their ability to access the system.

Quality Improvement has overseen the successful completion of **3** CARF accreditations for Coastal Horizons Center programs. The first was the accreditations for the New Hanover OTP. The second was the accreditation for the company wide behavioral health services, e.g., SAIOP, SACOT (Substance Abuse Comprehensive Outpatient Treatment), IIH (Intensive In-Home) services, Day Treatment, Outpatient Treatment, Child First, and Family Centered Therapy. The third accreditation was the Pender OTP located in Rocky Point. The New Hanover OTP and Behavioral Health each received a **3** year accreditation. This last accreditation has concluded a period of two and a half years where we have prepared for and executed a total of **5** CARF accreditations. Four of those have received the maximum accreditation of **3** years. Based on the exit interview we anticipate the Pender OTP will also be awarded the maximum accreditation of three (3) years

Quality Improvement has provided the following direct trainings: First Aid/CPR, Bloodborne Pathogens, Crisis Prevention Intervention, and Person-Centered Thinking. Provision of these trainings continues to save Coastal Horizons Center significant funds and allows for training to be more easily coordinated with Program Directors. The RELIAS platform continues to be integrated and the training department has developed a comprehensive on-boarding suite for new employees as well as an on-going set of trainings for current staff. This technology allows Coastal Horizons to ensure our staff receive training in a

Program Statistics 2022-2023



timely manner and that we remain in compliance with the myriad of requirements under which we operate.

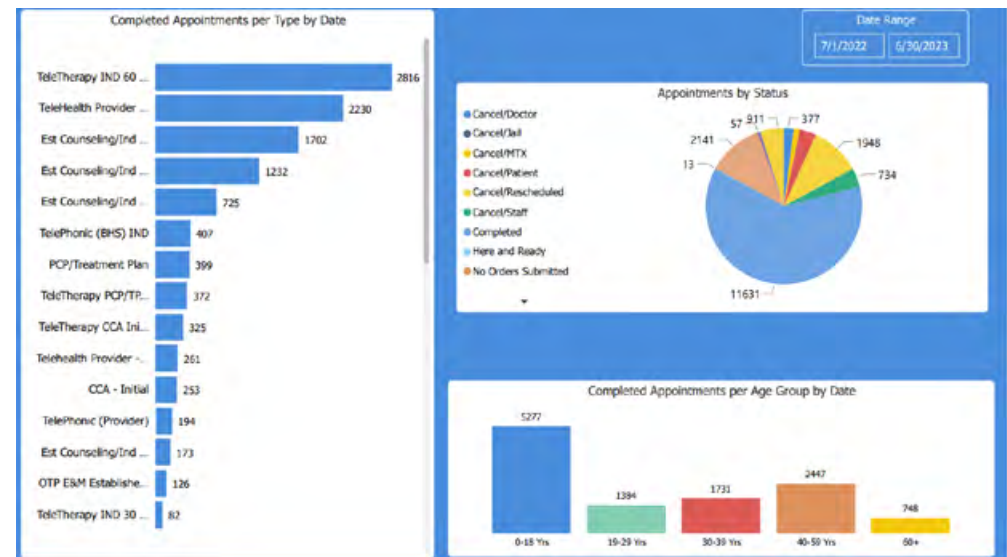
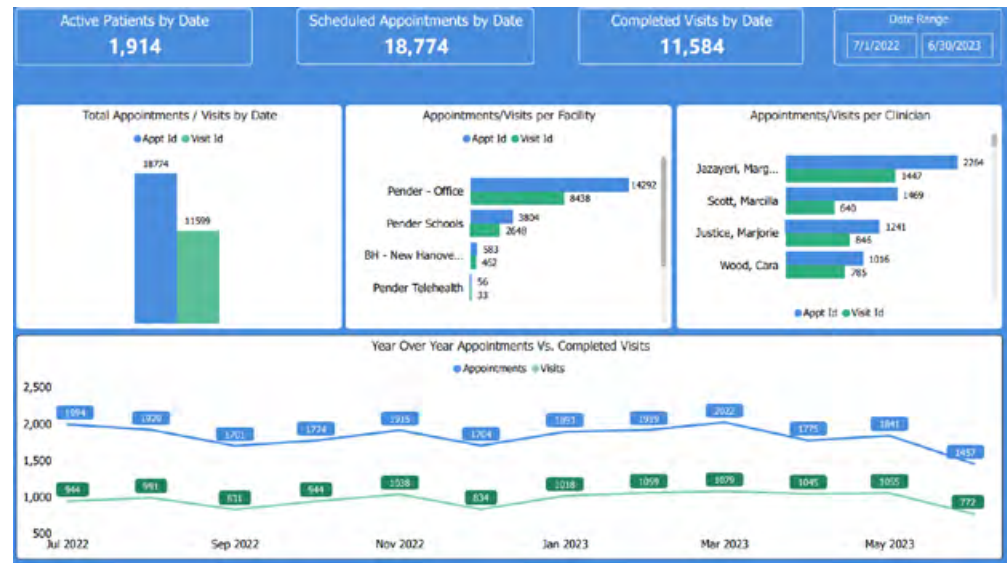
Credentialing continues to provide services to current and new employees to ensure that Coastal Horizons Center can submit claims for the services provided. Over the course of the past year Credentialing has been refining its use of data analytics to decrease the time interval between when a staff person is onboarded and fully credentialed. They have modified their workflow

so that paperwork flows with less interruptions. Credentialing has also sought to improve communications with supervisors to keep them more in the loop about credentialing status and time frames.

Eric Luttmann
Eric Luttmann
Vice President,
Medical Services &
Corporate Compliance

T. Lindsay Joines
T. Lindsay Joines
Quality Improvement
Training Director

Athena Health Appointments 2022-2023



FINANCIAL AUDIT REPORT YEAR END JUNE 2023

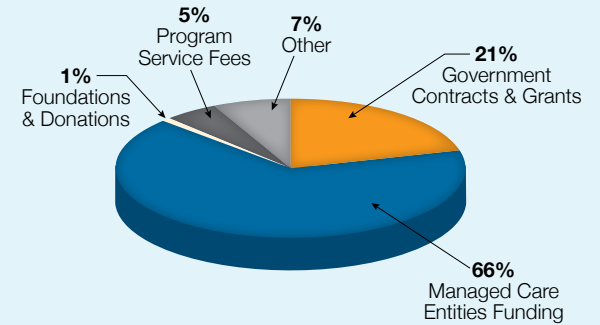
Coastal Horizons Center, Inc. Statements of Financial Position June 30, 2022 and 2021

	2022	2021
ASSETS		
Current assets:		
Cash and cash equivalents	\$ 4,354,548	\$ 6,778,554
Patient accounts receivables	888,329	1,295,473
Grant receivables	3,040,743	1,798,275
Prepaid expenses	274,080	296,500
Other	91,984	51,323
Total current assets	8,649,684	10,220,125
Property and equipment, net	10,220,811	7,551,897
Total assets	\$ 18,870,495	\$ 17,772,022
LIABILITIES AND NET ASSETS		
Current liabilities:		
Accounts payable and accrued expenses	\$ 966,867	\$ 238,040
Accrued vacation	1,109,007	1,094,439
Refundable advances	878,930	1,244,296
Current maturities of capital leases	23,889	96,789
Current maturities of long-term debt	695,124	318,673
Total current liabilities	3,673,817	2,992,237
Long-term portion of capital leases, less current maturities	57,758	69,318
Long-term debt, less current maturities	2,943,469	1,534,965
Total liabilities	6,675,044	4,596,520
Net assets:		
Without donor restrictions	12,058,113	13,030,353
With donor restrictions	137,338	145,149
Total net assets	12,195,451	13,175,502
Total liabilities and net assets	\$ 18,870,495	\$ 17,772,022

Bill Van Lew

Bill Van Lew
Chief Financial Officer

Sources of Revenue 2022-2023



Coastal Horizons Center, Inc. Statements of Cash Flows Years Ended June 30, 2022 and 2021

	2022	2021
Cash flows from operating activities:		
Change in net assets	\$ (980,051)	\$ 3,133,143
Adjustments to reconcile change in net assets to net cash provided by operating activities:		
Depreciation	538,162	387,270
Gain on sale of equipment	-	(63,600)
Grants and contributions restricted	(267,966)	(341,352)
Change in assets and liabilities:		
Patient accounts receivables	407,144	86,776
Grant receivables	(1,242,468)	(31,952)
Prepaid expenses	22,420	(96,024)
Other	(40,661)	(10,330)
Accounts payable and accrued expenses	728,827	(184,596)
Accrued vacation	14,568	116,011
Refundable advances	(365,366)	99,017
Net cash provided (used) by operating activities	(1,185,391)	3,094,363
Cash flows from investing activities:		
Purchase of property and equipment	(3,207,076)	(324,588)
Proceeds from disposal	-	-
Net cash used in investing activities	(3,207,076)	(260,478)
Cash flow from financing activities:		
Proceeds from long-term debt	2,125,000	-
Payments on capital leases	(84,460)	(174,667)
Payments on long-term debt	(340,045)	(288,422)
Proceeds from grants and contributions restricted	267,966	341,352
Net cash provided by (used) in financing activities	1,968,461	(121,737)
Net increase (decrease) in cash	(2,424,006)	2,712,148
Cash and cash equivalents, beginning of period	6,778,554	4,066,406
Cash and cash equivalents, end of period	\$ 4,354,548	\$ 6,778,554
Supplemental disclosure of cash flow information:		
Cash paid for interest	\$ 113,800	\$ 84,264
Noncash investing and financing activities:		
Vehicles obtained via capital leases	\$ -	\$ 54,112

DEVELOPMENT

At Coastal Horizons, the lifeline of our service delivery is unequivocally our donors. Their generosity is not just a contribution; it's a commitment to the wellbeing of the individuals and families who turn to us in their moments of need. Each donation is a building block in the foundation of support services we offer and it is through this philanthropy that we can extend our reach to those who might otherwise remain in the shadows. Our donors are partners in a mission that transcends monetary assistance; they are vital allies in fostering resilience, initiating recovery, and championing change within our community. As we reflect on the successes of the past year and look to the future, we are profoundly aware that the strength of Coastal Horizons is amplified by the strength of the community that supports us.

