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CONTACTS:

Gina Davis, gdavis@zerotothree.org, 202-864-2934

Jayme Link, jlink@westendstrategy.com, 651-275-9375

Coastal Horizons' Tiffany Salter Selected for Prestigious ZERO TO THREE Fellowship

One of 20 leaders from the U.S. and around the world chosen for the 18-month leadership development program

WILMINGTON, N.C. Coastal Horizons is proud to announce that Tiffany Salter, assistant director of its Child First program, has been selected for ZERO TO THREE's [2026–28 Fellowship Class](#). She is one of 20 early childhood leaders chosen from more than 300 applicants across the United States and around the world.

At Coastal Horizons, Salter helps lead a multidisciplinary Child First team that provides relationship-based care for infants, young children and their caregivers. She is trained in Child-Parent Psychotherapy and earned the IMH-E® Clinical Mentor endorsement in 2025.

"Tiffany understands how much a young child's relationship with a caregiver matters," said Margaret Weller-Stargell, president and CEO of Coastal Horizons. "She brings clinical skill, compassion and a deep commitment to families to her work with Child First. We are proud that ZERO TO THREE has recognized her leadership, and we look forward to the ideas and connections she will bring back to the children and families we serve."

The 18-month fellowship helps early childhood leaders strengthen their skills and advance ideas for improving programs, systems and policies that affect babies, toddlers and families. Each fellow develops an aspirational Vision for Change as part of the experience.

"The challenges facing babies and families are too urgent — and the opportunities too great — to rely on yesterday's solutions," said Matthew Melmed, executive director of ZERO TO THREE. "These fellows bring the vision, experience and courage our field needs to imagine what is possible and make it real. By investing in their leadership, we are investing in stronger communities, more responsive systems and a better future for every baby."

“Tiffany brings a strong clinical and relationship-centered perspective grounded in early childhood mental health, attachment, and trauma-informed care. Her lived experience and expertise in strengthening relationships that promote healing and resilience will enrich the fellowship community,” said Kimberly Bradley, director of ZERO TO THREE’s Leadership Development Institute.

After completing the fellowship, Salter and her classmates will join more than 300 leaders from previous cohorts in the Academy of ZERO TO THREE Fellows Alumni Network.

Learn more about the [ZERO TO THREE Fellowship Class of 2026–28](#).

About Coastal Horizons

Coastal Horizons serves more than 25,000 individuals annually across more than two-thirds of North Carolina's counties. As one of the largest private nonprofit human services organizations in the state, Coastal Horizons provides integrated behavioral health care, crisis intervention, primary care, substance use treatment, child welfare, justice services, and veteran support programs, helping individuals and families build healthier lives, stronger families, and safer communities.

For more information, visit www.coastalhorizons.org.

About ZERO TO THREE

ZERO TO THREE works to ensure all babies and toddlers benefit from the family and community connections critical to their well-being and development. Since 1977, the organization has advanced the proven power of nurturing relationships by transforming the science of early childhood into helpful resources, practical tools, and responsive policies for millions of parents, professionals, and policymakers. For timely expert insights on the latest developments in early childhood, from policy changes to research breakthroughs and what they mean for babies and families, check out their [Beyond the Headlines](#) series. For more information, please visit zerotothree.org or follow them on [LinkedIn](#), [Instagram](#), [Threads](#), [Facebook](#), and [X](#).

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