Over the past fiscal year, Coastal Horizons hosted a series of successful fundraising events, starting with the heartfelt Annual Luncheon. Keynote Josh Shipp's poignant narrative spurred an outpouring of support for our Crisis Intervention Services, reflecting the resilience of youth at our Open House Youth Shelter. Our art auction in November shined a spotlight on creativity for a

cause, benefiting the children of incarcerated parents supported by Our Children's Place. March's Power of the Purse event at the Country Club of Landfall, driven by the dedication of our 'POP Queens,' raised critical funds for Wilmington Health Access for Teens. The fiscal year capped off with our thrilling Duck Derby in May, where 20,000 ducks raced to raise smiles and funds, culminating in one lucky winner's Hawaiian dream and continued success for our Crisis Intervention Services.

The unwavering support of our donors has been indispensable. They have enabled Coastal Horizons to remain a pillar of support for individuals and families in turmoil. As you peruse the following pages listing our donors, know that their contributions have been integral to providing comfort, healing, and growth. We extend our heartfelt gratitude to you all for your loyal support.

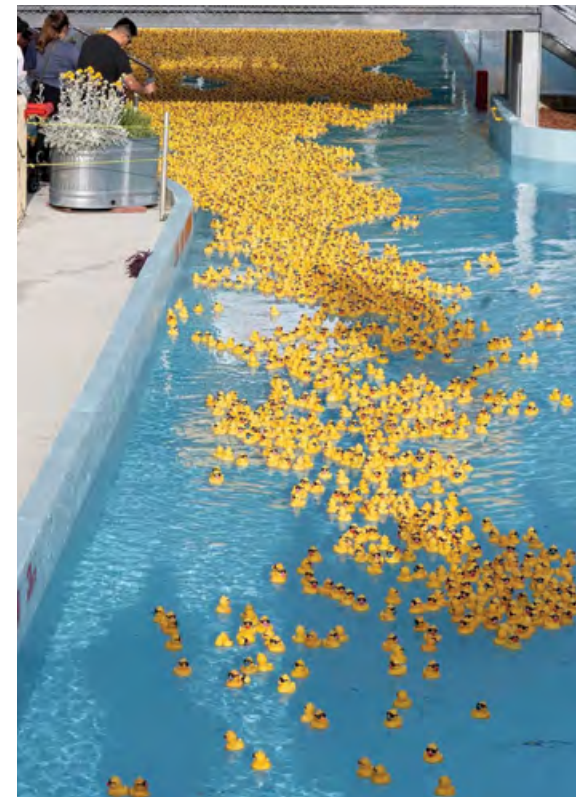
Elizabeth S. Redenbaugh

Elizabeth Redenbaugh
Development Director



(continued from last page)
DEVELOPMENT







COASTAL HORIZONS CENTER CONTRIBUTORS

Funders/Grantors

American Rescue Plan Act
Bladen County
Brunswick County
Cape Fear Council of Governments
Cape Fear Community College
Cape Fear Health Net
Cape Fear Memorial Foundation
Centers for Disease Control and Prevention
Child First
Christopher & Dana Reeve Foundation
City of Wilmington
Community Care of the Lower Cape Fear
Community Impact NC
Eshelman Foundation
Federal Emergency Management Agency
Governors Crime Commission
Health and Human Services Administration
for Children and Families
Johnston County ABC
The Leon Levine Foundation
National TASC
NC Council for Women
NC Department of Public Safety
NCDHHS
The North Carolina Partnership for Children
New Hanover County
New Hanover County ABC
New Hanover County Board of Education
New Hanover Community Endowment
North Carolina Community Foundation
North Carolina Human Trafficking Commission
Onslow County
Pender County ABC
Pender Alliance for Teen Health
Pender County
Shallotte ABC
Substance Abuse and Mental Health Services
Administration (SAMHSA)
Trillium Health Resources
United Way of the Cape Fear
UNC-Greensboro
U.S. Department of Homeland Security
U.S. Department of Housing and
Urban Development
U.S. Department of Justice
Wake Forest University

Donors

Osmundo Abadia
Suzanne Abbott
Kate Abrams
Accounts Pro Inc.
Nora Adams
Steven Adams
Vickie Adcox
Caitlyn Agee
Susan Agnoff
Johanna Agosto
Miriam Agosto
Patricia Ahern
Kira Alatar
Denise Albea
Michael Alberico
Jana Albritton
Stephanie Alcazar
Phyllis Alderman
Candy Alderson
Janice Aldret
Holly Aldridge
Elaine Alexander
Laura Alexander
Kontas Ali
Ria Ali
Robert Allan
Sharon Allan
Anne Allen
Ashley Allen
Cheryl Allen
Crystal Allen
Debra Allen
Jonathan Allen
Laura Allen
Neesha Allen
Robert Allen
Lois Bates Allore
Jeremy Alper
Noa Alper
Diane Alston
John Altman
Suzy Altman
Suzanne Altobello
Jackie Amato
Kelly Amato
Andrea Amlin
Kent Anderson
Patricia Anderson
Joelle Ando
Brandy Andrews
Elizabeth Angelo
Anonymous
John Antoniak
Maggi Apel
Matthew Apke
Steve Applegate
Nancy Applewhite
Danielle Applin
Claudia Archer
Jessica Arthur
Emily Ashe
Lynnette Askew
Annukka Atkins

Lauren Atkins
Jen August
Cynthia Avery
Eden Avery
Magen Avery
AVS Coastal
Amanda Axelson
Amanda Ayres
Karen Babson
Ray Baca
Michelle Bacon
Elizabeth Bagwell
Joseph A Baia
Megan Baicy
Jennifer Bailey
Kristen Baines
Amanda Baker
Beth Baker
Jessica Baker
Kim Baker
LeAnn Baker
Mike Baker
Sean Baker
Stephen Baker
Melenni Balbach
Dr. Angela Ballentine
Sara Ballhaussen
Cynthia Banfield-Weir
Stanley Banks
Gina Baran
Cassandra Barba
Mary Barbee
Craig Barber
Barber & Webster, PLLC
Donna Barci
Ashley Bardsley
Bonnie Barefoot
Jonathan Barfield
Jennie Barhydt
Julianna Barkas
Mandy Barker
Joe Barlok
Michelle Barlow
Megan Barnes
Denise Barnett
Mary Duke Barnwell
Morgan Barrett
Elise Barrett
Linda Barron
Michelle Barrow
Brian Bartlett
Ailise Bartolotta
Nikki Basch
Kolby Bass
Theresa Bassett
David Batchelder
Tracy Batchelor
Aileen Batchelor
Arlene Bates
Ann Batson
Owen Batten
Katherine Batuyios
Andrew Baughman

Jean Beadle
Lexi Beall
Jonathan Bean
Latoya Beatty
Travis Beatty
Nelson Beaulieu
Bradford Beauregard
Suann Bechtel
Kristen Beckmeyer
Rachel Bedics
Tony Beeson
Shelby Behnke
Pam Beitt
Aaron Belcher
Casey Bell
Joanne Bell
Lauren Bell
Serena Bell
Dontarius Bellamy
Norfrette Bellamy
Angie Benincasa
Kelli Benton
Suzanna Berg
Andrea Bermas
Stacy Bernhardt
Jill Bernstein
Annalee Berry
Kelli Best
Mary Beth Koehler
Ellis Bevel
Tom Beveridge
Jess Bichler
Patricia Biggs
Heather Billings
Jennifer Bilodeau
Tasheka King Bines
Waleska Binko
Ed Bird
Richard Birkenhauer
Marcia Bittner
Sandra Blackman
Kendra Blackmon
Jim Blair
Makyah Blair
Shawn Blair
Jesica Blake
Cindy Blanchard
Penni Bland
Linnea Blانش
Disiree Blankenship
Abby Blanton
Kristin Blanton
Amber Blevins
Jessica Blevins
Susan Blevins
CJ Blohm
Jane Blount
Malinda Blowe
Chris Blue
Natasha Blue
Rebecca Blue
Blue Cross Blue Shield
of North Carolina

Janet Blunt
Alora Boerner
Erin Boger
Dagenais & Treyden
Boggs
Courtney Boland
Susan Bolen
Evan Bollini
Melanie Bonds
Linda Bonduc
Sonia Boney
Sheila Bonhotel
Emily Bonney
Lloyd Bonzo
Kayla Mae Boomer
Amanda Boomershine
Jewel Bordeaux
Sue Boros
Christy Borst
Sabey Boswell
Cathy Bouchard
Jennifer Boucher
Mary Boudreau
Brandon Bowden
Donna Bowden
Tara Bowen
Daniel Bowes
Deb and Aaron
Boxill-Kirschenshed
Farah Boyce Foy
Devann Boyd
Susan Boyd
Michelle Bozeman
Paula Bracey
Chris Bradley
Kim Bradley
Matthew Bradley
Zackery Bradley
Madeline Brady
Whitney Brady
Anthony Bragg
Dr. Heather Braithwaite
Nancy Braithwaite
Dionea Brandon
Alexandra Braswell
Kiersten Brewer
Harvey Bridges
David Bridges
Susanne Bridges
Zach Bridges
Brandy Brinson
Sherry Britt
Colleen Britton
Kallee Britton
Chris Brock
Erikson Brock
Kristen Brooke Chalk
Nikki Brooks
Jeff Brookshire
Jennifer Brookshire
Lindsay Brookshire
Tristan Brookshire
AJ Brown

Ana Brown	Laura C Webb	Damon Cherico	Heather Cook	Randall Dallos	Alex deSherbinin	Kaleb Edley	Danny Feit
Becky Brown	Chastity Caldwell	Damon Cherico	Paula Cook	Jaime Damosh	Sarah DeSilva	Calvin Edmond	Jessica Feit
Bruce Brown	Lauren Caldwell	Henry Cherry	Samuel Cooper	Marlene Dancy	Kristen DeVall	Cindy Edwards	Erin Felker
Charles Brown	Michael Caldwell	Kenneth Chestnut, Sr.	Paula Corbett	Colby Danforth	Boyd Devann	Dayma Edwards	Jennifer Feola
Frances Brown	Allison Calhoun	Jack Chevalier	Ingrid Corbi	Sonya Daniel	Jennifer Devers	Leigh Edwards	Bethaney Ferguson
Gloria Brown	Patricia Calhoun	Jennifer Chisholm	Kathryn Corey	Helen Daniels	Shannon DeVita	Reginald Edwards	Shawn Fern
Jamil Brown	Joanne Campbell	Linda Chisholm	Sonya Daniels	Sonya Daniels	Mary DeYoung	Alan and Jeannine Efting	Joyce Fernando
Julie Brown	Karen Campbell	Hannah Chitwood	Wilma Daniels	Tamra Darazsdi	Grace Dezio	Douglas Efting	Shane Fernando
Kathleen Brown	Ray and Nancy Campbell	Gray Chloe	Nicole Corwin	Courtney Dargan	Jenna Dick	January Elliott	Deborah Ferrara
Katina Brown	Tammy Campbell	Dana Chocie	Elly Cosgrove	Shannon Dick	Shannon Dick	Jarett Elliott	Milly Ferrell
Kendo Brown	Sandra Canady	Joseph Choi	Tammy Coston	Bret Dickerson	Blake Dickson	Jeremie Elliott	Lauren Ferrett
LaTonya Brown	Kimberly Cannon	Denise Christian	Savannah Coszalter	Mike Dietl	Mike Dietl	Kelsey Elliott	Edward Fetter
Mary Brown	Nancy Cannon	Megan Christian	Sara Cotten	Colleen Daugherty	Lauren DiGiovanni	Tim Elliott	Meredith Fetter
Michelle Brown	Brittany Cano	Valerie Christiansen	Chrissi Cottingham	Phillip Davids	Sarah Digon	Brandon Ellis	Joseph Fetters
Mike Brown	Cape Fear Family Law	Jacqueline Ciano	Brooke Cottros	Greg Davidson	Ethan Digon	Ryan Ellis	Marty Feurer
Rachel Brown	Cindy Caporale	Dorothy Cilenti	Courtne Coughlin	Jan Davidson	Richard Dikeman	Waneta Ellis	Alexa Field
Rebecca Brown	Carm Carbone	Shannon & Joe Clarahan	David Coughlin	Kristin Davidson	Olivia Jean DiStefano	Barbara Ellison	Heather Fierce
Sherri Brown	Damaris Carbone	Lauren Clark	Liz Coughlin	Sootaree Davidson	Dominica Dixon	Jenny Elston	Jennifer Figgs
Sonya Brown	Elizabeth Carbone	Michelle Clark-Bradley	Kelly Courtney	Kelly Davidson	Latoya Dixon	Waseem Emran	Rebekah Filer
Pamela Brown Bartley	Kathy Carbone	Katherine Brett Clarke	Alex Cousineau	Erica Davies	Molly Dixon	Hannah Endy	Bob and Nancy Finan
Terry Brubaker	Kristen Carbone	Randi Clegg	Michelle Couvillon	Suzanne Davis	ReReyna Dixon	Natalie English	First Citizens
Rebekah Bruce	Maria Carbone	Jacob Clemmons	Mark Covington	Anne Davis	Anthony Do	Kathryn Engom	First Presbyterian Church
Denise Brugnone	Ladonna Carlino	Gloria Cliff	Annetta Cox	David Davis	Sarah Dobens	Jessica Erickson	Pam Fischer
Daniel Brunson	Michelle Carlisle	Charles Clifton	Sarah Cox	James Davis	Barbie Dobo	Ann Ericson	Dana Fisher
Karen Brunt	Sharon Carlson	Lysa Clifton	Kim Coyle	Joy Davis	Jamie Dodson	Ryan Estes	Anita Fitzgerald
Dane Bryant	Claire Caropreso	Jennifer Clinard	Kara Cozart	Patricia Davis	Nancy Dolan	Susan Estes	Jamie Fitzsimmons
Kimberly Bryant	Paula Carper	Maggie Cline	Rachel Cozart	Patty Davis	Margaret Dolbow	Doranne Eulo	Felicia Flanders
Niki Bryant	Briana Carr	Cynthia Clontz	Sarah Cralle	Robin Davis	Teresa Donaldson	CheseQua Evans	Linda Flick
Mari Bryson	Jake Carrick	Emily Clontz	Cranfill Sumner LLP	Sarah Davis	Julie Donlon	Emunah Evans	Tracey Florence
Linda Barbour	Penny Carroll	Karen Clow	Caroline Cranford	Sherian Davis	Samantha Dooies	Dr. Kelley Evans	Sam Flowe
David Buckner	Christina Carter	Coastal Infectious Disease Consultants	Draughon Cranford	Sierra Davis	Brookie Dorosko	Kieran Evans	Janet Flowers
Jonathan Buckner	Judi Casciato	Sarah Cobb	Jennifer Cranford	Suzanne Davis	Amy Dotson	Mary Evans	Pam Flowers
Buckner Build LLC	Starbuck Casey	Kathleen Coble	Wesley Craven	Donarae Dawson	Eric Doud	Nick Evans	Renae Floyd
Jamie Buczynski	Jan Casstevens	Lori Crenshaw	Kimberly Creech	Lisa Dawson	Janie Dowda	Ron & Cindy Evans	Kelle Flynn
Davis Budd	Theresa Castilyn	Steve Coggins	Lori Crenshaw	Rebecca Dawson	Sandy Dowdell	Sheila Evans	Molly Flynn
Judith Budd	Lavena Cates	Wendy Coggins	Jeannette Crim	Susan Day	Christine Doyle	William Evans	Meghan Foster
Mary Budd	Smock Catherine	Daniel Cohen	Amanda Criss	Jennifer Dayhoff	Lacy Drake	Awanna Evans- Moore	Heather Fox
Julion Budisin	Brian Causey	Jodi Cohen Fraize	Michelle Crom	Steve de Castro	Shirley Drechsel	Leigh Everhart	Martin Fox
Jessica Buechler	Debi Causey	Rebecca Coker	Beth Crookham	Amy De La Cruz	Heather Drew	Molly Evola	Noel Fox
Donnamarie Buffington	Kevin Cavaluzzi	Virginia Colantuono	Heather Croom	Emily Deal	Sharon Driscoll	Excite Credit Union	Alden & Pam Foy
Mark Bullock	Jana Cavanaugh	April Coleman	Kimberly Crouch	Regan Deal	Jamie Duesing	Gloria Ezzell	Anna Foy
Rena Bullock	Jon Cavanaugh	Brittanie Coleman	Rachel Crouse	Lenwood Dean and Dr. Michael Freeze	Ellen Duffie-Fritz	Christine F Murphy	Farah Foy
Devi Buntrock	Lina Celella	Janice Coleman	Marsha Crowder	Gil DeBiasi	John F Winterton	John F Winterton	Mindy Fraiser
Kristen Burch	Mae Celeste Dominise	Susan Coleman	Virginia Crowder	Steve DeBiasi	Kiplyn Duffu	Megan Fackler	Jayne Franchino
Carmody Burdine	Rodriguez Celine	Drew Collier	Asta Crowe	Chelle DeBruin	Kara Duffy	Cayce Fagan	Chary Francis Nebria
Jeremy Burgess	Joshua Chacon	Sandrus Collier	Dee Crowley	Ashley Decker	Cynthia Dugan	Janet Fagan	Ana Francum
Jennifer Burgin	Jacqueline Chadwick	Allison Collins	John Cumrine	Peyton Decker	Bethany Duncan	Axel Failla	Denise Frandano
Zoe Burke	Jeffrey Chambers	Jacqueline Collins	Jean Cruz	Kelly Dedeo	Cassandra Duncan	Darla Fain-Reed	Gus Franklin
Nash Burke	Kristina Chambers	Marsha Collins	Jon Cryer	Gwendolyn DeGiffarde	Alison Duncklee	Mallory Fairweather	Joe Frasco
Dara Burleson	Vickie Chambers	Morgan Collins	Nicole Cucolo	Jamie DeGiffarde	Linda Dunn	Jolee Faison	Chrystie Frazier
Chris Burley	Christina Champion-Fritz	Sheryl Collins	Diane Cudd	Maria Delaney	Stephanie Castagnier Dunn	Jacquelyn Falardeau	Allison Fritz
Karen Burns	Debora Chance	Jennifer Colon	Alice Culpepper	Christopher Delavore	Chad Dupray	Cody Fancher	Brandon Fritz
Jenifer Burns	John Chaney	Lillian Colon	Kasey Cummings	Denise Deliberto	Charity Durand	Darrel Farley	John Fritz
Joyce Burns	Somkhith Chansavath	Cheryl Colvin	Keith Cummings	Diana Delponte	Deedra Durocher	Catherine Farmer	Julio Fuentes
Shannon Burns	Carol Chappell	Kelly Colwell	Cathy Cummins	Joseph DeMeester	Jessica Duzan	Christine Farrell	Grecia Fuentes-Aguirre
Regena Burroff	Karen Chapple	Terry & John Comeiro	Mary Cunius	Jana Demetral	Ruth Dye	Ruby Farris	Christina Fulford
Jennifer Bush	Leon Charkoudian	Committee To Elect Amy Block DeLoach	Ashley Cunningham	Allison Denning	Tiffany Earle	Kelly Farry	Teresa Fulford
John Butkowski	P Charles	Addison Conely	Rebecca Curce	Dominic DePierro	Earney & Company, LLP	Timothy Fasano	Stacey Fulghum
Danielle Butler	Karen Chaves	Barb Connelly	Jenna Curry	Patricia Depolito	Tina East	Heather Favorito	Jennifer Fullagar
Teri Butler	Kayla Chavez	Sheila Connor	Tobias Cushing	Tim Desch	Wendy Easter	Francesca Fazzolari	Elizabeth Fullwood
Maigen Buttgeriet	Phyllis Chechile	Marlise Conrad	Rachel Czuba	Pam Deselms	Katie Eberhardt	Shirley Fearing	Kendall Fuqua
Megan Buttino	Susan Cheng		Lauren Dalier		Kelly Edge	Amy Feath	
Crayton Butts III							

CONTRIBUTORS

Dewey Furr Dana Fusher Kristin Futrell Steven Gager Emma Gahagan Liz Gaines Sarah Gaither Harris Galatan Susan Galati Aiyana Gallant Melisa Gallison Greg Galloway LaToya Galloway Priscilla Gamblin Lynda Garcia Tami Jo Garcia Daniela Garcia-Garcia Lynn and Tim Gardner Kristin Gardner McGurrian Gina Garera Jeannie Gargan Kelly Garrison Caitlin Garza Maureen Gathagan Beth Gavigan Susan Gay Earic Gayfield John Gedney Angela Geis Brian Geller Janet Gemmell Tracy Genwright Jamie Getty Emily Gianino Patrick Giguere Coleen Gilhooley-Grissler Ellen Gillies Mary Gilmer Zak Giuffre Ariella Giusani Cristin Gizdic Jessica Glenn Marilyn Glowa Joel Gluskin Polly Gocke Todd Godbey Josh Godwin George Goetz Vara Lakshmi Gogineni Rick Goldbach Jaime Gonzalez Frances Goodman Phyllis Goodson Greg Gordon Jeanne Gordon John Gordon Nicole Gordon Aggie Gore Agnes Gore Chris Gore	Diana Gore Kalin Goriup William Gorman Reba Gorton Anne Marie Goslak Jaimie Gosselin Robert Gottfried Emily Grace Joy Grady Allison Graham Brooke Graham Dwayne Graham Emma Graham Erica Graham Lisa Graham Madison Graham Tatyana Graham Margaret Graney Holly Grange Stephanie Grange Ava Grant Christy Grantham Jennifer Gray Les Gray Vincent Graziano Bonnie Green Sharon Green Brandi Greene Christina Greene Kasey Greene Nicholas Greene Paula Greene Deborah Greer Irene Grenda Kathy Gresham Cam Griffin Olivia Griffin Austin Grigsby Deborah Grigsby BJ Grimmer Susan Grinnan-Long Katie Griswold Sophia Grossman Lindsay Grumley Carrie Grzymalski Jessa Grzywna Clayton Gsell Barbara Guard Miguel Guerrero Gin Guerry Michael Gullette Renee Gulotta Jean Gunderson Norman Gunther Tracy Gurganious Nancy Gustaveson Suzi Gutsin Cary Guzman Sammi Hack Colin Hackman Charlotte Hackman Colin Hackman Michelle Hackman	Mel Hafer Beth Hairston Deeanna Hale-Holland Brittany Hales Stephanie Haley Amy Hall Bennie Hall Brittney Hall Michelle Hall JoAnn Hallahan John Hally Teresa Ham Tim Haman Kanya Hamby David Hamilton Jane Hamilton Lisa Hamilton Randy Hamilton Julie Hamm Lisabeth Hammerlund Kimberly Haney Holly Hang Daniella Hankey Kyle Hanlon Clymer Hannah Anneliz Hannan Eric Hansberry Scott Hansberry Charles Hardy Miranda Hargrove Jennifer Harjo David Harkness Deanna Harrell Mark Harrell Shirley Harrell Susan Harrell Stephanie Harrell Alisa Harris Christopher Harris Ironia Harris John Harris Laura Harris Lynn Harris Lynn S. Harris, CCIM, CIPS, Berkshire Hathaway Carolina Premiere Properties Patrick Harris Stephanie Harris John Harrison Lynda Harrison Patrick Harrison Tracy Harrison Ellen Hart Natalie Hartkopf Melissa Hartlove Susanne Hartsfield Skyler Harwood Irene Hathaway Mary Haunschild Andrea Hauser Nicole Haverly Christy Hawks	Joyce Hayden Kenneth Hayes William Hayes Richard Dean Haynes Deb Hays Christina Healy Laura Hearn Lindsey Heath Lisa Heckel Jacqueline Hedgecock Gloria Hegarty James Hegarty Jacki Hegidus Jessie Heim Steve Hein Stephanie Heller Amanda Hellman Melia Hellmann Chancellor Hellman Marc Hemsworth Jennifer Henderson Karen Henderson Lindsay Hendricks Veronica Hendricks Erika Hendrix Robyn Henning Gail Henry Lindsay Hensler Emily Henson Kara Herbert Debbie Hermance Kathryn Hermance Melissa Hermance Amy Hermann Cindy Hernandez Morgan Hernandez April Herring Kara Herring Kayla Herring Kelli Herring Lindsay Herron Sarah Hess Michael Heter Kimberly Hetzer Dustin Hewett Marshall Hildreth Angie Hill Jennifer Hill Karen Hill Meredith Hill Richard Hill Sabrina Hill-Black Natasha Hillger Richard Hillson Josh Hinckley Melissa Hindle-Sherman Laura Hines Betty Hinnant Diane Hinnant Carol Hinson Emily Hirst Carrie Hitchcock	Susan Hitt Rachel Hladik Joan Hlavna Darrick Hoag Dorothy Hobbs Angela Hodges Joanna Hodges Shanon Hoffman Paul Hoffmann Anne Hogan Marne Hogan Molly Hogan Sinead Hogan Jo Hoke Dale Holbrook Duane Holder Stephanie Holderman Cyndi Holding Rachel Holdridge Kristen Hole Muriel Holland Sofia Holland Patricia Hollifield Katherine Hollifield Crystal Holmes Michelle Holmes Hannah Holt Mickey Holt Stephanie Holt Andrew Holtvoigt Marc Holtz Elke Holzer Hennecke Glen Honea Monica Honea Christine Hook Michael Hooks Shelia Hooper Kathryn Hoover Sydney Hoover Renee Hope Hilary Hopkins Tracey Hopkins Kim Hoppin Candice Horbacz Brian Horn Mary Horn Cheri Horne Crystal Horne Rhonda Horne Diana Horton Lora Hosler Dawn Hottes Danielle Houle Kenny & Yolanda House Ashley Houston Christopher Howard Cortni Howard Shekima Howard Tim Howard Carsyn Howarth Erin Howell Steve Howell Clinton Howlett	Sarah Hoyle Jeff Hren Savannah Hubach Melinda Huber Cynthia Huddleston Cindy Hudson Trace Hudson Alyssa Huestis Jarom Huff Melanie Huffines Teresa Huffmon Daniel Huggins Jessica Hughes Martina Hughes Brynn Hulbert Dylan Hudson Human Capital Solutions Leslie Hunt Karen Hunt Josalin Hunter Lyana Hunter Wendy Hunter Donna Hurdle Dayma Huston Linda Hutchison Gina Huthmacher Karen Hyatt Carolyn Ikenberry Linda Ingersoll Sarah Ingram Paige Inman Kathryn Irwin Amanda Irwin Duarte Isaiah It's Go Time Jill Ivey M J Wyskiewicz Patti Jacaruso Cameron Jackson Edward Jackson Hillary Jackson Jonathan Jacoby Kim Jackson Larissa Jackson Madison Jackson Mary Jackson Melanie Jackson Mercedes Jackson Michael Jackson Monaka Jackson Paige Jackson Ramona Jackson Raymond Jackson Shelley Jackson Tammy Jackson Eric Jaffe Ira Jaffe Sonda Jaffe Ta-Nika Jai Brinson Bob Jalbert Susan Jalbert Essence James Tasi James	Ann Janicki Vicky Janowski Susan Janson Crystal Jasper Wilson Jay Corbett Jaziri Jennifer Jazrey Ellen Jeffery Sherry Jenkins Johnson Jesse Jakki Jethro Nilesh Jethwa Rakhee Jethwa Carter Jewell Ana Jimenez Cristine Jimenez Marissa Jodway Swartz John John Winterton/Andrea Winterton Family Foundation Andrea Johnson April Johnson Austin Johnson Betsy Johnson Brendan Johnson Caleb Johnson Cindy Johnson Daniel Johnson Dennis Johnson Jill Johnson Karen Johnson KeyAnna Johnson Kiara Johnson Kymberly Johnson Leigh Johnson Linda Johnson Lindsey Johnson Marilyn Johnson Mary Jane Johnson MJ Johnson Sharkia Johnson Traci Johnson Lynda Johnsonston Lindsay Joines Talmadge Joines Andy Jones Cassidy Jones Cat Jones Christine Jones Christopher Jones Ellen Jones Emily Jones Jeffrey Jones John Jones Julia Jones Livian Jones Morgan Jones Paula Jones Tori Jones Victoria Jones C Joplin Connie Jordan	Joseph Jordan Sharon Jordan Gabby Juarez Paige Julien Charis Kabat Kerri Kahn Stacey Kaiser Rob Kaiser Davis Kaitlyn Lauri Kapp Rosalee Karefa-Smart Cole Karen William Karns Tami Kasken Imelda Kasper Pam Katz Morgann Kauffman Laura Kay Berry Whitley Kayla Peter Kearney Ali Keene Pamela Keeney Barbara Kehoe Rawls Keila Celia Keith Andrea Kelly April Kelly Brooke Kelly Damon Kelly Damonique Kelly Joan Kelly Robin Kelly Chandler Andrea Kelly Of Makeupmajique Melissa Kemlage Kassidy Kemmer Sarah Kemp Kelly Kennedy Michael Kesley Aaron Kessler Richard Ketchum Janice S Kilpatrick Jessica Kimball Honey Kimber Kim Kimbrough Amber Kimlick Alex King Cheri King Donna King Emmie King Hilda King Makenzie King Melinda King David Kinney Toni Kirby Erin Kirk Emilee Kitchen Sherri Kitter Jim Klachan Anna Klara Joliza Klass Deborah Kline Mckenzie Kline
--	---	--	--	--	--	---	--

Terri Klingenberg
Joanna Klingler
Beth Knapp
Eric Knaus
Karen Kneeland
Jennifer Knight
June Knott
Carrie Knox
Steve Koerper
Karen Koonce
Ashlea Kosikowski
Barbara Kosikowski
Debra Kovach
Sue Kovalesski
Vanessa Kraemer
Jennifer Kraft
Wendy Kraft
Tyler Kramlich
Mindy Krasnipol
Patrice Krasznecwicz
Stephanie Kraybill
Melissa Kreps
Jill Krieger
Sara Kritikos
Marcie Krop
Nicole Kroushl
Morgan Krupp
Victoria Kuehner
Joyce Kuhn
Rebecca Kuhnmuensch
Natalie Kupinski
Ann Kutrow
Suzanne Settle
Ali LaBarber
Shelley Labrecque
Brittany Lacey
Mary Laders-Haller
Jackson Lafave
David Lallier
Sarah Lallier
Mahogany Lamar
LAMAR Advertising
Kathy LaMaster
Debra Lamphere
Karen Lampkin
Edward Lancaster
Meghan
Lancaster-Jordan
Hollie Landen
Debra Langtry
Christina Lanier
Janet Lanier
Christian Lapage
Danielle
Lariviere- Martindale
Adam Larson
Lauren Lasher
Meghan Lassiter
Courtney Last
Mary Margaret Latham
Kris Latham
Nancy Latimer
Janet Laughlin

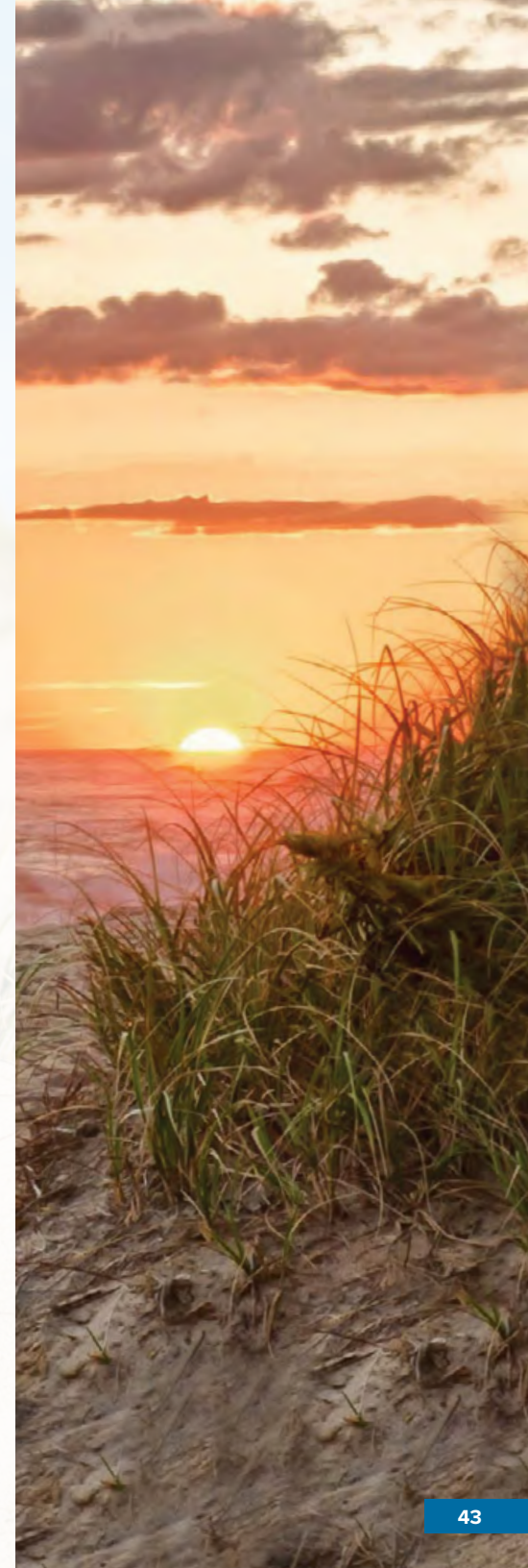
Crossman Lauren
Michael Vincent LaValle
Tetto
Brittany LaValley
Felicia Law
Susan Lawrence
Shena Layman
Abby Layton
Michael Lazarz
Micheal Lazorik
Robert Lazorik
Morgan Leamy
Brooke Leary
Paul Lecompte
Emma Leddy
Zachary Ledford
Senator Michael Lee
Anna Lee
Judith Lee
Ryan Legg
Taylor Leggett
Mary Leiford
Karen Leight
Cindy Leighton
Annick Lenoir-Peek
Kerri Leonard
Neil Leonard
Rebecca Leonard
Sarah Leonard
Whitney Leonard
Shari Leone
Deena Lepe
Bruce Levine
Anna Lewis
Kaitlyn Lewis
Kaleb Lewis
Katie Lewis
Kaylee Lewis
Maureen Lewis
Mollie Lewis
Pam Lewis
Sherri Lewis
David Lichtman
Anita Liebscher
Brian Lienhop
Debus Lisa
Little Lisa
Pruden Lisa
Lew Little
Lauren Littlefield
Lynn Lloyd
Marie LoCicero
Elizabeth Locklear
Samantha Locklear
Amanda Lonander
Cheryl Long
Kelly Long
Lisa Long
Mary Long
Emily Longley
Giancarlo Lookman
Peggy Loop
Jill Lorey

Frances Lott
Michele Loue
Phillip Loughlin
Jutta Lowrance
Page Lowry
Brandy Lowry
Margret Luersen
Cathay Luna
Shannon Luna
Amy Lusch
Steve Lusher
Eric Luttmir
Rachel Luyben
Leslie Lyer
Chris Lynch
Crystal Lynch
Donna Lynn
Hunter Macintyre
Susie Macintyre
Zachary Mack
Yvonne MacKillop
Joyce MacPhee
Linda MacRae
Leland Maddox
Brady Madeline
Veronica Madison
Tami Maggio
Craig Magill
Jennifer Magill
David Magness
Carol Mahoney
Taylor Main
Jessica Mairs
Mikala Major
Kimberly Malpass
Annette Maltby
Suzanne Maness
Amy Mangus
Lisa Mann
Robb Mann
Thomas Mann
Michelle Manning
Shannon Mansfield
Ryan Mantlo
Bailey Maple
Tevlin Mapson
Jan Marable
Gregory Marchi
Patsy Marchi
Teresa Maready
Bryson Mari
Anna Maria Casas
Rudbeck
Angela Marie Nalada
Cat Marinich
Adam Markesino
Taffy Markley
Ella Markovitz
Carolyn Markowski
Julie Marquis
Leah Marquis
Ashley Marrotta
Bob Marshall

Denise Marshall
KeyShana Marshall
Rachel Marshall
Dawn Marshburn
Anna Martin
Allison Martin
Jeremy Martin
Kaye Martin
Danielle Martindale
Jacqui Martinez
Amy Marzolf
Rachel Mascarenas
Michelle Masin
Kristin Lee Mason
Allison Mason
Liesl Massey
Brian Massing
Jake Mattern
Shawn Matthews
Matthews
Stewart Matthews
Tyrik Matthews
Gerri L. Mattson
Jeff Maumus
Chalmers Maureen
Elizabeth Maxey
Stephanie Mayew
Beatriz Maynez
Brenda Mays
Shand Mayville
Marcy McAninch
Mia McBroom
Alicia McCall
Christine McCall
Susan McCauley
Shannon McCarthy
Meghan McCartney
Jacquelyn McCauley
Marilyn McClain
Tim McClung
Doug McCollum
Sue McConnell
Ashley McCormack
Jessica McCotter
Leisa McCrimmon
Meredith McCumbee
Dena McCutchen
Ruth McDonald
Lisa McDow
Romondo Mceachern
April McFarling
Adam McGee
Mike McGill
Billy McGowan
Carol McGowan
Jody McGowan
Richard McGowan
Scout McGraw
Laura McGuire
Michael McHolland
Sashia McIntyre
Lindsey McKee
Gina McKim

Kathryn Mckoy
Kristina McLamb
Emma McLaughlin
Veronica
Mclaurin-Brown
Susan Mcleod
Zachary McMahon
Frances McMillan
Denise Mcneil
Stephanie McNeil
Cyndi McNeill
Kristin McPeters
Megan McSwiney
Pam Meadows
Jen Mealey
Jackie Mealy
Evelyn Meares
Nicole Medina
Jennifer Medwick
Dawn Mehalic
Terri Meier
Stephen Meinhold
Shelly Meintzer
Jessica Meiser
Andrew Mejia
Harden Melissa
Elaine Mello
Steve Melnick
Debra Melvin
Tina Melvin
Ira Menard
Ashley Mendenhall
Heather Mercer
Lauren Mercer
Kathy Merlo
Nicole Merlo
Ann Merrell
Cynthia Merrell
Sarah Merulli
Jeff Messer
Veronica Metsch
Brandy Meyer
Debbie Meyer
Keith Meyer
Sarah Meyers
Cheryl Michalewicz
Mott Michele
Fogle Michelle
John Michael Mielcarski
Susan Miele
Nancy Mihle
Michelle Mikulec
Meg Millard
Andrew Miller
Ashley Miller
Jana Miller
Jennifer Miller
John Miller
Kylie Miller
Marissa Miller
Nancy Miller
Sharyne Miller
Susanne Miller

Leigh Milligan
Kirsten Millner
Annalena Mills
Sara Mills
Suzanne Mills-Winkler
Mary Lou Mintz
Andrew Minutella
Negin
Misaghian-Xanthos
Valerie Mischler
Ayanna Mitchell
Donna Mitchell
Mandi Mitchell
Mandim Mitchell
Will Mitchell
Cooper Mitzel
LaQuita Moffitt
Tom Moleta
Nickie Molin Ray
Tricia Monteleone
Carol Lemley
Montgomery
Marian and Ronald
Monti
Cary Ann Moody
Allie Moore
Brenda Moore
D Chris Moore
Fatimah Moore
Jerrie Moore
Jerry Moore
Mallorie Moore
Quintin Moore
Rich Moore
Sydney Moore
Billy Morgan
Carol Morgan
Cathy Morgan
Hoop Morgan
Jaylyn Morgan
Joy T Morgan
Marcia Morgan
Andrea Morris
Gwen Morris
Jack Morris
Pamela Morrison
Abi Morton
Madeline Morton
Elise Moses
Nick Mosher
Reagan and Jon Mosher
Gail Mosko
Michele Mott
Nashwa Moussa
Teresa Moylan
Kieran Mukherjee
Shawn Mulligan
Cristina Munoz
Bettie Murchison
Kathy Murchison
Christine Murphy
Valerie Murphy
Karol Murray



CONTRIBUTORS

Trisha Murrill
Amanda Murvin
Tina Musselwhite
Rebecca Myers
Carrie Myers
Cheryl Nabell
Claire Nabell
Elizabeth Naegele
Phillip Nance
Susan Nance
Nugent Nancy
Paul Nappi
Debbie Naylor
Domino Nazarian
Suzanne Neblett
Sarah Nelson
Erin Nelson
Cynthia Nemeth
Susan Nettleman
Tracey Newkirk
Debbie Newman
Trisha Newton
Ashley Nguyen
Niche
Lauren Nicole Dalier
Lexie Nield
Paige Niemczyk
Nancy Nigemt
Ellen Nilsen
Ashley Nissler
Demarcus Nixon
Heather Noe
Holly Noebauer
Jason Norris
Joan Norris
Matthew Norris
Rachel North
Novant Health
Fran Nugent
Frank Nugent
Nancy Nugent
TR Nunley
Anna Nunn
Amy Nupen
Jennifer Nystrom
Suzanne Nystrom
Anthony O'Connor
Jill Oakley
Tamra Oakley
John Obrien
Elyse OConnell
Kym Odess
Barbara A ODonnell
Dana O'Donovan
Maureen Oeteres
Holly Oiler
Matthew Ojaniit
Erika Oldham
Ava Oliver
Debra Oliver
Khalilah Olokunola

Ryan Olsen
Jada Olson
Patricia Olson
Ellen OMalley
John O'Malley
Sky Om-Landes
Jim O'Neal
Udy Onyeador
Meg Orellana
Jeanette O'Rourke
Nathaniel Orrock
Christian Ortiz
Giselle Osorio
Meghna Ostasiewski
Brittany Ottolini
Darrin Overholt
Mayra Overstreet
Galeano
Catherine Owen
Gregor Owen
Laurie Pabers
Kayloni Pachillis
Janice Padron
Santos Pagan
Dr. Jennifer Pagliei
Jan Pahl
Judy Paliotti
Gayle Palmer
Gina Palmer
Tammy Palmer
Alexandria Palombo
Jessica Pantano
Stacy Papke
Michelle Paredes
Chelsea Parham
Timothy Parham
Evan Park
Connie Parker
Daniel Parker II
Jeffrey Parker
Marie Parker
Marie Parker
Karen Parkin
Robert Parmisani
Rosalee Paroli
Brenda Parrish
Christopher Parrish
Gerl Parsons
Catherine Pastore
Gary Pate
Jennifer Pate
Mitesh Patel
Rakhee Patel
Rinkudevi Patel
Pepper Patricia
Jeanne Patterson
Brent Paul Opada
Laura Pawlewicz
Stephanie Pawlush
Andrea Payne
Sherry Payne
Edith Pearsall
Jill Pearson

Elaine Pease
Kimberly Peck
Nathan Peck
Lisa Peek
LaSheena Peele
Jan Peele
Lindsey Pegram
Lisa Pelosi
Amber Pentecost
Donna Pepper
Patricia Pepper
Francesca Peralta
Kimberly Perrelli
Pat Perrin
Dawn Perry
Lisa Peten
Jen Peterken
Hans Petersen
Angela Peterson
Kathryn Peterson
Hayley Petroski
Monica Pettaway
Ashley Phelps
Haley Philip
Josephine Philip
Donna Phillips
Emily Phillips
Molly Phillips
Sandi Phillips
Susanna Phillips
Kimberly Phipps
Brian Piccolo
Kelly Pickell
Blair Pickett
Teresa Pickett
Amber Pierce
LeAnn Pierce
Cynthia Pierson
Debbie Pierson
Ethan Pierson
Carter Pigford
Sheila Pilson
Amanda Piner
Julie Piner
Michael Pirozzi
Johannes Hendrick
Piscaer
Nancy Pitt
Wendy Pittillo Rae
Benjalee Pittman
Kelly Pittman
Lucy Pittman
Melinda Pittman
Sarah Pless
Karen Pleva
Kim Poetzsch
Jennifer Poignonnec
Matthew Poindexter
Ashlee Polen
Stephanie Polen
Brittney Poole
Cameron Poole
Donna Poole

Jenifer Poole
Amy Poore
Tracy Pope
Kaellina Poppell
Kathy Porter
Lois Potratz
Thom Potratz
Laura Potter
Ensley Pounds
Chloe Powell
Janine Powell
Steven Powell
Erin Powley
Marsha Powley
Jamie Pratt
Lisa Pratt
Peggy Pratt
Lori Preiss
Jennifer Preston
Jennifer Prevatte
Sarah Prevatte
Robert Preville
Alyssa Price
Wanda Price
Zachary Price
Jesse Pridgen
Morgan Pridgen
Vernesia Pridgen-Nixon
Kylín Pries
James Prim
Linda Prince
Al Provencher
Bob Puckett
Barbara Pugh
Tony Pugrabs
John Pullen
Alexis Pullium
Delilah Purcell
Jameka W. Purdie
Jack Purdy
Heather Purvis
Alex Quackovan
Brooke Quartuccio
Kelly Quattrini
Denise Quattrucci
Leeanne Quattrucci
Amy Queen
Julie Quisenberry
Michelle Raby
Jane Radack
Melissa Radcliff
Susan Rafferty
Kathy Ragins Devane
Kim Ralph
Donna Rama
Daisy Ramirez
Roberto Ramirez
Sheridan Ramsey
Amy Randall
Kim Ratcliff
Jana Rawls
Keila Rawls
Hon. Sandra Alice Ray

Mary Ray Council
RCC & Partners of
Carolina Beach, Inc.
Evan Real
Gloria Real
Leigh Reale
Adam Rector
Micah Redden
Addison Redding
Austin and Hannah
Redenbaugh
Jamie and Elizabeth
Redenbaugh
Katherine Redenbaugh
Victoria Redenbaugh
Brandon Reed
Timothy Reed
Margaret Reehl
Anthony Reese
Sloan Reese
Charlotte Reeves
Seth Reid
Sharon Reid
William Reiman
Michelle Reines
Brian Reingold
Natalie-Anne Reinhart
Erin Reis
Kitona Renshaw
Joe Reuter
Melissa Reynolds
Joe Romano
Cassie Rhodes
Deloris Rhodes
Lyndsay Rhodes
Melanie Rhyne
Alexandra Richardson
Jan Richardson
Kerry Richardson
Shakeria Richardson
Cara Richmond
Courtney Rickert
Sarah Ridout
Tanja Rieck
Amanda Rieman
Stacie Riff
John Riggs
Mary Riggs
Susan Riggs
Tyler Riggs
Vicki Riggs
Ty Riley
Sharon Ringwalt
Nathaniel Rioux
Heidi Risser
Missy Ritchie
Maria Rivas
Sue Rivenbark
Carlotta Rivers
Brent and Shannon
Robbins
Eryn Robbins
Tracey Robert

Erica Roberts
Karen Roberts
Kathryn Robertson
Mickey Robertson
Ashley Robinson
Chad Robinson
Chris Robinson
Christine M Robinson
Julie Robinson
Stephanie Robinson
Susan Robinson
Thomas Stewart
Robinson Jr.
Travis Robinson
Alyssa Rockwell
Jennifer Roed
Sara Rodgers
Callie Rodosovich
Celine Rodriguez
Alison Rogers
Charity Rogers
Heather Rogers
Julian Rogers
Ann Rogerson
April Rogerson
Carol Roggemann
Diana Roggemann
Gerard Roggemann
Kristoffer Roggemann
Monica Rohena
Caitlin Romano
Joe Romano
Walter Romano
Dallas Romanowski
Kandra Romeo
Emily Romeu
Candace Romig
Mary Kay Romig
Angela Rone
Amanda Ronne
Bob Ronne
Robert Ronne
Connie Ronner
Devin Roque
Kristin and Ramon Rosas
Bradley Rose
Janet Rose
Leanne Rose
Melea Rose
Deborah Rosenberg
Glenn Rosenbloom
Britney Ross
Sherry Rosser
Lindsey Rossi
Pravin Rothe
Michelle Rountree
Chase Rouse
David Rouzer
Holly Royals
Jean Rozier
Mary Beth Rubright
Alicia Rudd
James Ruddick

Nora Ruehle
Mark Ruis
Lynne Rupp
Courtney Russ
James Russell
Lori Russell
Trisa Russell
Catherine Ryan
Erica Ryan
Pat Ryan
Shane Ryan
Sam and Sherri Sacco
Vita Sackett
Salvador Salazar
Sydenna Salazar
Yesenia Sanchez
Helen Sanders
Joshua Sanders
Karen Sanders
Paula Santangelo
Laura Santiago
Val Santiago Stanley
Jeffrey Saphara
Jennifer Saphara
Larry Saphara
Hannah Saraony
Alexis Sardella
Paul Sardella
Ian Sauer
Leigh Saunders
Coszalter Savannah
Shawn Sawyer
Linda Sayed
Myra Saylor
Charles Scheater
Scot Scheuring
Eli Schilling
Melissa Schleinkofer
Bruce Schlueter
Jason Schoneweis
Dori Schoonmaker
Diana Schulman
Kari Schultz
Sarah Katherine Schultz
Lauren Schuster
Matthew Schwartz
Yvonne Scibetta
Kelly Sciera
Caroline Scorza
Billie Scott
Jamieson Scott
Kathleen Scott
William Scott
Nancy Scott Finan
Jessica Sealy
Jeremy Seamon
Robert Seguin
Angela Seidel
Brandy Sellers
Grace Senecal

Edie Senter
Kristi Severo
Johnnie Sexton
Brianna Shanholtzer
Michael A Shapiro
Leone Shari
Susan Sharpe
Garrett Shaver
Ben Shaw
Latisha Shaw
Perry Shaw
Jamie Shearer
Suzanne Shearer
Molly Sheeder
Justine Sheets
Shalyn Sheldon
Sharon Shen
Ericka Shepard
Sara Sherrill
Teresa Sherrill
Randy Shifflett
Meagan Shipley
Elizabeth Shirley
Donna Shiro
Olivia Short
Bill Shriver
Reggie Shropshire
Tina Shropshire
Sara Sider
Kate Silberfeld
Christian Simmons
Diana Simmons
Tammy Simmons
Terri Simmons
Hannah Simons
Ryan Sims
Keith Sincavage
David Sinclair
Jessica Sisco
Stephanie Sissler
Kristin Siwy
Stephen Siwy
Margaret Skeens
Laura Skelly
Matt Skelly
Whitney Skelly
Marshall Skelton
Elizabeth Skidmore
Diane Skipper
Pait Skipper
Samantha Skipper
Ryan Skuce
Skyline Strategies, LLC
Susan Slater
Matt Slesman
Kim Slusher
Candace Small
Julie Small
Stephen Small
Pamela Smalley
Alissa Smith
Allison Smith
Braden Smith

Cassie Smith	Denise Stady	Tyshea Sutton	Paige Thrana	Susan Vanecek	John Weil	Maurice Williams	Xi Online
Catherine Smith	Steve Stady	Robert Swaim	Robin Thrana	Wanda Variot	Emma Weiss	Phyllis Williams	Emily Yarborough
Duke Smith	Chad Stage	Juliet Swain	Shannon Tice	Christa Vass	Nan Weiss	Sharon Williams	Laura Yarborough
Elizabeth Smith	Melinda Stallard	Paige Swain	Steve Tiedemann	Brandon Vaughan	Robin M. Weiss	Stephanie Williams	Matlynn Yeoman
Heather Smith	Tina Stancill	Scarlett Swain	Sara Tierney	Johnathan Vaughan	Jeremy Weissman	Tamara Williams	Derek Yerdon
Jane Smith	Karlyn Stanfield	Megan Swanson	Karen Tilghman	Patrice Vaughn	Frances Weller	Vanessa Williams	Nina Yokochi-Funkhouser
Jennifer Smith	Dallas Stansfield	Erica Swanton	Nancy Timms	Joseph Vawter	Margaret Weller-Stargell	Herb Williams III	Lori Yonas
Laura Smith	Julie Stanwick	Cheryl Sweeney	Stephen Tissiere	Heyer Velma	Gail Wells	Helen Williamson	Alexa Young
LeAnne Smith	Jonathan Stargell	Paul Sweeney	Mary Tobin	Jennifer R. Venable	Marilyn Wells	Linda Williamson	Amanda Young
Malia Smith	Keesha Starr	Miranda Swiney	Bryan Todd	Julianne VenDouern	Nancy Wells	Nadine Williamson	Andrea Young
Malinda Smith	Stacey Statile	Therese Sylvester	Stephanie Tokarz	Mth Verdegaa	Candace Wells Van	Jessica Willis	Jennifer Young
Mark Smith	Elisabeth Statler	Denise Szaloky	Holly Tokos	Betty Vermillion	Hagey	Mike Willis	Kelly Young
Matthew Smith	Roswell Steadman	Darleen Tomayko	Sadie Vetter	Sadie Vetter	Emily Wendland	Kimberly Willson	Marty Young
Michelle Smith	Nicolette Steenberg	Tracey Torello	Bernard Via	Bernard Via	Britini Werling	Melissa Wilmoth	Miles Young
Nick Smith	Flo Stein	Donna Toth	Morgan Vicidomini	Morgan Vicidomini	Conrad Wessell	Becky Wilson	Susan Young
Nikki Smith	Daisy Stemann	Theresa Toth	Sallie Vick	Sallie Vick	Kathryn Wessell	Edwina Wilson	Elise Young
Nikki Smith	Stephens Stephanie	Lacey Townsend	Andrea Villareal	Andrea Villareal	Catherine West	Elise Wilson	Barbara Younger
Rachel Smith	Pamela Stephens	Sheila Towriss	Shannon Vincent	Shannon Vincent	Jeremy West	Jay Wilson	Carol Younkin
Sonia Smith	Hannah Stephenson	Allyah Tate	John Viscosi	John Viscosi	Kent West	Julie Wilson	Marsha Yourkiewicz
Janet Smithey	Lauren Stephenson	Brooke Tran	Cara Vitadamo	Cara Vitadamo	Madison West	Tim Wilson	Kelly Zachrich
Paula Smyth LaVenla	Riley Stephenson	Jeanine Treto	Nikki Vivaldi	Nikki Vivaldi	Steven Westbrook	Traci Wilson	Julia Zalewski
Susan Snider	Susan Stern	Laura Triece	Sarah von Biberstein	Sarah von Biberstein	Shawna Westerfield	Ebony Wimbs	Dorothy Zander
Craig Snow	Galloway Steven	Amy Trieglafl	Annemarie Von voigt	Annemarie Von voigt	Brenda Westfall	Sarah Winkler	Rob Zapple
Debbi Snyder	Renee Stevens	Paul Trifoli	Kaitlyn Von Voigt	Kaitlyn Von Voigt	Desiree Whalen	Shannon Winslow	Joanna Zhang
Russell Snyder	Adessa Stevenson	Andrea Troccia	Daniel Wachtell	Daniel Wachtell	Laurie Whalen	Britta Winston	Dacia Zimmer
Kathryn Sobczak	Brendan Stevenson	Lynne Trotta	Rachel Wade	Rachel Wade	Kathie Wheeler	Brooke Winston	Melissa Zimmer
Emily Sobul	Parkie Stewardson	Glen Tucker	Carmen Wagner	Carmen Wagner	Caitlin Whitaker	Pat & Bubba Winston	Joshua Zimmerman
Allison Solomon	Emily Stiller	Joshua Tucker	Leigh Waibel	Leigh Waibel	Missy Whitcomb	AndreaAndJack	Charlene Zorn
Elizabeth Soporowski	Loretta Stinson	Tiffany Tucker	Katie Wakeford	Katie Wakeford	Alfred White	Winterton	Joel Zuiker
Lori Sorensen	Suzanne Stock	Shannon Tully	Jennifer Waldrop	Jennifer Waldrop	Candace White	Blake Winterton	
Rita Soronen	Julia Stockwell	Pete Tuminelli	Halie Walker	Halie Walker	Cheryl White	Brianne Winterton	
Irene Sotiriou	Kassandra Stoffer	Linda Walker	Linda Walker	Linda Walker	Frances White	Derek Winterton	
Christine Souter	Samantha Stokes	Jonathan Turkot	Stephanie Walker	Stephanie Walker	Joanne White	Surojini Winterton	
Mollie Southard	Zane Stokley	Brittany Turley	Susan Walker	Susan Walker	Melissa White	Samuel Wirtel	
Lindsey Souza	Amanda H Stone	Daniel Turner	Tim Walker	Tim Walker	Nancy White	Laurel Wirtz	
Kathryn Spada	Kyle Stone	Donna Turner	Erin Wall	Erin Wall	Edward Whitesides	Kara Wisor	
Karen Spaid	Sarah Stone	Katie Turner	Sue Wall	Sue Wall	Ashley Whitley	Jessica Witherington	
Laura Spalding	Tim Stone	Lynn Turner	Alicia Wallace	Alicia Wallace	Elizabeth Whitlock	Kathy Witten	
Ronald Sparks	Allison Stowers	Michelle Turner	Erin Waller	Erin Waller	Kimberly Whitman	Chris Woehrle	
Maryanne Spatola	Lindsay Stratton	Lauren Twomey	Olivia Walsh	Olivia Walsh	Wendy Whittenton	Megan Wojciak	
Brenda Spearman	Jenna Stricker	Mark Tyler	Elaine Walton	Elaine Walton	David Wichlan	Julie Wolfe	
Lori Special	James Strickland	Leslie Tyler	Suzanne Walton	Suzanne Walton	Kevin Wicker	Tatum Wolfe	
Lori Speight	Lindsay Strickland	Julia Tyndall	Carolyn Waple	Carolyn Waple	Beverly Wicker	Carole O Wolff	
Sue Speight	Nancy Strickland	Brooke Tyndall	Kathryn Waple	Kathryn Waple	Suzanne Wilber	James Wood	
Brad Spell	Stephen Strnisha	Sara Tysinger	Corky Ward	Corky Ward	Scottie Wilkins	Douglas Wood	
Shenita Spicer	Cassandra Stroehmer	Susan Tyson	Jason Ward	Jason Ward	Sophie Wilkinson	Samantha Wood	
Amy Spicuzza	Lawton Stroud	Alicia & Greg Uhl	Jon Ward	Jon Ward	Colby Willetts	Cristina Woodrum	
Sandy Spiers	Rhonda Stroud	Matt Underwood	Jonathan Ware	Jonathan Ware	Jeannie Willetts	Courtney Woods	
Alexander Spillane	Alazia Stubblefield	U'Nique Community	Jamie Warren	Jamie Warren	Susan Willetts	Dan Woodward	
Kerry Spivey	Starla Stubblefield	Fund	Mary Warren	Mary Warren	Mitchell William	Debbie Woody	
Richard Spivey	Glen Stull	Diane Usoff	Amber Warrington	Amber Warrington	Alicia Williams	Sameerah Wooten	
Stephanie Spokas	Chelsea Stygles-Ward	Elizabeth Uzcatogui	Stephanie Washburn	Stephanie Washburn	Angela Williams	Gail Workman	
Devin Sprinkle	Stefano Suacillo	Steven Valego	Heidi Wasicki	Heidi Wasicki	Anne Williams	Carol Wormwood	
Shawn Sproatt	Scott Sullivan	Lee Valimont	Jade Watkins	Jade Watkins	April Williams	Stacey Worrell	
Christine Sprow	Anne Marie Summers	James Valimont	Trinity Watson	Trinity Watson	Bridgette Williams	Jenn Wright	
Jasmine Squire	Sarah Summers	Christian Van Avery	Donna Watson	Donna Watson	Cristen Williams	Joy Wright	
Jasmine Squire-Williams	Laura Sumner	Olivier Van Dierdonck	Adrienne Weathersby	Adrienne Weathersby	Deanna Williams	Lori Wright	
Deanie Srakovcic	Cathy Supple	Michele Van Dyne	Christopher Webb	Christopher Webb	Diane Williams	Wrightsville Beach	
St. Thomas More	Amanda Surratt	William Van Lew	Darlene Webb	Darlene Webb	Hannah Williams	Foundation	
Catholic Church	Sarah Susi	Sharon Van Loan	Lindsay Webb	Lindsay Webb	Jane Williams	Chrissy Wunderlich	
Brooke Stabley	Frankie Sutton	Renee Van Raay	WECT	WECT	Jessica Williams	Chris Wurst	
Tanya Stack	James Sutton	Judith Van Wyk	Shirley Weeden	Shirley Weeden	Kathryn Williams	Lenell Wyche	
Bill Stady	Pamela Sutton	Grace Thrana			LaMaine Williams	Kimberly Wynn	



Coastal Horizons Center, Inc.

Willie Stargell Office Park
615 Shipyard Boulevard
Wilmington, NC 28412

910.790.0187 phone | 910.790.0189 fax

www.coastalhorizons.org

